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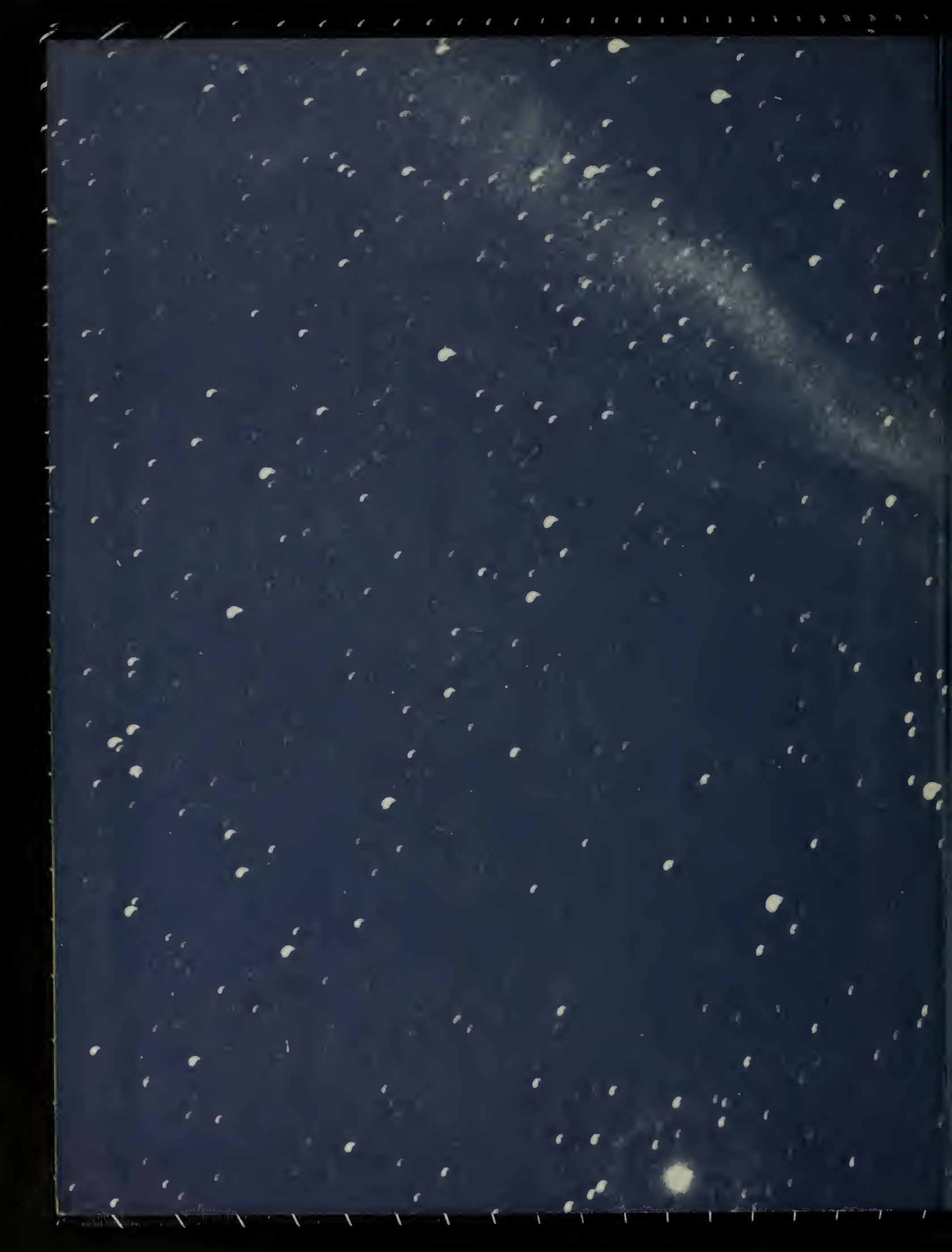
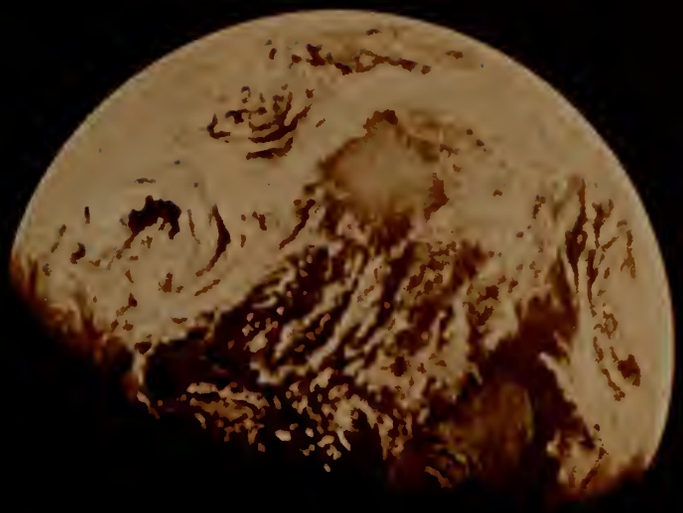
1977





What can we reason, but from what we know?

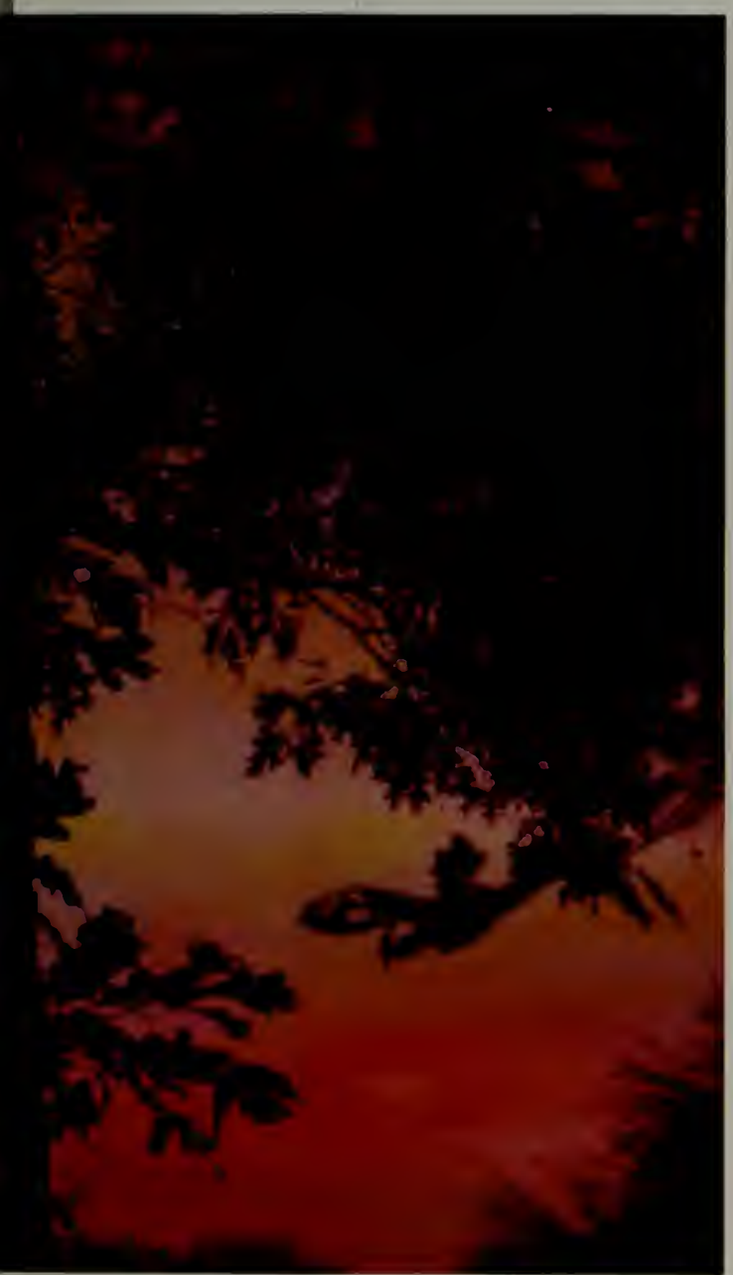
He, who thro' vast Immensity can pierce,
See worlds on worlds compose one universe,
Observe how system into system runs,
What other planets circle other suns,
What varied being peoples every star,
May tell why Heaven has made us as we are.

Alexander Pope

Do the moon and the stars affect our lives? Astrologers say yes; the position of the heavenly bodies is directly related to our actions and emotions. Whether this is true or false, one thing goes unquestioned: space is the environment that we share with every other living being, and it must certainly affect us all in one way or another. Earth is a more limited environment, which makes its effects on us more obvious. We know that all life is dependent on the sun, and on the plants that grow from the soil. We are cold or hot depending on the state of the earth's atmosphere, and we regulate our activities accordingly.

More specifically, we are affected by the environment of our own town. During school days, we spend the greatest amount of time within the limits of Longmeadow, a small New England town. A common sentiment in this area is that a person growing up in Longmeadow is sheltered, and may not be in touch with the real world. It is true that "suburbia," our immediate environment, provides us with a relatively quiet setting. The rates of crime and poverty are low here, as compared with the cities. A Longmeadowite who spends his days close to home and goes into the city only for shows and shopping malls is likely never to see in person what goes on in the six o'clock news. Instead of crumbling tenements and high rise office buildings, we see quaint colonial houses or modern one-family homes. Grassy backyards with sprinklers going, lawn mowers and two-car garages — all are part of our Longmeadow environment.

Does this mean that we are out of touch with the real world? We do not have to be. A city dweller can be just as naive as any suburban high school student, if he closes his eyes to all but his immediate environment. As scientists explore foreign planets in an effort to better understand the Universe, so must we explore environments different from our own, if only to improve our understanding of the people with whom we share our state, our country, and our planet.



We enter at fourteen and immediately sense a change. Middle school, with all its chewing gum laws, one-way corridors, and four foot sixth-graders, is behind us at last. On we go to a world of elective courses, parking lots, towering upperclassmen, and passing-time chaos. Endless new experiences await us — once we can find our way around. We are high school freshmen.

As is often the case with new thrills, they wear off quickly. It takes surprisingly little time for this huge, unknown environment to become totally familiar. It really is not so hard to find room 243, and maybe chewing gum is not the ultimate freedom. During our four years of high school, the LHS environment grows to include friends, sports, studying, artwork, clubs, competition, and testing. We begin to find areas where we can excel, and where we fall behind. We may be discouraged by competition or discover new potential.

Junior year, so we hear, is the hardest. We may think that we worked hard as sophomores, but just wait! Along with all those courses put off from ninth and tenth grade, comes a series of all-important, Saturday morning tests. It starts with the PSAT's in the fall, and from there the list goes on and on. Oh, to be a senior! They have it made.

Senior year. By now, for the old time native Longmeadow High Schooler, the building is like our fall-winter-spring home away from home. We know every graffiti mark on those old walls, and we have been through a large percentage of the faculty. We have swamped our poor guidance counselors with enough problems, schedule changes, and last-minute college applications to make ourselves remembered, and it is time once again to march on. We become more and more distracted as the year progresses, and by March, "senioritis" has set in for good.

Thank you, Longmeadow High School. Thank you for letting us grow as adolescents within your walls, and for releasing us as hopeful young adults into the outside world.

Who would stop to look at a single flower petal, plucked from its stem and lying on the ground? Who would collect a pile of single petals to decorate his home? We all know the answer, and we understand why it is so. Only when the petals are joined together in a definite pattern, do they become a thing of beauty. The flower is a triumph of nature; it is planted, it grows, and finally it blossoms in a burst of color and symmetry. In its virgin simplicity, it has come to symbolize love, peace, and even beauty itself. Alexander Pope wrote that "Worlds on worlds compose one universe." Thus, the earth is but a single petal in a larger scheme of things. Yet, within our own world there are smaller petals: the seas, the deserts, the mountains, the forests; all of these combine to form the entirety of our earthly environment. As we narrow the focus of our environment from the Universe, to the planet Earth, to the town of Longmeadow, and finally to Longmeadow High School, we discover that even within this school there are smaller petals, sub-environments. These merge to form our familiar high school atmosphere, that unique entity known as LHS. There is the environment of academics, experienced by all students in the high school. English, math, history, Latin, science; we love it, hate it, sleep through it. It affects us. We affect it. Then there is the athletic environment, not reserved for "jocks" alone. Many of us have thrilled to the sound of a cheering crowd; many of us have felt the sadness of defeat. The arts, whether music, sculpture, painting, or technical and business skills, create another environment filled with pride, self-expression, and concentration. There is also a service environment which encompasses all those in our school who make it their business to help others. Finally, there exists for everyone an environment of the self. This atmosphere prevails during lunchtime, between classes, after school, or at any time that escape from the other "worlds" is possible. After graduation, most seniors will soon begin to specialize in areas of their choice. The painter will surround himself with an artistic environment; the math whiz will immerse himself in academics. They may later seek a more "well-rounded" life, but they will never find quite the same multi-faceted world that they left here. At Longmeadow High school the scholar as well as the athlete, the politician as well as the esthete may develop side by side before moving on to larger environments, worlds on worlds on worlds. Who would stop to look at a single flower petal, plucked from its stem and lying on the ground? Who would collect a pile of single petals to decorate his home? We all know the answer, and we understand why it is so. 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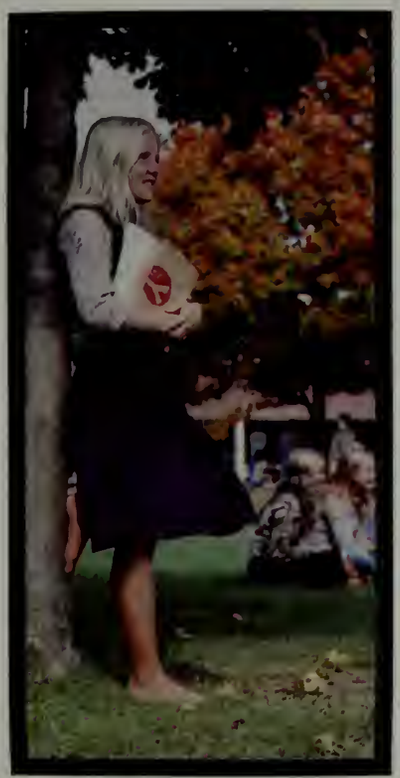
Copy: Diana Simon
Photo: Robin Odentz

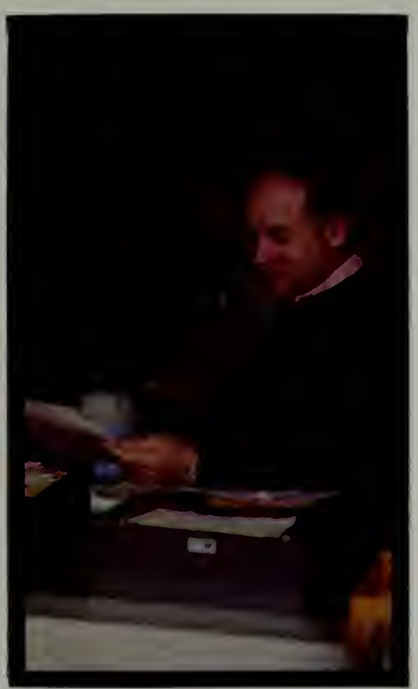
Academics pp. 8-93

Self pp. 174-181



Athletics pp. 94-133

Arts pp. 134-157



Service pp. 158-173

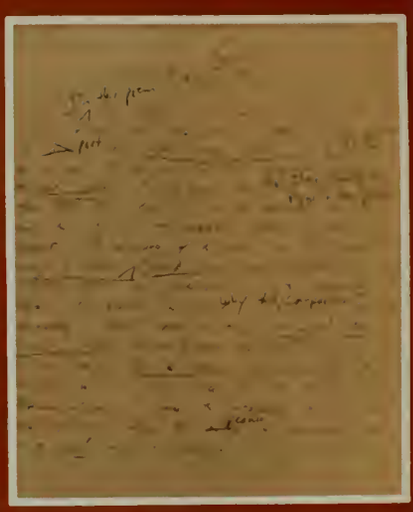
ACADEMICS

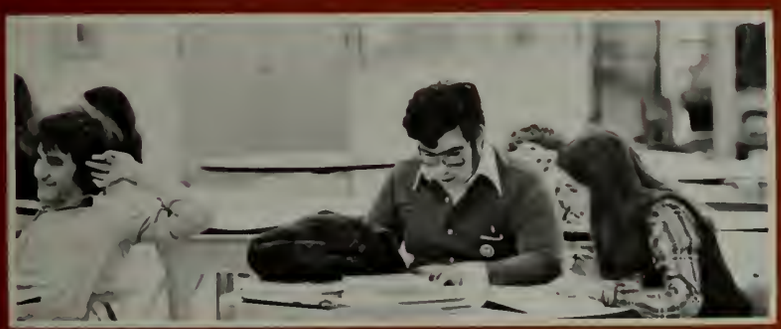
Despite the wide range of interests represented at Longmeadow High School, few people will disagree that the emphasis is always on academics. Math, foreign languages, science, English, and history are given top priority in the school, along with other more specialized academic courses. An academic environment fills the hallways and follows a student through the greater part of his school day.

Just what creates the special environment of an academic classroom? Most evident is the teacher-students relationship. One man or woman teaches a group of fifteen to twenty-five teenagers, who are expected to listen and participate. Loudness and activity are suppressed for fifty-four minutes at a time, in the hope that knowledge and understanding will take their place. Boredom may deaden the atmosphere in one class, while the next one is fun and stimulating. Studies continue for the serious student in the library, at home, and even in the cafeteria and the courtyard.

Testing creates a unique environment in itself. During a major test, hours of studying will either pay off, or be rendered futile. Everybody feels the tension in the air. Good grades, the goal of most college and career bound students, are largely dependent on test scores. The pressure to perform well is turned on and off with the ringing of the bell.

For academically inclined students, there are several clubs that are geared to their interests. In and out of school, an academic environment is always available to those who wish to pursue it.





The environment in the English department was seriously altered this year, especially for seniors who were suddenly mixed in heterogeneous classes. Except for the advanced placement students, all seniors found themselves among others with higher and lower intellectual capacities. This was a controversial issue throughout the year, causing an unstable atmosphere. Since the program was in its origins, all side and opinions were considered for evaluation. Some teachers and students felt that the new system was more realistic in relation to the outside world, because people are not normally "tracked". Also, a valuable exchange of ideas was still apparent in the new classes. Others felt very uncomfortable and saw a loss of motivation when an individual was placed with a group of higher or lower achievers. They felt that the discussions were dominated by smarter students while the others sat back overwhelmed or uninterested.

Strong opinions were held in all classes both in favor of the program and against it. Whether one felt secure or not, there was definitely an acknowledgement of a change in atmosphere within the English environment.

1. Virginia Allison 2. Donald Ladd 3. Eve Dolgin 4. Russell Cobbs 5. Nancy Eaton 6. Melvin Grant 7. Ann Marie Lynch 8. Mary Ellen Minechiello 9. Olivio Lopes 10. Susan Broderick 11. Judy Pincus 12 Bibe Schnitzer 13. Philip Glynn 14. Roger LeBlanc 15. Claire Satta 16 Kathleen Bennett

During his sabattical year, Mr. Villeneuve lived with his family in France for the 1975-1976 season. He noticed many differences between the academic structures in France and those in the United States. One of the major points is that high school students in the United States are more college oriented, while a large percentage of French students choose some type of competitive vocational school instead. Other young people begin on-the-job training in direct preparation for their future careers. Those students going from high school to vocational school are limited in number because of the few schools offered and the inconvenience of their locations. France, in trying to alleviate this situation, is building more high schools to better educate the young people. Mr. Villeneuve feels that this will only cause more problems, because using the money to build high schools limits the funds available for the construction of vocational schools, which would be more profitable to the students. "France is working to abolish this situation," Mr. Villeneuve says, "but it will be a long, slow struggle."

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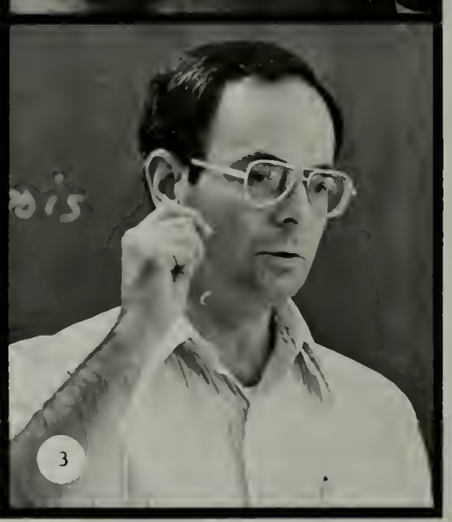
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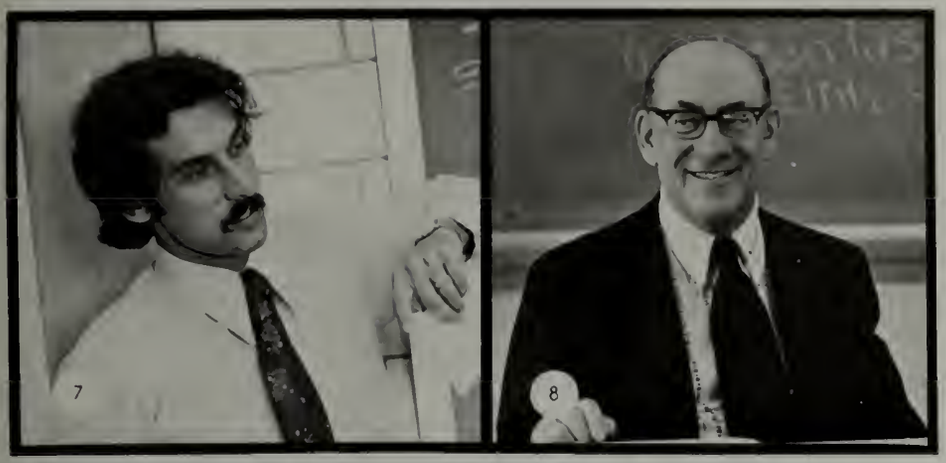
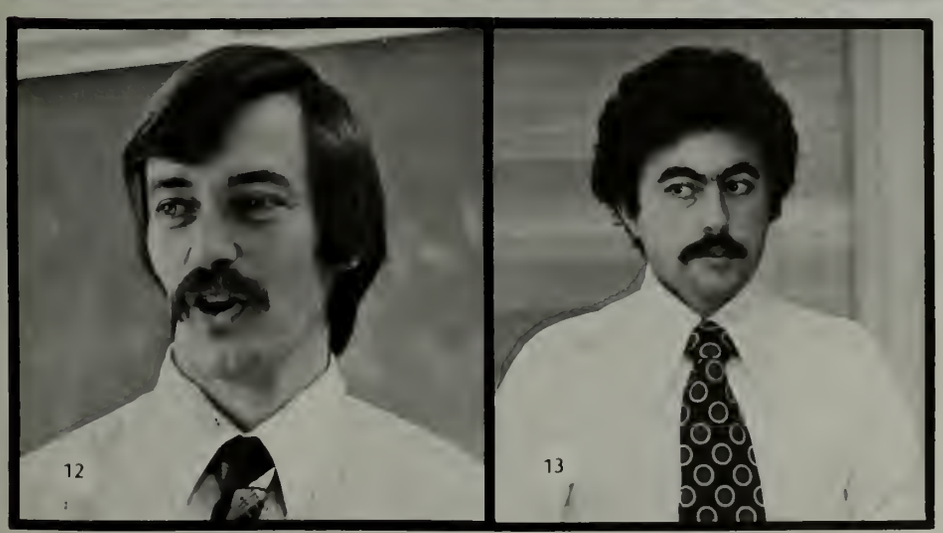
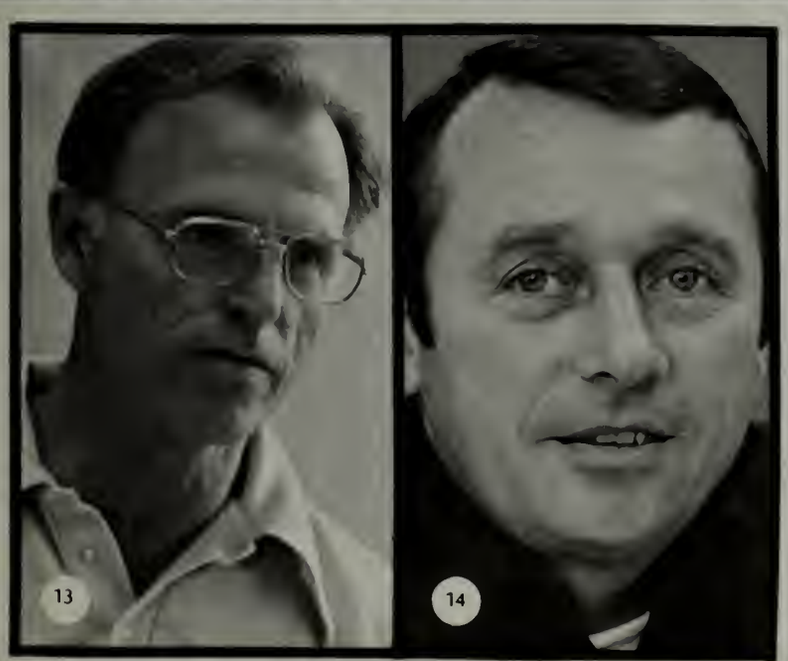




1. Ann Meder 2. David Ostrander 3. William Whittaker 4. Roger Morin 5. Robert Potvin 6. Carol Rahkonen 7. Dennis Pike 8. Emile Kahan 9. Kenneth Justin 10. Raymond Villeneuve 11. Nancy Dudley 12. Michael McCarthy 13. Vito Riccio

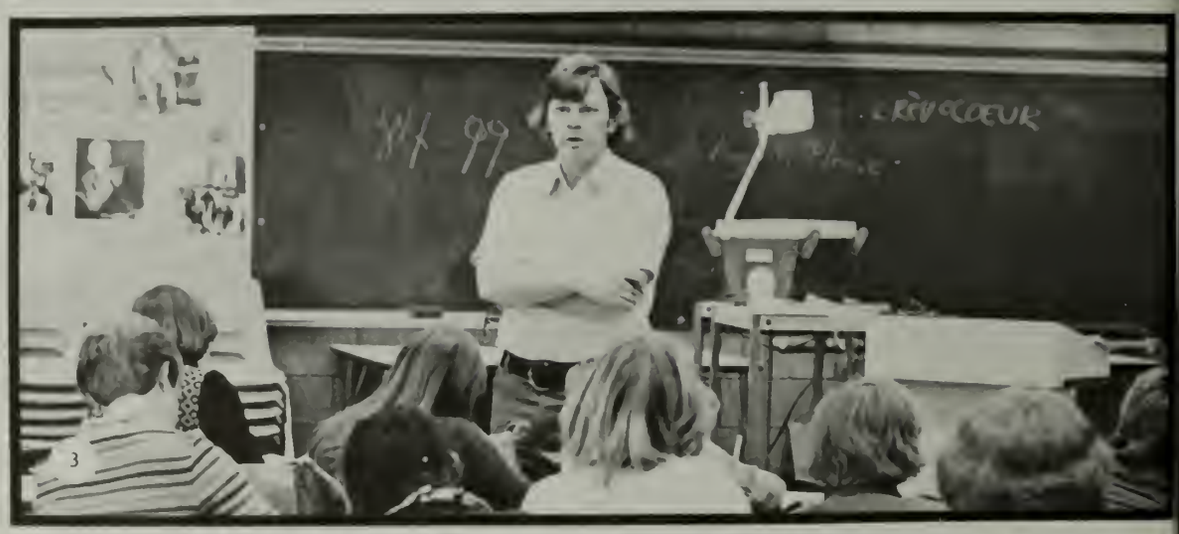
One of the best courses designed to prepare students for the SAT's was the Senior Math program. As a quarter course it was offered during the fall quarter of each year and was a good review of the mathematics learned in high school. The majority of the students who enrolled in this program had not scored as well on the SAT's as they would have liked. After taking the course, however, the students had a great deal more confidence in themselves, and they performed much better than before the class. A study of the course was taken by Mr. McCarthy who found that "the students enrolled in Senior Math A did indeed improve their scores more than students not enrolling."

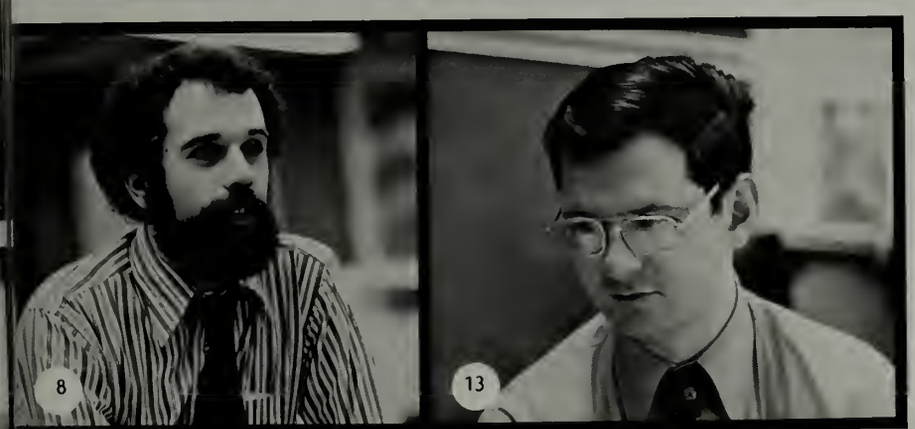
Timed tests were frequently given for practice. They helped to improve the students' skill in narrowing down answers and deciding when it was more profitable to guess rather than leave the answer blank. Most people enjoyed the course, because the pass-fail option lessened the normal pressures of a classroom. Personal improvement, the goal of Senior Math, was met successfully.

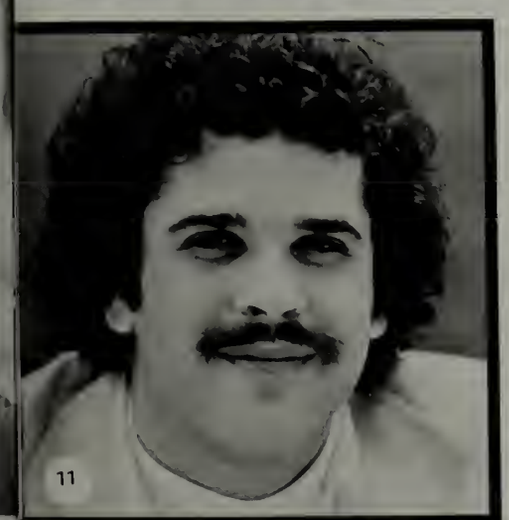


1. Robert McCarthy 2. Thomas Nesbitt 3. William Ahern 4. William Thompson 5. Nicholas Guilli 6. David Stockwell 7. Robert Ness 8. Carlene Littlefield 9. Kenneth Woods 10. William Gatchell 11. Robert Greenwood 12. Alan Gorfin 13. Acton Wiley 14 George Griffin

1. Michael Gelinas 2. Peter Vangsness 3. Mr. Gelinas enrapturing "A" Block history lecture 4. Francis Simanski 5. Peter Santos 6. Joseph Winseck 7. Stanley Ursprung 8. Raymond McKenna 9. Jesse Bowler 10. John Fitzgerald 11. Robert Leventhal 12. Robert Delano 13. Daniel Lynch





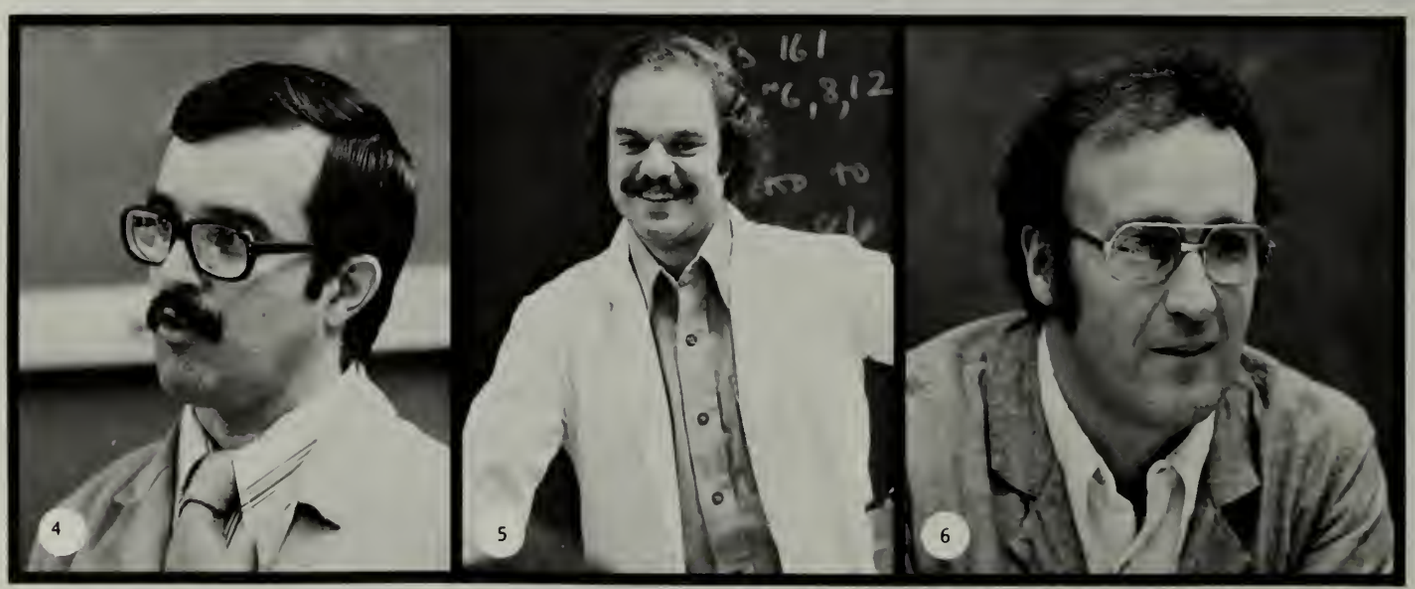


Mr. Vangsness, a former student of Longmeadow High School, has been teaching history here for three years. He has noticed a great deal of change in the high school environment over the past ten years. A dress code was strictly enforced until 1970. Boys wore shirts and ties every day, and girls had to wear dresses. No jeans, denim trousers, miniskirts, or sandals were allowed, and boys' hair could not touch the top of the ear or the collar. Detention was given for any infraction of a school rule and had priority over sports and activities. Mr. Vangsness states, "School has become somewhat less strict. The administration has decided to face up to problems. This is why the idea of using the courtyard as a place to smoke was initiated."

School in the sixties placed more emphasis on preparing students for college. A higher percentage of people went to college, as it was considered "the right thing to do." Now more students are going directly into vocational trades, because a college degree is not always an assurance of success.

Mr. Vangsness is enthusiastic about working with some of his former teachers, and he has gotten to know them well on a personal basis. He feels that the faculty at Longmeadow is "fantastic", and because he can now better understand the teachers, he holds a deeper sense of admiration and respect for them.

1. J. Goodwin
2. R. Morissette
3. J. Hooper
4. H. North
5. R. Suzor
6. R. Merritt
7. D. Slate
8. C. Manheim
9. E. Pratt
10. M. Ferrier
11. W. Blanchard
12. G. Griffin
13. P. Miller
14. L. Sarno



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What could be more memorable than a science lab period enlivened by teacher demonstrations? Thanks to our ingenious and courageous science department, these experiments are frequent. Mr. Suzor (better known as "Rocket Ray") is famous for setting off chemical explosions in front of his attentive classes. No lab block is without surprises in Rocket Ray's class. A room darkened for some shadowy experiments is a sure target for unexpected fireworks, and any discussion on hydrogen offers a perfect opportunity for the Rocket Man to demonstrate his hydrogen-heat reactions. There are times when Mr. Suzor's class gets almost as excited as he does!

In physics, there is nothing to compare with Mr. Hooper's no-fault car-down-hill demonstration. After a fascinating lecture on force vectors and gravity, Mr. Hooper attempted to show the application of the theory. He brought in a Tonka Toy truck and spent the block trying to roll it down a slope. Unknown to Mr. Hooper, however, the front wheels were jammed, and the truck remained at the top of the hill, disproving his entire explanation. Hoop calls of frustration filled the classroom, and in a fit of rage the disillusioned teacher violently threw down the truck and stamped on it, demonstrating still another principle: the superior force of Mr. Hooper over a Tonka Toy truck.

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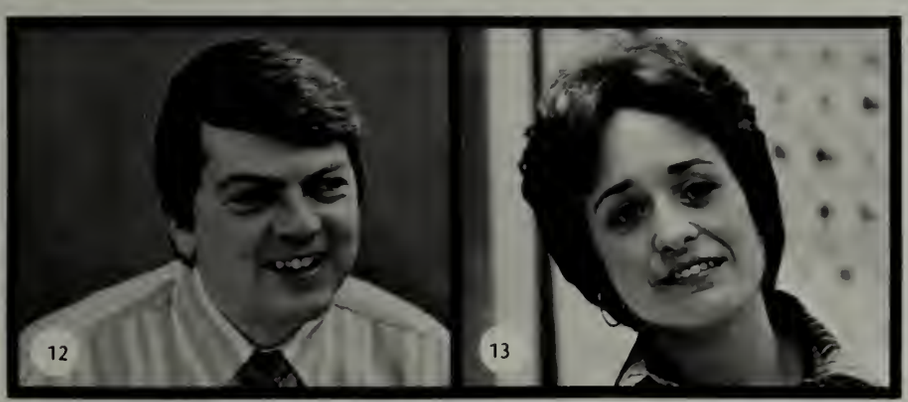
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These episodes clearly illustrate the madness in the science department. Teacher demonstrations are a lot of fun and a refreshing break from routine material on photosynthesis, mitosis, or acceleration. Perhaps with time and practice, these presentations may even become educational learning experiences.

Allison Brings Character to LHS

The A.B.C. program entered its third year at Longmeadow with new home sponsors. Mr. and Mrs. Thomas, who were previously in charge of the A.B.C. house, moved to Vermont with their son. Dr. and Mrs. Wilson, and freshman Eileen, were the new "family" of the A.B.C. students. Like last year, the individuals in the program became involved in many school and community functions, from Basketball and Class Council to National Honor Society.

During an interview with Senior Greg Allison, he stated that "L.H.S. let me be what I wanted to be." He learned that people are people regardless of race. Greg realized that others were expecting him to succeed in school, scholastically, socially, and personally. When asked what he enjoyed most at L.H.S., Greg replied, "Catching a touchdown pass in the East Longmeadow game."

Many A.B.C. students find that the pressures are strong at Longmeadow and the competition is harder than at most other schools. There are demands that have to be fulfilled, and at times the students are placed in difficult situations. the learning, however, has been beneficial in the A.B.C. experience.

N.H.S.

National Honor Society continued its work to promote scholarship at Longmeadow High. President Tina Millas was pleased by the large number of new members who were accepted in September. They joined the older members in N.H.S. activities around the school, which included a car wash and two induction teas. The tutoring program was very successful this year. It was popular and appreciated by both students and teachers, and it extended to tutoring middle school students at night. N.H.S. members worked in the Lancer Bookstore and the History Department, where organizational help was needed. Advisors Mrs. Dolgin and Mrs. Dudley felt that the large membership in the club represented the continuing trend at L.H.S. toward scholastic achievement.

1. National Honor Society President Tina Millas. 2. Mrs. Dudley and Mrs. Dolgin - the N.H.S. advisors. 3. Vice President Peter Corey. 4 & 5. The many members of the National Honor Society. 6. Secretary Marjory Grant. 7. Social Secretary Stacie Barez. 8. Tutoring Chairman Sally Blanchard (missing- Co-Chairman Ed Bettigole). 9. Treasurer Candy Carlin.

Chess Club

Chess Club is divided into two teams on the basis of skill. The goal of the club was to capture the first place title, and to improve on playing skills. Donald Ladd was the advisor again this year. He aided the players and gave them guidance when needed.

Math Club

The purpose of Math Club is to investigate areas of math which are not normally discussed in math classes. Robert Altman was president, Peter Corey was vice president, Bob Hutchins was secretary, and Peter Kruczynski was treasurer. Other members, along with advisor Mr. Greenwood, met often to work on problems or to use the computer.

Math Team

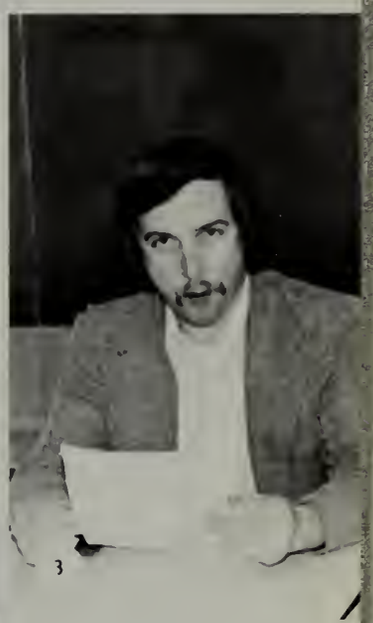
Seniors made up the core of the Math Team this year, under advisor Mr. Griffin. Mike Stein, Bruce Hochstadt, Ed Bettigole, Art Sibbach, Jim Medalie, and Bob Hutchins were key members who scored well during competition. Mike Stein was number one in the league, which was a remarkable achievement. Concentration and quick adaptibility to mathematical concepts brought victory for the team.

1

Matching Wits

Longmeadow High School participated in "As Schools Match Wits" for the second year. After an outstanding record last year, "the brains" (1) returned to continue their successful trend. A lot of drilling and memorizing was necessary for Julian Munnich, Mike Swirsky, Peter Vedder, And Betsy Rosenbloom, the four starters on the program. Coached by Mr. Fitzgerald and Mrs. Rahkonen (2,3), Longmeadow showed great ability, especially during tense moments and close matches. The team's victories on television were a source of great pride to the school.

2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Debate Team

This year's topic for the Debate Team (4) was whether there should be a comprehensive National Penal Reform Program. Coached by Mr. Fitzgerald (2), the team performed extremely well and continued its successful record of first place in the Connecticut Valley Debate League. Senior Michael Gebron had been on varsity for two years and did a fine job as captain. Other members included Julian Munnich, Steve Winniman, and Mitch Pulman. Sally Blanchard was the official time keeper and private cheerleader for the squad. Mr. Fitzgerald's serious attitude promoted strong participation and outstanding results.

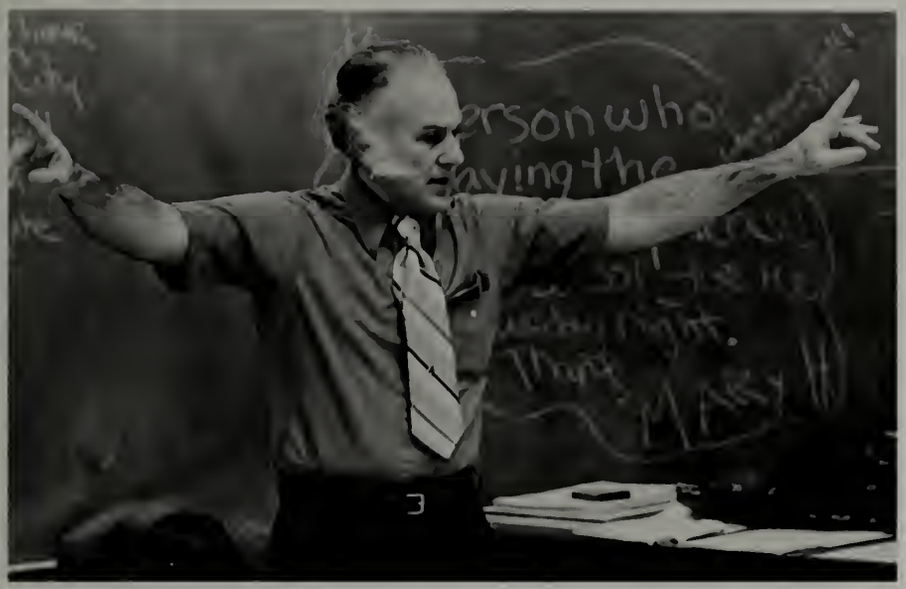
In Fond Memory Of

Edwin L. Finklehoffe
Devoted Teacher Of Science At L.H.S.

1931 - 1976

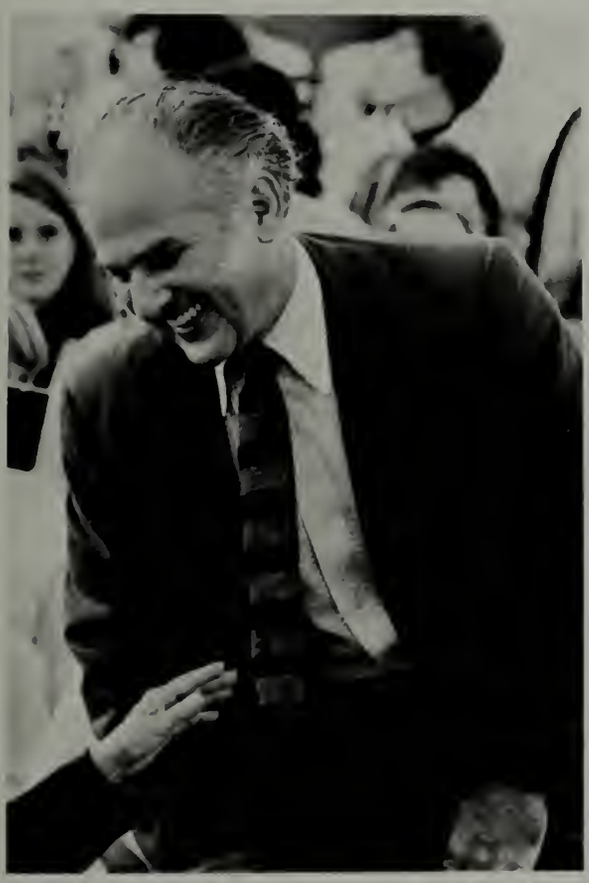
**Some people strengthen the society
just by being the kind of people they are.**

John W. Gardner



Masacksic 1977 is dedicated to a man who has been serving our school for over fifteen years. He is an oboist with the Springfield Symphony, a band leader at Saturday afternoon football games, a conductor for the Jesters before school and at night, the orchestra director at school plays — and a teacher from 7:45 to 2:15. We are proud to honor Mr. Music of Longmeadow High School:

Mr. Wilfred Burkle



seniors

STEVE KING

LINDA DALEY

MICHAEL MORRIS

LAURIE ROBERTSON

LINDA RENKOWICZ

JIM KELLY

JOHN WESTON

KAREN LEOPOLD

KENNETH ELSNER

SABINE DEMOLDER

JEFF GOODLESS

DONALD CLARK

LORI COHEN

LESLIE BADACH

SCOTT CARL

BRIAN MAHON

KYLE BERRY

JOHN SPOERER

CINDY BACH

TOM MURRAY

MICHAEL GEBRON

ANDY KARPF

DAVE LEWIN

BARRY KATZ

BRUCE REISMAN

MARJORY GRANT

SHERRIE CASAL

ALEX MANDELL

KEN GRUSKIN

JANE O'CONNEL

KURT HOOPER

JEFF SCHAAF

RICK WATSON

JIM HOYT

JON ARONSON

DIANE BERGSTEIN

GAYLE LEONE

PETER BARBALIAS

LOUIS CONCOTILLI

SALLY HUNTER

PHILIP O'REILLY

DAVID BOLGER

BOB HUTCHINS

JOHN FERGUSON

CINDY LUCAS

SHEILA DETERS

BETH MALLARY

And I have felt a
presence
that disturbs me
With joy of elevated
thoughts,
Whose dwelling is the
light of setting suns,
And the round ocean
and
the living air
And the blue sky and
in the mind of
man.

DEBBIE BROADBRIDGE

CATHY FRANGIE

GINA VATRANO

TONY GOULET

BOBBY KELLOGG

ARTHUR ADAMS

KRIS KAVANAUGH

LORI DINOIA

CURT FREEDMAN

MITCHELL AUGUST

DONNA FERRARA

BARBIE PEZZA

FRANK SCIUTTO

A motion and a spirit
that impels all thinking
things,
All objects of all thought,
and rolls through all
things.
Wordsworth

TODD LAFRANCE

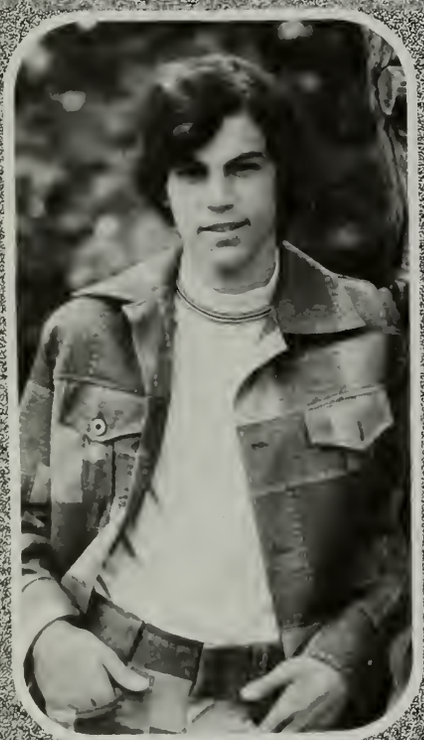
RHODA PILELSKY

TAMI EZZO

MARIETTA HANIGAN

RICHARD HASKINS

REGINA GARVIN



BRUCE PALEY

DEBBIE COLLARO

SCOTT FACEY

GARY FIELDMAN

MICHAEL SCHWARTZ

CHRIS MYERS

CRAIG CLOUD

MEG GRACEY

PHIL CUSHMAN

LISA FLEMING

CAROL KELLEY

ALAN ZIMMERMAN

JOHN CREED

STEVE ZANCHO

GAIL HUMPHREY

AMBY REILLY

TAMMY COLLINS

MARC FEINBERG

ERIC RAHN

CINDY PAYNE

AUDREY KOWARSKY

STEVE DONOGHUE

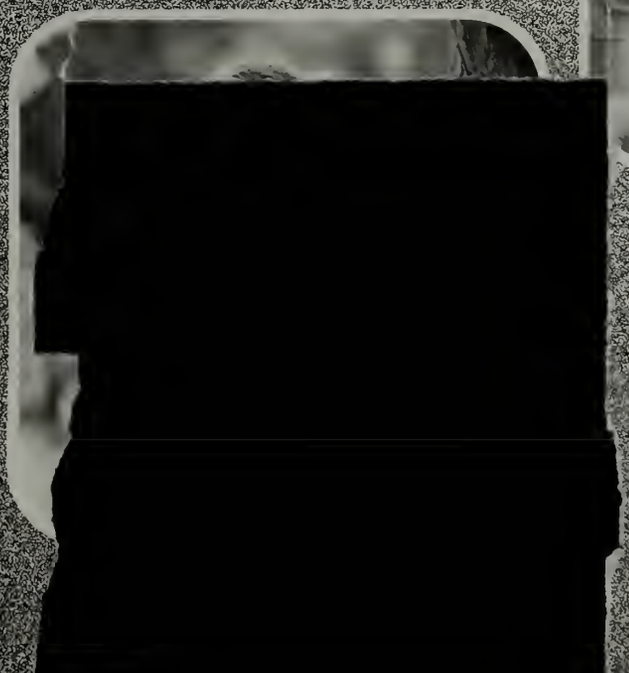
SUE WOOD

MICHAEL SWIRSKY

LYNN VINCUNAS

JOHN BRONNER

JOHN KENNEDY



CHRIS JENSEN

CHRIS SCHICKER

MARK NICOLI

JON BENOIT

KATHY SHEEHAN

JENNIFER PEARSON

Everything has its season,
Everything has its time,
Show me a reason and I'll
Soon show you a rhyme.
Cats fit on the window sill,
Children fit in the snow,
Why do I feel I don't
Fit in anywhere I go?

Stephen Schwartz

ROBERT ALTMAN

CHERYL LUND

LARRY CAIN

BILL INGALLS

KATHY HUGHES

NICK NORTH

ANDREA FOGGLE

AMY GLYNN

JOHN SOPHINAS

KATHY BRUSH

GEORGE SIMON

DIANA SIMON

BRUCE STOLER

FRANCIS MICKELSON

DAN WRIGHT

BEV YOUNG

ANDREW WILSON

MARK VILLENEUVE

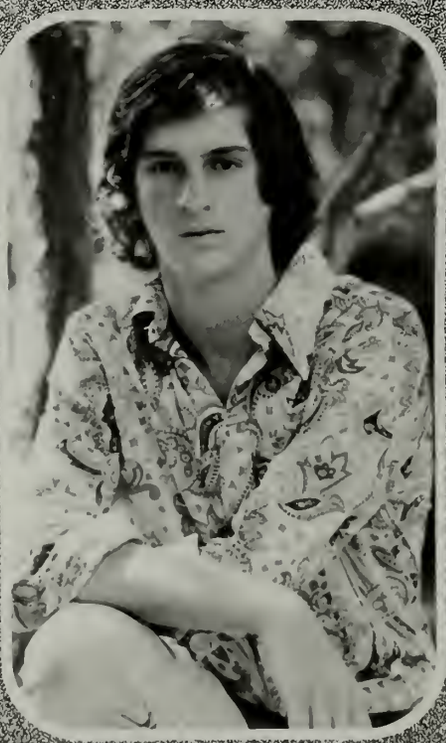
DEBBIE LITTLE

KATHY HOPKINS

KEVIN MCCARTHY

MARIA SETTEMBRE

GAIL FELPER



BRIAN LEVESQUE

SARAH BLANCHARD

LISA SACENTI

JEFF LUCIER

COREY SAMBLE

SANDY BECKER

JON FEIN

MARY JO QUIGLEY

JOHN STASZKO

DEBBIE DOWD

MITCH WEINBERG

BILLY MCCLURE

DIANE MAJOR

BOB LEVINE

SCOTT BURGER

JEFF BURNETT

ANDREW ROME

MARJORIE WEISS

HARVEY STOCKHAMER

ARTHUR SIBBACH

NANCY CLOUTMAN

JACK GOLDBERG

RICHARD SOLOMON

JANICE SADOW

PHIL CORETSOPOULOS

MICHELE FEINSTEIN

TIM KIRK

RANDI WEINBERG

NANCY FRANKEL

MARK WARREN

MARK MCCAULEY

CANDYCE CARLON

Most of the shadows of this life
are caused by standing
in one's own sunshine.
Ralph Waldo Emerson

Just when I think I have learned the way to live, life changes.

Hugh Prather

JOANNE MURATORE

TONY GORMAN

HELAINE TRACHTENBERG

JOE D'ANGELANTONIO

LUIS SANTIAGO

SHERYL ODENTZ

JOHN SECONDO

DEBBIE SCHIAVINA

RICHARD ULAN

JOMA VENTI

JOHN BURBANK

SYLVIA SLANINKA

DAVID BURKHART

TINA MILLAS

JAMES MEDALIE

LAUREN WALDO

KEITH LEMNIOS

SANDY STREMPLE

ANDY BOTT

CHRIS NEWTON

MARY ELLEN BURNS

DIRK VAN LANDUYT

BETSY SHINE

SHELLEY SCAGLIARINI

JOHN ROBBINS

GERALD POTTERN

JOHN KLUG

BETSY STEPHAN

KAREN WASS

KAREN CARDAROPOLI

RONNIE GORDENSTEIN

KATIE HUNT

LAURIE MIHAIU

JOHN KRYGOWSKI

RICK RUBIN

TERRY DRAYMORE

JEFF SISITSKY

JOEL CASTLEMAN

LORI GOLD

DAVID AUERSWALD

BARBARA YOUNG

BILL GUSTAVSON

CINDY NEREAU

DIANE CARTWRIGHT

GREG ALLISON

SUE MURRAY

RICHARD CORMIER

All things are difficult before they are easy.

Thomas Fuller

TOM McMAHON

JOOM WAMPEN

NEIL ORENSTEIN

BILL HOPFE

MARY KATE NICHOLSON

ARTHUR LUCEY

DEBBIE DIPIPPO

STACIE GREENE

Nothing will ever mean tomorrow what it did today.
Hugh Prather

LEE WEBBER

LORI DELISO

MARY RYAN

BYRON PAPAZISSIS

KIM PALMER

JEFF FIGGIE

JULIE WHITNEY

DAVID LIEBMAN

LONGMEADOW
FIELD HOCKEY

RICHARD LOCHNER

SUSAN HARRINGTON

TIM DWIGHT

CHRIS HEYE

SCOTT PEARSON

STACIE BAREZ

LESLIE MAGLATHLIN

BOB STEVENS

KIM LEVINE

CHERYL McCRAY

ARTHUR BAVELAS

CLAIRE CHASE

AMY LYON

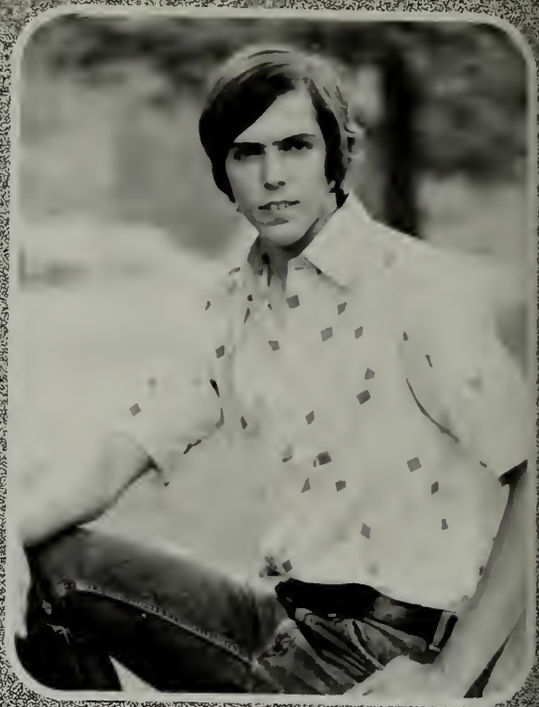
JIM BRADFORD

SCOTT SEAMAN

CATHY SCHMIDT

DEBBIE SOLOMON

ANN MARIE BURNS



SCOT ROBERTSON

KIM BILLS

ROBERT SULLIVAN

MITCHELL TOREE

STEVE O'CONNOR

ELLEN PSALTIS

The only rose without thorns
is friendship.

Mlle De Scuderi

SHARON WIDLAN

CINDY BUFFUM

BART DUNLEVY

JOAN HURLEY

JANET PARK

NANCY HOLBROOK

JOE MARUCA

GARY GENASCI

DANIEL ROMA

JIM KING

JULIAN MUNNICH

CHRIS GIRONDA

TIM BASCOM

APRIL HUOT

ANN CIMINI

ROSEMARY COLANTONI

GREG SMITH

NED SHEFFIELD

MARK KELLY

JEANNE ST. PIERRE

MICHAEL TAUBER

PETER SWEITZER

MELINDA SAYKIN

VIRGINIA PAQUETTE

DANIEL ROMA

JIM KING

JULIAN MUNNICH

CHRIS GIRONDA

TIM BASCOM

APRIL HUOT

ANN CIMINI

ROSEMARY COLANTONI

GREG SMITH

NED SHEFFIELD

JEANNE ST. PIERRE

MICHAEL TAUBER

MARK KELLY

MELINDA SAYKIN

VIRGINIA PAQUETTE

PETER SWEITZER

ANN RYERSON

KEN LEFEBVRE

GEORGE TOUGIAS

STEVE ZELLER

CHRIS SCIBELLI

LORI SHEARER

TED GILMAN

STEFAN SCHUSTER

AMY TOBER

KAREN PRAGLUSKI

STEVE ROSENKRANTZ

LAURA KENNEY

We've been knowing each other
For many a year, it's true
And I can't think of anyone else
Can make me feel as good as you
Yeah, you make my day
A little brighter in every way

Carole King

JAMES BENNETT

JAMES BLAKEMAN

RICK BOGDANOWICZ

WANDA BREYETTE

DAVE CLARK

PETER COREY

MARY JO CRAVER

STEPHEN DUCLOS

MELINDA JAKOBEK

JOHN KRIENER

KAREN KUMIEGA

WENDY LAINER

DEBORAH LIND

DAVID MACKLER

LORI MASON

MAUREEN MCCARTHY

NED MCNALLY

ANNIE OWENS

SUE PLOWMAN

NEAL RADDING

PAUL ROBERTS

WALTER WOLF

How do you say goodbye
to a friend?
It isn't easy.
Do you smile and say
"So long pal, its been
nice knowing you?"
Or will he think that
that is as far as your
friendship goes?
Do you grin with that look of
understanding and slap him on the back
and say, "Don't forget to write?"
Do you sniffle and sob and try
to hold back the tears and say:
"I'll miss you?"

How do you say goodbye to
a friend?
or do you?

ADAMS, ARTHUR S.- Art- 109 Field Rd.- Soccer 1,2,3,4- Baseball 1- Leaders Club 3,4- p. 34
ALLISON, GREGORY THOMAS- Mr. Magic- 1433 Allen Ave., S. E., Canton Ohio - Football 2,3,4- Basketball 1,2,3,4- Key Club 2,3- Class Council 2,3- Drama 1,4p.54
ALTMAN, ROBERT- Dr. Bob- 661 Williams St.- Math Club 1,2- President 3,4- Class Council 3,4- N.H.S. 3,4- p.40
ARONSON, JONATHAN- Jon- 52 Tecumseh Dr.- Soccer 1,2- Basketball 2, Crew 2,3- Yearbook 3- p.32
AUERSWALD, DAVID- Ossie- 154 Arlington Rd.- Football Manager 1,2,3,4- Basketball 1,2,3,4- Yearbook Finance Editor 2,3,4- Supply Aide 3,4- Main Office Aide 1,2,3,4- Class Council 1, "Of Thee I Sing"- General Manager-p.54
AUGUST, MITCHELL-887 Maple Rd.- Soccer 1, Hockey 1,2,3,4- p. 35
BACH, CINDY- p.30
BADACH, LESLIE ANN-144 Burbank Rd.- Girls Chorus 1- Concert Chorus 2- Lyrics 3,4- District Chorus 3,4- All State 4- Cantori 4- Guidance Aid 1- A.F.S. 2- Yearbook Representative 3- "Of Thee I Sing" 4- p.29
BAGGETTA, MARY ANN- 117 Blueberry Hill Rd.- Ski Club 1- Track 2- Soccer Club 3- p.62
BAILEY, JAMES- 150 Maple Rd.- Rifle Team 1- Wrestling 2
BARBALIAS, PETER- 557 Maple Rd.- Scuba Club 2,3- Swim Team 4- p.32
BAREZ, STACIE ANN- 69 Willowbrook Rd.- Class Council 3,4- Future Teachers 1- Lacrosse Club 1,2- N.H.S. 3,4- Social Secretary 4- Keyettes 2,3,4- District Treasurer 4- "Wizard of Oz" assistant director- p.58.
BASCOM, TIMOTHY GORDON- Stanley Steamer- 684 Laurel St.- Ski Club- Outing Club- Bike Club- Tennis- Student Government- W.D.S.S.- p.64
BAVELAS, ARTHUR-Gymnastics 1,2,3- p.59
BECKER, SANDRA LEE- Sandy- 69 Pleasantview Avenue- Keyettes 4- French Club 1,2,3- Student Advisory Board-History Dept. 3- Yearbook Ads Editor 4- Outlet Club 2- Outing Club 4.- p.45
BENNETT, JAMES- String Bean- 163 Blueberry Hill Rd.- Track 1,2- Gymnastics 2,3,4- Jesters 2,3,4-p.68
BENOIT, JONATHAN- Benney- 154 Williams St.- Chess Club 1,2,3,4- Chess Team 1,2,3,4- Young Republicans-4- p.40
BERGSTEIN, DIANE-p.32
BERRY, KYLE- 173 Bliss Rd.- Keyettes 2- A.F.S. 1,2- Class Council 2,4- Daisy-Weeds 4- p.30
BETTIGOLE, EDWARD- 107 Greenwillow Dr.- Debate Team 1,3- N.H.S. 3,4- Lacrosse 1- Math Team 2,3,4- Anti-Jet Jotter Club 2,3,4- p. 61
BILLS, KIMBERLY ANNE- Kimbie- 30 Nevins Ave.- Lacrosse Club 1,2,3- Class Council 1,2,3,4- J.V. Cheerleading 1- "Wizard of Oz" - Keyette Shriners Project 1,2,3,4- p.60
BLAKEMAN, JAMES- Bird Dog- 66 Colton Place- Football 1,2,3,4- Basketball 1,2,3,4- Baseball 1,2,3,4- Key Club 3- p.68
BLANCHARD, SARAH - Sally- 9 Llewellyn Pl. - Class Council 2,3,4- Jet Jotter 3,4 "Music Man" 1- "Of Thee I Sing" 3- A.F.S. 2- "The Wizard of Oz" 4- Soccer 3,4- Young Independents Co-President 4- Morning Literary Club 4- N.H.S. 3, Tutoring Co- Ch[illegible] ...44
BOGDANOWICZ, RICHARD- Rick- 208 Nevins Ave [illegible]
BOLGER, DAVID-Lawrence Dr.- National Hono[illegible]ociety 3,4- Jet Jotter 2,3,4- Thursday Morning Literary Club- Homecoming 1976- p.33
BOTT, ANDREW- Space Shot- 28 Ellington St.- Football 1- Ski Club 1,2- Swim Team 3,4- p.51
BRADFORD, JAMES- Ferd-104 Birchwood Ave.- Gymnastics 1,2,3,4- Captain 4- Tennis 1,2,3- Soccer 1- p.59
BREYETTE, WANDA- 26 South Ave.- p. 68
BROADBRIDGE, DEBORAH JAYNE- Debbie- 127 Longfellow Dr.- French Club 4- p. 34
BRONNER, JOHN- 264 Converse St.- p.39
BRUNTON, VIRGINIA- 107 South Park Ave.- Library Aide 1,2
BRUSH, KATHERINE NORA- 70 Longmeadow St.- p.43
BUFFUM, CYNTHIA- 146 Tedford Dr.- Ski Club 1,2,3- Class Council 1- Keyettes 1,2,3,4, - Future Teachers 1- p.63
BURBANK, JOHN-278 Merriweather Dr.- Class President 3- p.50
BURGER, SCOTT-p.46
BURKHART, DAVID-Some Dude- 27 Highland St.- Track 2- Audio Visual Club 2,3,4- T.V. studio chief engineer 4 - "Of Thee I Sing" crew 3- "One Flew Over Thee Cuckoos Nest" crew- "Wizard of Oz" crew 4- Daisy-Weed A.V. -p.50
BURNETT, JEFFREY, MAXWELL- Burnie- 99 Knollwood Dr.- Soccer 1,2,3,4- Hockey 2,3- Lacrosse 1,2- Lyrics 2,3,4- District Chorus 2,3- All State Chorus 2- Class Council 4- Key Club 2,3-Vice President 4- p.46
BURNS, ANN MARIE- 86 Blokland Dr.- Basketball 1,2- Keyettes 1,2-p.60
BURNS, MARY ELLEN- 28 South Park Ave.- Latin Club 1,2,3,4- Library Service Club 1,2,3- Future Teachers 1- A.F.S. 2- Chorus 2,3,4- "Of Thee I Sing" 3- Keyettes 2,3,4- N.H.S. 4- p. 51
BUSSIN, MITCHELL
CAIN, LAWRENCE- Colt- 87 Ellington St.- Key Club 3,4- Homecoming 4- p. 42
CAPUTO, THERESA- 64 Lawnwood Ave.- Mini Course Committee 3- p. 62
CARDAROPOLI, KAREN- Dimples- 133 Knollwood Dr.- Field Hockey 1,2- Softball 1- Basketball 1,2,3,4- Tennis 1,2,3,4- Class Council 3,4- Daisy Weeds 4- p.52
CARL, SCOTT- 114 Prynnwood Rd.- p. 29
CARLON, CANDYCE- Candy- 38 Berwick Rd.- Mini Course Teacher 2 - Jet Jotter 3- Editor-in-Chief 4- N.H.S 3- Treasurer 4- Thursday Morning Literary Club 4- Student Advisor for History Dept. 3- Rabble Rouser 4- p.48
CARTWRIGHT, DIANE- 25 Concord Rd.- A.F.S. 2,3- Keyettes 2,3,4- Class Council 2,4- Soccer 3,4- Gymnastics 1,2- Track 2,3,4-Co-Captain 3- Daisy Weeds 4- "Wizard of Oz" 4- p.54
CASAL, SHERRIE- 9 Lutewood Dr.- Ski Club 4- p.30
CASTLEMAN, JOEL DANIEL- 326 Williams St.- Football 1,2,3,4- Baseball 2, Leaders 3- Class Council 4- Victorious Weeds Coach 4- Lacrosse 4- p.53
CHASE, CLAIRE PAMELA- Pokey- 144 Magnolia Circle- Masacksic UnderclassmenEditor 3- Girls Sports Editor 4- Keyettes 1,2,3,4- Class Council 4- Basketball 1,2,3,4- Softball 1,2,3,4- Field Hockey Manager 3,4- Head Club 3,4- Daisy-Weeds 4- Leaders Club 3- p. 59
CIMINI, ANN MARIE- 155 Wimbleton Dr.- p.64
CLARK, DAVID- Boat- 226 Coventry Lane- Football 1,2,3-Captain 4- Basketball 1,2,3,4- Baseball 1- Lacrosse 3,4- Leaders Club 3,4- German Club 1,2- p.68
CLARK, DONALD- Donny- 483 Williams St.- Soccer 2,3,4- Leaders Club 2- Lacrosse 3,4- p.29
CLOUD, CRAIG DANIEL- Cloudy- 125 Kenmore Dr.- Soccer 2,3,4- All Western Mass Goalie 4- Captain 4- Gymnastics 1,2,3,4- Lacrosse 1,2,3,4- Captain 4- N.H.S. 3,4,- Key Club 2,3,4- p. 37
CLOUTMAN, NANCY Nan- 23 Coventry Lane- Concert Band 1,2- Wind Ensemble 3,4- A.F.S. 2,4 -p.47
COHEN, LORI- 41 Berkeley Dr.- Keyettes 3,4- Leaders Club 3,4- Daisy-Weeds 4- Intramural Tennis 4- p.29
COLLARO, DEBORAH- Debbie- 8 Metacomet Rd.- Drill Team 4- p. 36
COLLINS, TAMMY LYNN- Shake a Leg- 164 Westmoreland Ave.- p.38
COLLANTONI, ROSEMARY- Bunny- 126 Bliss Rd.- p.64
CONCOTILLI, LOUIS ANTHONY- Ravan- 939 Converse Street- Football 1- Track 1,2,3,4- Jesters 3- Mens Chorus 1,2,3- Concert Chorus 4- p.32
CORF[illegible]POULOS, PHILLIP- 116 Hazardville Rd.- Key Club 2- p.48
[illegible], PETER- 795 Converse St.- Tennis 1,2,3- N.H.S. 3,4- V.P.4- [illegible]te Team 1,2,3,4- Class Council 3,4- Math Club 3,4- V.P. 4- Leaders Club 2,3,4- Jet Jotter 4- Intramural Bowling 3- p.68
CORMIER, RICHARD- p.54
COUGHLAN, ALICE- 128 Eton Rd.- Junior Achievement 1- p.61
CRAVER, MARY JO- Josey Wales- 350 Converse St.- Swim Team 1,2,3- Tennis Team 1,2,3,4- Ski Club 1,2- Leaders Club 3,4- Class Council 1,2,3,4-Class Play 4- Basketball Manager 4- p.68
CREED, JOHN- Creature- 87 Rugby Rd.- Golf 2,3,4- N.H.S. 4- Class Council 4-p.38
CUSHMAN, PHILLIP- Pheese, Ralph, - 42 Blokland Dr.- Soccer 1,2,3,4- Wrestling 2- Track 2,4- N.H.S. 4- C.C.C President 1,2,3,4- Band 1,2,3,4- Leaders 2-p.37
DALEY, LINDA- 375 Green Hill Rd.- Ski Club 1, 3- Keyettes 2,3- p.28
D'ANGELANTONIO, JOSEPH- 83 King Philip Dr.- Hockey 1- Cross Country 2- Swimming 2- p.49
DELISO, LORI ANNE- 100 Salem Rd.- Cheerleading 2- Class Council 3,4- Masacksic 4- Keyettes 2,3- Soccer Club 3- Heads Club 3,4- p.56
DETERS, SHEILA MARIE- 118 Blueberry Hill Rd.- Jr. Achievement 1- Ski Club 2,3,4- Keyettes 2,3,4- Class Council 2,3,4- Daisy-Weeds 4- Field Hockey 3- Lacrosse 2- "Wizard of Oz" 4- Leaders 3- p. 33
DE-MOLDER, SABINA- Sabine- 69 Fenwood Rd.- A.F.S. student- Ski Club 3- Keyettes
DIETZ, WILLIAM- Bill
DINOIA, LORI- 59 King Philip Dr.- Keyettes 2,3- Ski Club 1,2- Soccer Club 3- p.35
DIPIPPO, DEBBIE-Dip- 277 Academy Dr.- Keyettes 1,2,3,4- Class Council 2,3,4- Softball 1- Lacrosse 2- Future Nurses 1- Ski Club 1,2- Daisy Weeds 4- Leaders Club 3- p.55
DONOGHUE, STEVEN- 65 Westmoreland Dr.- Spanish Club 3- President 4- A.F.S. 4- Class Council 4- C.B. Club 4- p.39
DOWD, DEBORAH - Baba O'Reilly- 69 Normandy Rd.-Keyettes 2,3,4- Class Council 3,4- Swim Team 1,2,3,4- Captain 4- Daisy Weeds Cap-

tain-4- Head Club 3,4- President- Leaders Club 3- Lacrosse 2- p.46
DRAYMORE, TERRI LYNN- 72 Tecumseh Dr.- Newspaper 1,2- Drama 3- Chorus 2- Soccer 2- p.53
DUCLOS, STEPHEN KENNETH- Duke- 64 Franklin Rd.- Football 1,2,3- Hockey 1,2,3 Baseball 1,2,3,4- Key Club 2,3,4- p.68
DUNLEVY, BARTON- Bart- 128 Benedict Terrace- Lacrosse 1- Track 2- Gymnastics 1,2,3,4- Captain 4- Soccer 1,2,3,4- Tri-Captain 4- Lyrics 2,3,4- "Music Man" 1- Jesters 3- Daisy Weeds Cheerleader 4- p.63
DWIGHT, TIMOTHY- Tim- 110 Longmeadow St.- Soccer 1,2,3,4- Baseball 2,3- Tennis 1- German Club 3,4- "Wizard of Oz" 4-p.58
ELSNER, KENNETH- Pockets- 1195 Longmeadow St.- Wind Ensemble 1, 2,3,4- Jesters 2,3,4- Orchestra 1,2- p.29
EZZO, TAMI ANNE - Eggo- 979 Maple Rd.- Swim Team 1,2,3,4- Gymnastics 1,2- Lacrosse 1,2,3- Class Council 4- Head Club 3,4- Daisy Weeds 4- p.36
FACEY, SCOTT E.- Wolf Pak- 241 Wolf Swamp Rd.- Junior Achievement 3- "Of Thee I Sing" 3- Music Man 1- p.36
FEIN, JONATHAN- Vito- 108 Pleasantview Ave.- Band 1,2,3,4- Rifle Team 4- Class Council 1,2,4- Office Aide 1- Supply Room Aide 3,4- Spanish Club 4- Citizens Band Radio Club 4- Chamber Music 2- Editor of Monthly Bull 4- p.45
FEINBERG, MARC- 62 Academy Dr.- p. 38
FEINSTEIN, MICCHELE JAN- Mickey- 44 Greenwich Rd.- "Music Man" 1- Future Teachers 1- A.F.S.- 1- Girls Chorus 1- Concert Chorus 2,4- Lyrics 3- Jet Jotter 2,3- Feature Editor 4- Outlet Judge 1- Seminar Day 2- Latin Club 2,3- Student Representative to English Dept. 3- Office Aide 1,2- N.H.S. 4- p. 48
FELPER, GAIL- 111 Academy Dr.- Gymnastics 1,2,3,4- Track 2,3,4- Leaders Club 3,4- Secretary 4- Class Council 3,4- N.H.S. 4- Future Nurses 4- Heads Club 3,4- Daisy-Weeds 4- "Wizard of Oz" 4- p. 44
FERGUSON, JOHN- 31 Willow Brook Rd.- Jesters 1,2,3,4- Orchestra 1,2,3,4- Music Man 1- Of Thee I Sing 3- National Honor Society 4- p.33
FERRARA, DONNA- 23 Bellevue Ave.- Keyettes 1,2,3,4- Drill Team 2,3- Soccer 3- p.35
FIELDMAN, GARY BENNETT- 81 Wilkin Dr.- Class Play- Orchestra 1,2,3,4- Soccer 1- "Music Man"- "Of Thee I Sing"- p. 36
FIGGIE, JEFFREY PETER- Figs, Fugi- 22 Greenacre Rd.- Lacrosse 2,3,4-Captain 4- Football 2,3,4- Key Club 2,3,4- Class Council 2,3,4-N.H.S. 4- p.56
FISK, JEFFREY- Fiskie- 33 Harwich Rd.- Soccer 1,2,3- Gymnastics 1,2- Class Council 4- Daisy-Weeds Cheerleader 4- "Music Man" - "Of Thee I Sing"-"Wizard of Oz"- Mens Chorus 1,2,3- Lyrics 4- p. 62
FITZPATRICK, LYNN MARIE- 407 Frank Smith Rd.- Drill Team 2,3,4- Concert Chorus 4- Class Play 4- p. 61
FLEMING, LISA- 11 Hazelwood Dr.- Field Hockey 2,3,4- Basketball 1- Manager 3,4- Track 1,2- Class Council 1,2,3,4- Keyettes 3,4- Leaders Club 3,4- Class Play 4-p. 37
FOGGLE, ANDREA L.- Andi- 148 Shaker Rd.- Lacrosse Club 1,2- Swim Team 2,3,4- Class Council 3,4- N.H.S. 4- Masacksic Sales Editor 3- Boys Sports Editor 4- Tennis Intramural 1- Daisy-Weeds 4- Departmental Student Advisory Board 3- Leaders Club 3p. 42
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HARRINGTON, SUSAN- Big Red- 674 Longmeadow St.- Tennis 1,2,3,4- Cheerleading 1,2,4- Class Council 1,2,3,4- Treasurer 1,2- National Honor Society 3,4- Daisy-Weeds 4- "Wizard of Oz" 4- Head Club 3,4- p. 58
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LEMNIOS, KEITH- Lem- Football 1,2,3,4- Lacrosse 1,2,3,4- Intramural Basketball 1,2,3,4- Key Club 2,3,4- Treasurer 3- Leaders Club 2,3,4- Ski Club 1,2- p.51
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LITTLE, DEBORAH ANNE- Debbie- 168 Blueberry Hill Rd.- Outlet 1- Keyettes 2- A.F.S. 1,2,3,4- Class Council 3- Guidance Aide 1,2,3,4- Drill Team 4- Outing Club 1- French Club 4- Yearbook Rep. 3- "Of Thee I Sing" 3- "Wizard of Oz" 4- p. 44
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LUCIER, JEFFREY HORATIO- Luce, Dr. Mellow- 53 Forest Glenn Rd.- Football 1,2,3,4- Lacrosse 1,2,3,4- Key Club 1,2,3,4- Wrestling 1- Leaders 2,3,4- Class Council 2,3,4- National Honor Society 4- Intramural Basketball 2,3,4- p. 45
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MACKLER, DAVID PAUL- Dave- 40 Woodside Dr.- Radio Club 1,2,3- Office Aide 1- Young Republicans Club 4- Math Department Rep. 3- Model Road Racing Club 2- p. 68
MAGLATHLIN, LESLIE- Mags- 125 Ellington Rd.- Field Hockey 1,2,3,4- Captain 4- Tennis 1,2,3,4- Captain 3,4- Leaders Club 3,4- Class council 1,2,3,4- President 1- V.P 2- Keyettes 1,2,3,4- National Honor Society 3,4- Daisy-Weeds 4- p.58
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MALLARY, ELIZABETH- Beth- 108 Woodside Dr.- Field Hockey 1,2,3,4- Basketball 1,2- Keyettes 3,4- Class Council 1,2,4- Leaders Club 4- Daisy-Weeds 4- "Wizard of Oz" 4- p. 33
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MARUCA, JOSEPH- Joe- 180 Academy Dr.- Rifle Team 3,4- Captain 4- Supply Room Staff 2,3,4- Class Council 1,2,4- Young Republicans 4- President 4- p. 63
MASON, LORI ELLEN- Muffla- 895 Williams St.- Lacrosse 1,2,3- Leaders Club 3- Daisy-Weeds 4- Hockey Statistician 3,4- Class Council 1,2,3,4- "Wizard of Oz" 4- p. 68
MATTOCKS, MARY- Mad Mattocks- 130 Ellington St.
McCARTHY, KEVIN SLATTERY- Key Club 1,2,3,4- Ski Club 1- Leaders Club 2,3,4- Football 1,2,3- Baseball 1,2,3,4- Ski Team 2,3- Captain 4- Class Council 3,4- National Honor Society 3,4- p. 44
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McCRAY, CHERYL L.- Miss Girl- 121 Captain Rd.- Pops Concert 2,3,4- A.F.S. 1- Class Council 4- Office Aide 4- "Wizard of Oz" Choreographer 4- Daisy-Weeds 4- p. 59
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MEDALIE, JAMES- Jimmer- 118 Academy Dr.- Lacrosse 1- Swim Team 1,2,3,4- Capt. 4- Math Club 1,2,3,4- Latin Club 3- National Honor Society 4- Concert Band 1- Wind Ensemble 2,3,4- Math Team 4- Pep Band 1,2,3,4- p. 50
MICKELSON, FRANCIS- Fran- 97 Greenacre Ave.- Guidance Aide 1- Yearbook Rep. 3- Daisy-Weeds 4- "Wizard of Oz" 4- p. 43
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MORRIS, MICHAEL CLARK- 65 Viscount Rd.- Jet Jotter 2- Circulation Manager 3- News Editor 4- Sailing 1,2,3- Captain 4- Track 1- Class Council 4- Band 1,2,3,4- Young Republicans Club 4- p.28
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MURRAY, SUSAN ELIZABETH- Mu- 933 Maple Rd.- Field Hockey 2,3,4- Lacrosse 1,2- Leaders Club 3- p. 54
MURRAY, THOMAS- 97 Hazelwood Ave.- Class Council 2,4- Spanish Club 4
MYERS, CHRISTINE- Chris- 28 Bliss Rd.- Yearbook Rep. 3- p. 37
NEREAU, CYNTHIA CAROL- Cinnie- 206 Hazardville Rd.- Future Nurses Club 4- President- Daisy-Weeds 4- Office Aide 4- Bowling 4- Keyettes 2- Junior Achievement 1- p. 54
NEWTON, CHRISTIAN- Newt- 59 South Park Ave.- Gymnastics 3,4- p. 51
NICHOLSON, MARY CATHERINE- Mary Kate- 741 Laurel St.- A.F.S. 1,2,3,4- Secretary 2- V.P. 4- Keyettes 2,3- Orchestra 1,2,3,4- District Orchestra 2,3,4- "Music Man" 1- "Of Thee I Sing" 3- "Wizard of Oz" 4- p.55
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ODENTZ, SHERYL ANN- 50 Merriweather Dr.- "Music Man" 1- "Of Thee I Sing" 3- "Wizard of Oz" 4- Concert Chorus 1- Lyrics 2,3,4- Cantori 2,3- District Chorus 2,3,4- All State Chorus 2,3,4- All Eastern Chorus 4- Class Council 3- Keyettes 2- Masacksic 3,4- Underclassmen Editor 3- Editor in Chief 4- Honors Chorus 2- Daisy-Weeds 4- Drama 1,2,3,4- Pops Concert 2,3,4- p. 49
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OWENS, ANNE- 8952 Eastwood Rd.- Pittsburgh, Pa.- Basketball 2,3,4- Leaders Club 3- "Wizard of Oz" 4- Class Council 4- Daisy-Weeds 4- Basketball Tournament 3- A.B.C. 2,3,4- Keyettes 2- p. 69
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PALMER, KIMBERLEE ANN- Kim- 270 Brookwood Dr.- Gymnastics 1- Spanish Club 3,4- Drill Team 4- p.56
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PAQUETTE, VIRGINIA CLAIRE- 259 Kenmore Dr.- Guidance Aide 4- Daisy-Weeds 4-p.
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PAYNE, CYNTHIA- Cindy- 49 Woolworth St.- Band 1,2,3,4- Orchestra 3- French Club 2- National Honor Society 3,4- p.38
PEARSON, JENNIFER LYN- Niffer- 17 Farmington Ave.- Ski Club 2- Swim Team 1,2,3,4- Prom and Banquet Committee 3- p.40
PEARSON, SCOTT- 152 Bellevlaire Ave.- Football 1- Golf 1,2,3,4- Outing Club 1- Class Council 4-
PETERS, CLAIRE- Tiny- 84 Thompson St.- Springfield, Ma.- Girls Chorus- Metco 1,2,3,4
PEZZA, BARBARA ANN- Barbie- Figs- 441 Longmeadow St.- Field Hockey 1,2,3,4- Lacrosse 1,2,3- Keyettes 2,3,4- Board Member 4- Class Council 3,4- Leaders Club 3,4- Broadway 4- "Wizard of Oz" 4- Masacksic 4- Graduation Usher 3- Daisy-Weeds 4- Yearbook Rep. 3- p.35
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PLOWMAN, SUSANNE GRACE- Sue- 45 Avondale Rd.- Class Council 4- Daisy-Weeds 4- "Wizard of Oz" Costume designer-4- p. 69
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PSALTIS, ELLEN- 8 Brookwood Dr.- Latin Club 1,2- Spanish Club 3,4- Drill Team 4- "Music Man" 1- Chorus 1,2,3,4- p.60
QUIGLEY, MARY JOSEPHINE- M.J.-Quig- 302 Blueberry Hill Rd.- Field Hockey 1,2,3,4- Co-captain 4- Basketball 1,2,3,4- Co-captain 4- Softball 2,3,4- Tennis 1- Keyettes 2,3,4- Vice President 4- Leaders 3,4- Daisy-Weeds Captain 4- Class Council 3,4- "Wizard of Oz" 4- Head Club 3,4- V.P.- Yearbook Rep. 2,3- p.45
RADDING, NEAL JEFFREY- 568 Williams St.- Tennis 1,2- Drama 2,3- Photo Club 4- "One Flew Over The Cuckoos Nest" 4-p.69
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REILLY, ANN MARIE- Ann Marie- Amby- 47 Blueberry Hill Rd.- Soccer 3- Keyettes 2,3- Class Council 3,4- Daisy-Weeds 4- p.38
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ROBERTS, PAUL J.- P.R.- 135 Academy Dr.- Wind Ensemble 1,2,3,4- President and Student Director 4- District Band 2- District Orchestra 3- Chamber Music Concert 2,3,4- Lyrics 3,4- District Chorus 4- "Of Thee I Sing" 3- "Wizard of Oz" 4- Pep. Band 1,2,3,4- Director 4- Soccer 1- Lacrosse 1- Track 2- Swim Team 3,4- Cantori 4- Orchestra 2,3,4- All State Chorus 4- p. 69
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ROBERTSON, SCOT JAMES- 110 Farmington Ave.- Ski Club 1,2- Outing Club 2- Radio Club 1,2,3,4- Secretary 2- Track 1- p. 60
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ROME, ANDREW TODD- 109 Meadowlark Dr.- Junior Achievement 1,2,3,4- Treasurer 1,3- President 2,4- National Honor Society 4- "Music Man" 1- Lyrics 2,3,4- Mens Chorus 1- Guidance Aide 2- Pops Concert 2,3,4- District Chorus 3- Exchange Concert 2- p.47
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SCHUSTER, STEPHAN- 868 Frank Smith Rd.- A.F.S. p.67
SCHWARTZ, MICHAEL- Mike- 189 Englewood Rd.- Junior Achievement 1- Radio Club 2- Scuba Club 2- Mens Chorus 2- Young Democratic Club 4- p. 37
SCIUTTO, FRANKLIN MATHEW JR.- Paco- 39 Drury Lane- Rod and Gun Club 1,2- Golf Team 2- Daisy-Weeds Cheerleader 4- p.35
SEAMAN, SCOTT W.- Semo- 119 Nevins Ave.- Lacrosse 1,3,4- Soccer 1,2,3- Hockey 1,2- p.59
SECONDO, JOHN F.- Elexia- 119 Barrington Rd.- Gymnastics 2- p.49
SETTEMBRE, MARIA R.- Marie- 25 Shady Knoll Dr.- Softball 1- Office Aide 1- Guidance Aide 1,2- Library Aide 2- p.44
SHAPRAS, LINDA
SHEARER, LORI- p.66
SHEEHAN, KATHLEEN ANN- Kathie- 190 Nevins Ave.- Guidance Aide 1- Outlet 3,4- Drill Team 4- p.40
SHEFFIELD, EDMUND- Rifle Team 1,4- Outlet 2,3- A.F.S. 2- p. 65
SHINE, ELIZABETH ANN- Betty Lou- 256 Converse St.- Tennis 1,2,3,4- Class Council 2,3,4- Keyettes 2- National Honor Society 3,4- French Club 2- A.F.S. 2- Riding Club 2- Soccer 3- p. 51
SIBBACH, ARTHUR WILLIAM- Art- 106 Dunsany Dr.- Jesters 2,3,4- District Band 2,3,4- Lacrosse 1,2- Math Team 4- "Clown Prince of Wanderlust" 3- p. 47
SIMON, DIANA BETH- 23 Caravelle Dr.- Track 1,2,3,4- Keyettes 2,3- Class Council 3,4- Masacksic 4- Associate Editor 4- Daisy-Weeds 4- National Honor Society 3,4- "Wizard of Oz" 4- p. 43
SIMON, GEORGE- p.43
SISITSKY, JEFFREY- Zitti- 51 Berkely Dr.- Hockey 1,2,3,4- Baseball 1,2,3,4- Class Council 2- Leaders Club 3,4- Student Advisory Board 4- Jet Jotter Photographer 3- Sports Photo Editor 4- Thursday Morning Literary Club 4- p.53
SLANINKA, SYLVIA JEAN- Slink- 10310 Joan Ave., Cleveland, Ohio 44111- A.B.C. 2,3- Majorettes 3,4- Basketball 3,4- Softball 3,4- Ketettes 2- A.F.S. 2- District 3,4- All State 3,4- All Eastern 4- Class Council 4- Daisy-Weeds 4 "Wizard of Oz"4- p.50
SMITH, GREGORY-p.65
SNYDER, EDWARD RICHARD- Ted- 115 Kenmore Dr.- Soccer 1,2,3,4- Hockey 1,2,3,4- Lacrosse 1,2,3,4- Leaders Club 2,3,4- p.39
SOLOMON, DEBRA LYNN- Comic Relief- 114 Green Willow Dr.- Masacksic Copy Editor 4- Cheerleading 2,3,4- Class Council 1,2,3,4- V.P. 3- National Honor Society 3,4- Lacrosse 1,2,3- Daisy-Weeds 4- French Club 1,2- Keyettes 2,3- p.60
SOLOMON, RICHARD- 122 Redfern Dr.- Leaders 3- Baseball 1,2,3,4- Football Trainer 3,4- Soccer Trainer 4- Hockey Trainer 3,4- p.47
SOLVAL, EUGINA- Gina- 90 Wenonah Rd.- National Honor Society 3,4- Class Council 1- Chorus 1- Drama 1,3- Masacksic 4- Drill Team 3- Cheerleading 1- A.F.S. 2,3,4- Treasurer 4- Keyettes 2- Junior Achievement 2,3- Spanish Club 3-
SOPHINAS, JOHN- Feenee- 692 Shaker Rd.-p.42

ST. PIERRE, JEANNE MARIE- Sweet Jeanne- 51 Fenwood Rd.- Swim Team 1,2- Track 1- Ski Club 1,2,4- Class Council 4- p.65
STASZKO, JOHN- Staz- 178 Bliss Rd.- Football 1- Baseball 1,2,3,4- Leaders Club 2,3,4- Football Trainer 3- p.45
STEIN, MICHAEL- Phlato- 256 Captain Rd.- Math Team 2,3,4- Chess Club 4- Wrestling 1,2,3- Orchestra 1,2,3,4
STEPHAN, BETSY GILLIES-Bets- 29 Drury La.- A.F.S. 1- Class Rep. 2,3- President 4- Wind Ensemble 1,2,4- Secretary 3- Orchestra 3- Pep Band 1,2,3,4- District Band 3,4- "Music Man" 1- "Of Thee I Sing" 3- Chamber Music Concert 4- Outlet 4- Outing Club 3,4- Keyettes 2,3- "Wizard of Oz" 4- p.52
STEVENS, ROBERT- Bob- 69 Drury La.- Junior Achievement 1,2,3- p.58
STOCKHAMER, HARVEY- 90 Windsor Pl.- Gymnastics 1,2,3,4- Football 1- Guidance Aide 1,2- p.47
STOLER, BRUCE- Stoles- 114 Crescent Rd.- Football 1,4- Rifle Team 2- Baseball 3,4- Key Club 1- p.43
STREMPEL, SANDRA ANN- Big Time- 87 Converse St.- Swim Team 1,2,3,4- Co-captain 3- Captain 4- Basketball 1,2,3,4- Co-captain 4- Softball 1,2,3,4- Drill Team 3- Leaders Club 3- Jet Jotter 3,4- Student Advisory Board 3- Daisy-Weeds 4- Class Council 2,3,4- p.51
SULLIVAN, MICHAEL VINCENT - Sully- 144 Viscount Rd.- Football 1,2,3- Basketball 1,2- Lacrosse 1,2,3,4- Key Club 1,2- Class Director- 2nd V.P. 3- 2nd V.P. 4- Leaders Club 2,3,4- Class Council 2,3,4- p.61
SULLIVAN, ROBERT- Brew- 98 Longview Dr.- Ski Club 2,3,4- p.60
SULLIVAN, TERESA- Terry- 276 Farmington Rd.- National Honor Society 3,4- French Club 4- p.62
SWEITZER, PETER- Socko- 225 Blueberry Hill Rd.- Lacrosse 1,2,3,4- Football 1- Ski Team 1- Key Club 1,2,3,4- Treasurer 3,4- Outing Club 1,2- p.65
SWIRSKY, MICHAEL EDWIN- Swir- 145 Tanglewood Dr.- Debate Team 2,3,4- Class Council 1,2,3,4- Masacksic 3- Jet Jotter 4- "As Schools Match Wits" 3,4- Student Advisory Board 4- Math Club 2- National Honor Society 3,4- Thursday Morning Literary Club 4- p.39
TAUBER, MICHAEL GEORGE- Mike- 114 Englewood Rd.- Band 1- Outing Club 1,2- Ski Club 2- Bowling 2,3,4- p.65
TOBER, AMY-215 Hazardville Rd.- p.67
TORFF, MITCHELL GARY- Mitch- 901 Frank Smith Rd.- Concert Band 1,2,3- Wind Ensemble 4- Chess Club 1,2,3,4- Chess Team 1,2,3,4- Math Club 2,3,4- Class Council 4- Intramural Bowling 4- p.60
TOUGIAS, GEORGE- 33 Osceola La- National Honor Society 3,4- Latin Club 2,3- Chess Team 1,2,3,4- Chess Club 1,2,3,4- p. 66
TRACHTENBERG, HELAINE SHERI - 120 White Oak Dr.- Keyettes 2,3,4- Secretary 4- Jet Jotter 3,4- News Editor 4- Class Council 3- A.F.S. 1- Outlet 1- "Wizard of Oz" 4- p.49
TRIPP, MARK
ULAN, RICHARD JOHN- Ulee- 33 Ashford Rd.- Spanish Club 4- p.50
URSTADT, ANDREW
VAN LANDUYT, DIRK- p.51
VATRANO, GINA- 5 Cranwell Lane- Outlet 2,3- Keyettes 2,3- Ski Club 2,3,4- Soccer 3- Daisy-Weeds 4- "Wizard of Oz" 4- p.34
VENTI, JOSEPHINE MARIE- Joma 182 Farmington Rd.- A.F.S. 1- Track 2,3,4- Swim Team 2,3- Ski Team 2- Soccer 4- Keyettes 4- Daisy-Weeds 4- "Wizard of Oz" 4-p. 50
VILLENEUVE, MARK TERENCE- Ville- 205 Franklin Rd.- French Club 4- Class Council 4- "Wizard of Oz" 4- p. 44
VINCUNAS, LYNN CAROL- Vinnie- 246 Captain Rd.- Swim Team 1- Track 1,2- Pep Club 1,2- Dance Club 1,2- Service Club 1,2- Field Hockey 2,3,4- Softball 3- Keyettes 3- President 4- Class Council 1,2,3,4- Boys Hockey Team Manager 3,4- "Wizard of Oz" 4- p.34
WALDO, LAUREN ALICIA- 69 Emerson Rd.- Class Council 3,4- Keyettes 3,4- Daisy-Weeds 4- Homecoming 4- Library Aide 2- A.F.S. 2- Leaders Club 4- "Wizard of Oz" p.50
WARREN, MARK- 93 Wynward Rd.- "Of Thee I Sing" 3- p. 48
WASS, KAREN MELODY- Stinger- 39 Converse St.- Field Hockey 1,2,3,4- Track 1,2- Keyettes 3,4- Class Council 3,4- Leaders Club 3,4- President 4- Broadway 4- Daisy-Weeds 4- "Wizard of Oz" 4- p.52
WATSON, RICHARD- Wats- 37 Fernleaf Ave.- Track 4- p.32
WEBBER, LEE- p.56
WEINBERG, MITCHELL- Mitch- 216 Blueberry Hill Rd.- Soccer 1- Tennis 1,2- Key Club 2,3- p. 46
WEINBERG, RANDY BETH- 132 Meadowlark Dr.- p.48
WEISS, MARJORIE- Masacksic Faculty Editor 4- "Of Thee I Sing" 3- p.47
WESTON, JOHN- Gork- 47 Concord Rd.- Football 1,2,3- Lacrosse 1,2- Key Club 1,2,3,4- Outing Club 1,2- p.28
WHITNEY, JULIE ROGERS- 35 Metacomet Rd.- Leaders 3- Gymnastics 1,2,3,4- Class Council 1,2,3,4- Lacrosse 1,2,3- Swim Team 2- Masacksic 3,4- Senior Editor 4- National Honor Society 3,4- Graduation Usher 3- Daisy-Weeds 4- Head Club 3,4- p. 56
WIATROWSKI, LINDA ANN- Trowski, Touse- 37 Concord Rd.- Gymnastics 1,2,3,4, Captain 4- Swim Team 2,3,4- Lacrosse 2,3- Class Council 3,4- Secretary 4- Keyettes 2,3,4- Leaders Club 3,4- Masacksic 3,4- Activities Editor 4- Daisy-Weeds 4- Graduation Usher 3- p.61
WIATROWSKI, LYNN CAROL- Toosie- Gymnastics 1,2,3,4- Captain 4- Swim Team 2,3,4- Lacrosse 2,3- Class Council 3,4- Leaders Club 3,4- Keyettes 2,3,4- Masacksic 3,4- Senior Editor 4- Daisy-Weeds 4- National Honor Society 4- Graduation Usher 3- p.45
WIDLAN, SHARON EILEEN- 26 Homecrest St.- p.63
WILSON, ANDREW- p.43
WINER, BRUCE DAVID- 76 Meadowbrook Rd.- Soccer 1,2,3,4- Basketball 1- Key Club 1,2,4- p.61
WINGARD, KIM DIAL- 103 Meadowbrook Rd.- Ski Team 2- Daisy Weeds 4- p.46
WOLF, WALTER RAYMOND- Wally- 246 Merriweather Dr.- Latin Club 3- National Honor Society 4- Lacrosse 1,2- Swim Team 1,2,3,4- p.69
WOOD, SUZANNE-Woody- Morningside Dr.- Class Council 1,2,3,4- V.P. 1- President 2- Cheerleading 1,2,3,4- Captain 4- National Honor Society 3,4- Student Advisory Board 3- Regional Advisory Board 4- Leaders 3- Daisy Weeds 4- p.39
WRIGHT, DANIEL NELSON - 26 Woodlawn Pl.- p.43
YOUNG, BARBARA ANNE- 115 Dover Rd. - Soccer 4- p.54
YOUNG, BEVERLY ANNE- 115 Dover Rd.- Track 1,2- Class Council 4- p.43
ZANCHO, STEVE- Zank- 64 Sheffield Ave.- Soccer 1- Cross Country 2- Track 1,2,3,4- German Club 1,4- Band 1- Wind Ensemble 2,3,4- Orchestra 2,3,4- National Honor Society 4- p.38
ZELLER, STEVEN- Swim Team 2,3- Class President 4- p.66
ZIMMERMAN, ALAN- p.371

There are many obvious differences between freshmen and seniors. Size is one, maturity (sometimes) is another. As senior year flies by, however, another important difference becomes apparent. Seniors find themselves in an environment that is far removed from that of the underclassmen.

For freshmen, the passing time brings them more and more into the mainstream of high school life. They have more freedom, more opportunities, and more responsibilities than ever before. They are surrounded during the day by older people, and there are lots of new faces in the halls for them to meet before the year is out.

The environment of sophomores and juniors is in many ways similar to the freshman experience, but with less novelty and more high school savvy. Even the first half of senior year follows the pattern. Seniors have reached the top of the hierarchy, they have grown up a little bit, and they can really enjoy their position.

Then something happens, and it is hard to pinpoint exactly when. Maybe it is being accepted at college that does it, or turning eighteen, or just seeing how small the freshmen keep getting. Whatever the reason, seniors begin to feel detached from the high school environment. Most of them know all the members of their class, at least by sight, and they realize that they may never see some of them again. The person sitting next to one senior in English class could be in Chicago next year, while he could be in New York.

Plans for the future are no longer abstract; they are turning into reality. College-bound seniors prepare to leave Longmeadow behind; working students are ready to say good-bye to their school days forever. When such a change is so close, it is no wonder that the senior environment is so full of tension ("When will that letter ever get here!"), excitement ("He got in! I can't believe it!"), and even a little sentimentality ("I'm going to buy the last hot lunch, no matter what it is.").

It is amazing what can happen in four years.

Juniors

Junior year is one of opportunities and responsibilities. It is new and exciting to be an upperclassman, but juniors find that they have to work for the privileges they once believed were freely given. The class as a whole must prove that it is a positive reflection of the school. Juniors can involve themselves in any school activity or organization. Many go for the action of a varsity team, while others seek prestigious positions in clubs and on class council.

Academically, this is an important year, especially for college-bound students. Honors and advanced placement courses are offered for accelerated students who want to gain college credit. The PSAT becomes the first step in a long process of college testing. For juniors it is time to begin seriously considering themselves in relation to the future.

M. Abrahams
C. Adamz
K. Ames
C. Anderson
J. Antal
L. Aronson
J. Asthalter
A. Axler

S. Bailey
K. Ball
D. Barnard
T. Barrett
K. Barton
K. Bassett
D. Bearce
N. Beauchamp

H. Beckwith
D. Bedrosian
T. Bell
B. Bennett
J. Benoit
J. Beron
T. Biggins
R. Birch

E. Black
J. Black
B. Bliss
K. Bolger
A. Bonasoni

H. Boudreau
T. Boudreaux
S. Brennan
D. Brinnel
L. Brooks
P. Burger
S. Burnett

E. Burns
F. Burns
M. Bushey
T. Butts
S. Calarese
C. Campbell
R. Carey

J. Caron
P. Carroll
M. Caruso
K. Cerveny
C. Chabot
J. Chambers
M. Ciota
J. Clay
C. Clute
E. Cogan

T. Cohan
J. Cohen
L. Cohen
M. Cohen
J. Coleman
W. Collaro
S. Connell
S. Connor
D. Crepeau
P. Crosby

A. Cruz
D. Cruz
C. Cummings
E. Currier
A. Curtis
S. Dalitzky
J. Dannay
L. Davidson
M. Dawson
N. Dawson

L. DeMassini
D. Defelice
J. Delgreco
L. Denning
J. Ditmar
M. Ditomassi

H. Doherty
P. Dolan
L. Donner
J. Dooley
L. Draymore
R. Durocher

A. Dzwilewski
R. Edelman
S. Elliot
P. Ellsworth
M. Epstein
L. Evans

R. Fairweather
D. Fein
R. Fein
S. Fein
K. Ferrero
N. Finch
S. Finch
T. Fisk
S. Fitzpatrick
M. Fleming

H. Flint
J. Foley
K. Foley
C. Forney
M. Fortier
C. Friberg
L. Friberg
M. Fritz
J. Fuller
D. Gentes

M. Gibson
M. Giles
M. Gill
T. Glasgow

H. Goldberg
V. Gonzales
G. Goodman
K. Gracey

P. Grayboff
L. Greenberg
R. Greene
C. Greenspan

R. Griffin
L. Grippin
B. Gustafson
P. Guterman

M. Haase
S. Haramut
D. Harris
E. Harris
M. Haskins
M. Hastings
G. Havrilla
H. Heenan
W. Henshaw
J. Hickling

K. Higginbotham
S. Hochberg
M. Hoffman
M. Hoffman
K. Hollabaugh
G. Holman
R. Hough
T. Howard
B. Hubley
B. Hull

G. Hutchinson
G. Hyman
F. Iennaco
G. Jacobson
S. Jagadowski
A. Janik
C. Janovsky
A. Jarvis
G. Jaskot
C. Johnson

R. Jones
T. Kannavos
N. Katsounakis
R. Katz
C. Kazin
W. Kelley
L. Kenier
G. Kida
A. Killeen
D. Klein

J. Knight
D. Knights
J. Knisely
M. Kochanowski
T. Kossoy
T. Koundourakis
S. Koundourakis
S. Kraft
M. Kreiner
K. Kusiak

D. Laakso
S. LaFrance
W. LaPierre
K. Laushway
T. Lavengood
E. Law
J. Lawrence
L. Lawson
L. Leavitt
R. Leavitt

K. LeDuc
D. Lendry
R. Lenihan
B. Levelllee
D. Lloyd Rees
C. Lucier
K. Lund
J. Lundy
M. Lundy

B. Lyons
P. Mackler
P. Magnani
G. Malloy
T. Maloney
A. Marchese
P. Marcoullier
C. Markell
V. Markoulakis

L. Markson
D. Marr
J. Mattocks
F. McNally
F. McCullough
C. McGarry
N. McKenna
B. Meade
D. Meunier

M. Michalik
M. Mickelson
S. Millas
B. Miller
S. Milstein
C. Mooradd
T. Moser

M. Murphy
J. Myers
N. Nassar
M. Navazio
M. Neville
E. Nichols
J. Nichols

S. Nolet
K. Norton
R. Novitt
J. O'Connor
C. O Connell
P. O Neil
J. Paley

S. Panto
R. Paulides
M. Pearl
C. Perreault
D. Peskin
S. Petlock
F. Petrucci

L. Peznola
D. Phaneuf

E. Philbin
F. Prybylo

S. Rappaport
T. Redifer
P. Richardson

P. Riley
D. Rinaldi
B. Rivkin
B. Robinson
D. Robinson
C. Rooke
B. Rosenbloom

M. Rosol
R. Rossiter
M. Rubin
J. Rubinstein
D. Ryan
N. Saba
E. Sabin

M. Sacenti
G. Saivas
R. Sandow
P. Schnitzer

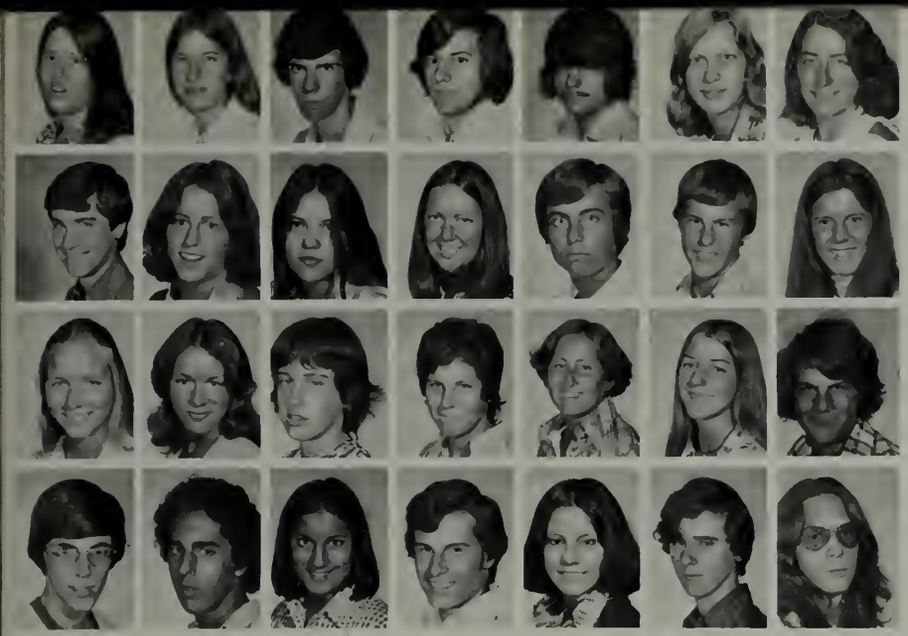
S. Schube
A. Schwartz
A. Seaman
L. Semel

L. Shearer
R. Sheehan
W. Sheehan
J. Sherman

R. Sherman
I. Shuttleworth
E. Silverman
S. Simmons

J. Skelton
L. Skole
M. Slade
J. Slater
S. Slavkin
C. Smith
D. Smith

M. Smith
P. Smith
S. Smith
R. Snyder
L. Soloman
M. Springett
N. Springett



J. Stearns
T. Stevens
A. Sturgis
W. Sullivan

V. Sutton
J. Swan
C. Tanguay
R. Tariff

M. Tate
J. Taylor
D. Teich
L. Teree

W. Thomas
K. Thompson
L. Tober
J. Tomko

B. Torpey
J. Tougas
F. Tractenberg
C. Tranghese
J. Trevens
J. Trzcinski
D. Van Landuyt
G. Vatrano
M. Vecchiarelli
P. Vedder

A. Veitenheimer
K. Vincunas
S. Walker
W. Walsh
S. Wardlaw
D. Warren
R. Wass
A. Weinberg
F. Welch

H. Wernick
M. White
D. Whitney
T. Wilkinson
J. Williams
K. Wilochka
S. Winniman
W. Wolf
S. Wood
B. Woods

P. Woods
M. Worth
C. Wrona
T. Young
E. Zacarian
J. Zucker

Sophomores

Many sophomores found themselves in questionable positions: they were past the freshman stage, but were not yet upperclassmen. They began taking part in school activities and were more aware of the functions of different clubs. The interests within the class varied, and sophomores were found anywhere from Key Club and Keyettes to French Club and Ski Club. Many participated in sports on both J.V. and Varsity levels.

The class of '79 was strongly unified and had a great deal of school spirit. This was evident throughout the year at such events as the Pep Rally, Homecoming and other school activities. The sophomores were an enthusiastic group, and they look forward to their junior year.

D. Abdow
C. Aivalis
J. Aliyn
E. Alston
S. Anderson

H. Andrews
A. Arenius
C. Atamian
C. Axier
H. Bach

L. Bachand
C. Bachlochi
S. Bachlochi
T. Bajek
M. Barez

J. Barnard
K. Barrett
W. Barz
P. Bearce
M. Benander
C. Benoit
A. Benzell
T. Berinstein
D. Bergman
J. Berry

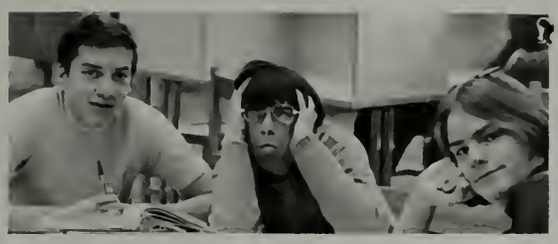
L. Bertelli
L. Bevleary
D. Black
J. Bliss
L. Boccino
M. Bonglavanni
J. Bonneil
D. Boudreaux
D. Boyd
N. Bradford

R. Brand
G. Bretton
D. Bridge
S. Bridges
M. Broadbent
D. Brush
E. Buddington
J. Buckley
K. Burgiss
H. Burns

T. Burke
K. Carenzo
P. Cardwell
G. Cambi
L. Camargo
J. Caccoupoute
K. Carey
D. Caron
D. Caron
C. Carroll

S. Carroll
J. Chase
J. Chase
M. Chase
J. Chilson
P. Clark
P. Climo
P. Cline
J. Cogan
H. Cogswell

D. Cohen
R. Cohen
B. Collins
C. Condon
J. Connelly
C. Connor
D. Connors
J. Corcoran
C. Coughlan
D. Cowles



A. Cox
S. Cress
M. Crohan
D. Cross
B. Cunninham
M. Curtis
M. D'Angelo
S. Daley
K. Daly
D. Damon

P. Danalis
R. Daskalakis
H. Davidson
T. Davis
D. Del Vecchio
J. Demarche
J. Denning
N. Dibiaso
M. Diefenderfer
J. Dineen

M. Dipippo
L. Doherty
M. Donoghue
M. Dowd
B. Drake
L. Eagan
S. Ebeling
A. Ecchio
D. Elliot
T. Elsner

D. Emma
J. Englehart
D. Evans
M. Ezzo
D. Facey
J. Farnsworth
W. Feen
N. Felier
D. Felnberg
M. Felnstein

A. Ferazzi
D. Ferrara
G. Figgie
P. Fimognari
K. Fitzgerald
J. Flatow
T. Fodiman

M. Foley
D. Forney
C. Fortier
L. Fountain

A. Fraser
M. Fricchione
M. Gebron
A. Genden

D. Glaser
H. Godbout
P. Golaski
M. Gold

D. Goldberg
J. Goldsmith
J. Goldstein
G. Goodman

A. Gotlib
T. Gould
J. Gracey
R. Grant
M. Griffin
S. Grinspoon
M. Grippo
T. Guilbault
L. Guild
W. Gunn

E. Haagsma
P. Hamer
L. Hanifin
J. Harland
E. Harney
C. Harrington
G. Harris
S. Harris
D. Hastings
R. Hayes

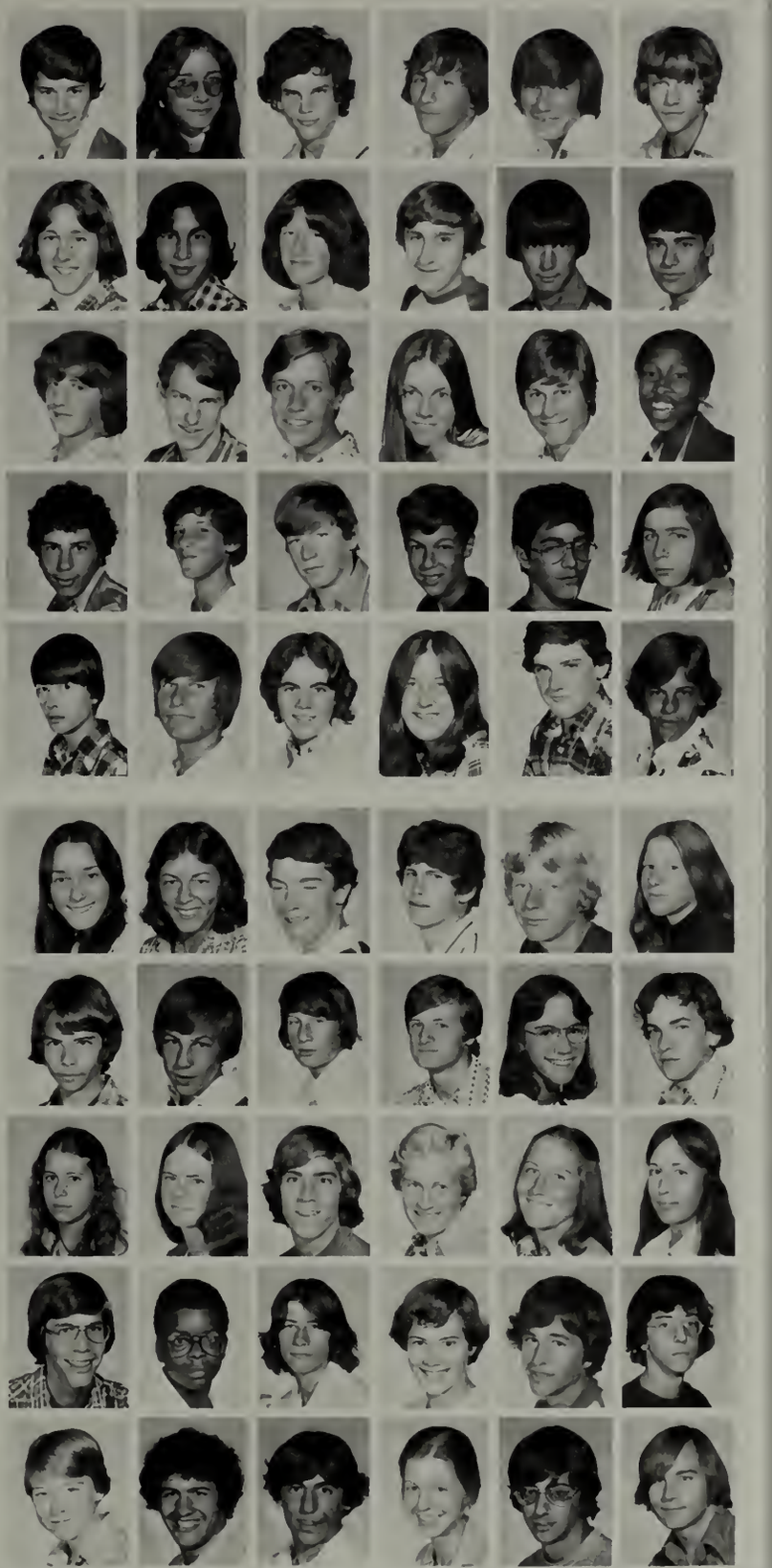
J. Henrikson
S. Hermann
N. Hesen
L. Hickling
B. Hirsh
L. Hoff
M. Holloman
D. Holmes
J. Holsing
K. Hoovis

S. Hower
J. Howland
C. Hoyt
A. Hunt
M. Hurwitz
T. Hutchins

K. Ilgovsky
M. Jagadowski
L. Jensen
E. Johnson
M. Johnson
J. Josephson

M. Joyal
E. Kagan
S. Kajdan
E. Kane
J. Kane
H. Katz

K. Kavanagh
J. Keddy
J. Kerri
D. Kelly
J. Kennedy
S. Kenney



P. Killeen
C. Knapp
D. Kozlowski
A. Kramer
P. Kruczynski
P. Kumiega
K. Kusiask
A. Lamontagne
B. LaPierre
D. Large
M. Lasorsa
R. Leary
P. Leavitt
D. Lefebvre
L. Lefebvre
L. Lemoine
R. LePow
G. Levitt

H. Liebman
M. Lincoln
T. Little
P. Loizzo
J. Loos
H. Ludwig
M. Lussier
A. Mackey
G. Mader
D. Magnan
M. Mailman
J. Mandell
J. Mannix
S. Margolis
S. Marr
G. Massa
P. Mathisen
S. McCarthy
L. McCauley
M. McCauley
P. McCauley
E. McCullough
C. McKeon
J. McMahon
M. McManus
P. McNair
R. Mcnally
D. Meck
P. Mentor
R. Merello
L. Midura
J. Mihalu
C. Milroy
J. Minardi
P. Mooney
J. Moriarty
M. Morris
K. Muller
P. Murray
S. Nestal
B. Nichols
L. North
J. Nevello
J. Nutter
D. O'Connell
J. O'Connell
L. O'Connell
C. O'Connor
B. Okun
S. O'Toole
W. Ottani
W. Pappas
D. Paskins
M. Paul
B. Paulides
S. Pearson
A. Peck
A. Peet
J. Pelletier
J. Pelmas

G. Petrucci
J. Philbin
E. Pilelsky
G. Pincus
S. Pistrich
D. Plotkin
G. Plowman

D. Poppo
R. Pozzuto
T. Pratt
J. Press
M. Prybio
J. Queen
J. Quinto

V. Radke
N. Radner
H. Raker
J. Ranahan
D. Rapalus
K. Rappaport
M. Ravosa
A. Reese
C. Reed
M. Reed

R. Retchin
H. Ricco
R. Richfield
S. Riggs
N. Riker
F. Riley
J. Riss
K. Robbins
G. Robertson
A. Roma

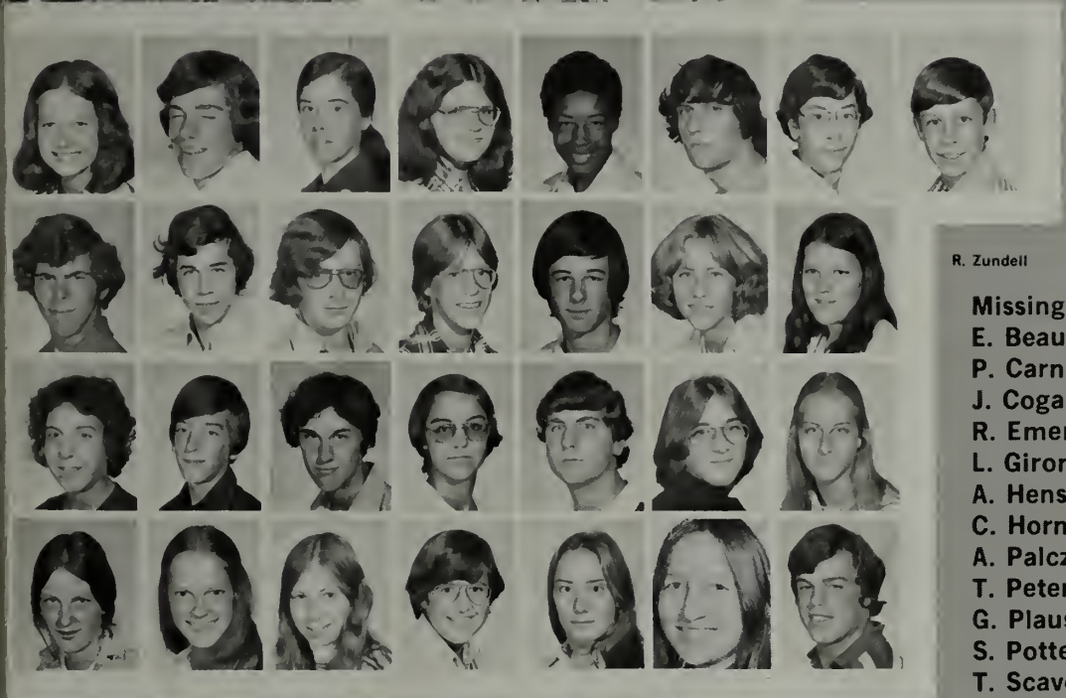
D. Romell
J. Romer
L. Roses
M. Rosal
K. Rossiter
H. Rowe
J. Roy
C. Rubin
P. Rubin
S. Rutherford

J. Ryan
J. Sands
P. Santos
E. Sattler
E. Savage
A. Savich
R. Scanlon
D. Schaaf
E. Schermerhorn
J. Schiaffino

D. Schmitt
D. Schnitzer
C. Schube
L. Schupack
L. Schwartz
A. Sears
S. Sears
T. Settles
P. Shear
C. Sheffield

K. Shine
P. Shrair
E. Shultz
S. Siff
A. Simon
R. Simon
R. Simon

C. Sivek
B. Skelly
B. Skolnick
F. Skopp
J. Slowey
B. Smith
S. Smith



R. Zundell

Missing People:
E. Beauchamp
P. Carnahan
J. Cogan
R. Emery
L. Gironda
A. Henshaw
C. Horne
A. Palczynski
T. Peters
G. Plaus
S. Potter
T. Scavone
N. Schicker
L. Simon
E. Thomas
E. Wilson

C. Warehan
S. Warshaw
J. Wass
R. Wiener
S. Wilochka
S. Winer
S. Winniman

M. Wojcik
J. Woods
S. Woods
D. Yesu

T. Smith
R. Snyder
B. Sokal
S. Squire
C. Standard
C. Stelzer
M. Stenstrom

P. Stewart
J. Stollstorff
M. Stover
A. Sullivan
J. Sullivan
K. Sullivan
M. Sullivan

K. Tate
D. Tauber
B. Taylor
B. Tedeschi
J. Thomas
L. Thompson
B. Till

K. Surniak
M. Sweitzer
T. Sweitzer
C. Vanwagner
F. Vanziji
G. Vedder
K. Ventl
J. Villeneuve
R. Volk
S. Waldo

M. Tocci
M. Tortorici
S. Tripp
J. Webb
J. Webber
T. Welsend
L. Wellman
M. Wernick
J. Wheeler
N. White

Freshmen

The freshmen stepped into school with the typical fears and anxieties that all classes experience when they first enter Longmeadow High. Being "a little frosh" and "the bottom of everything" were feelings that soon disappeared as students began to participate in class and school functions. President Scott Zucker felt that the class was working together, and by the end of the year new friendships developed, and voluntary class council had successful turnouts.

As one frosh stated, "Being a freshman on the first day of school is something I never want to do again — ever!"

E. Abdow
G. Abusamra
M. Allen
C. Anders
D. Angerami
S. Anzalotti
D. Appleman
D. Appleman
D. Aronson
M. Asseo
M. Athas
R. Atkinson
D. Axler
S. Bader
R. Bailey
T. Bailey
S. Bajek
W. Baldwin
M. Barballas
R. Barnshaw
C. Barry
P. Bascom
G. Bassell
E. Bassett
A. Bazos
A.M. Beaton
M. Beauchamp
B. Becker
S. Bernardo
K. Berte
S. Betsher
E. Bettigole
C. Bisikirski
D. Bliesener
S. Bonasoni
G. Boudreaux
J. Breglanes
L. Briggs
E. Broad
N. Bronner
F. Brown
T. Buddington

J. Davis
C. Dawson
R. Defelice
J. Deliso
C. Dennis
D. Desmarais
R. Diamond
J. Dilion
L. Dinola
J. Dipiacido

S. Buffum
S. Burnett
L. Butterfield
B. Cacciapouti
E. Cain
P. Cain
J. Cameron
R. Camerato
B. Cantor
A. Caputo
M. Cardwell
R. Carl
R. Carlson
S. Carlson
B. Caron
L. Cartwright
C. Caruso
A. Castagna
A. Chabot
J. Chambers
L. Chilson
M. Chiz
K. Cogswell
S. Cohen
L. Cohn
S. Coleman
R. Colantoni
C. Concotilli
J. Condon
C. Connell
S. Connor
M. Contos
T. Craven
P. Creed
B. Creelman
K. Croteau
D. Cruz
W. Cunningham
D. Curtis
D. Curto
T. Daly
S. Damon
M. Danalis
D. D'Angelo
C. Davidson

D. Ditomassi
B. Dodge
B. Doherty
J. Dooley
J. Dooley
J. Dropkin

A. Ducios
T. Dunlevy
D. Dzwllewski
M. Ecchio
C. Edmonds
E. Ehrenberg

L. Elliott
T. Ely
N. Fauteux
L. Feller
L. Feinberg
R. Ferrara

G. Ferrazzi
T. Finch
J. Fisher
M. Fisher
D. Fisk
J. Fitzgerald

T. Fleming
J. Fletcher
D. Fountain
J. Franson
G. Frost
S. Gellerman
S. Getzov
P. Gill
R. Glasgow
C. Goerke

S. Goldaper
A. Goldberg
H. Goldsmith
D. Gomez
A. Grant
J. Greenbaum
A. Greenspan
L. Griffin
L. Grippen
K. Gruskin

L. Guild
B. Halliday
W. Hammett
V. Haramut
P. Harris
D. Hartigan
T. Hatch
G. Havens
J. Heye
A. Hochberg

M. Holmes
S. Holsing
D. Hoovis
J. Hurley
P. Iennaco
L. Jacobson
T. Jensen
J. Jones
L. Jones
B. Jones

P. Orenstein
K. Padwater
K. Paige
M. Paige

J. Joyce
K. Kuthe
M. Kannavos
B. Kantor
J. Karpovich
C. Kassanos
L. Kastounakis

K. Kavanagh
M. Keeney
S. Kelley
T. Kelly
A. Kenler
N. Kerlinsky
V. Kimble

K. King
D. Kirk
J. Klenk
A. Knights
J. Krach
S. Krasner
K. Kuslak
S. Kuzon
M. Lachman
L. LaFrance
M. Lamarre

A. Lamontagne
G. Lamoureaux
J. Landon
S. Law
E. Lawson
J. Lawson
T. Leary
J. Leavitt
S. Leavitt
M. Lebl
K. LeDuc

B. Lendry
C. Lenihan
J. Leopold
S. Leopold
P. Levine
A. Lieber
L. Liesperance
K. Lloyd Rees
P. Loizzo
J. Loughman
D. Maney

L. Maruca
M. McClure
D. McGuinness
J. McNamara
R. McTaggart
J. Mech
L. Meltzer
F. Meunier
J. Meyer
J. Meyers
S. Millar

J. Miller
P. Miller
D. Milstein
G. Moomjian
R. Mouchantat
H. Murphy
B. Murray
G. Musen

N. Myers
J. Nash
K. Nassar
B. Natale
P. Navazio
K. Nereau
L. Novello
G. Oliveri

D. Paley
C. Paquette
M. Passineau

J. Paul
K. Pepin
R. Petlock

C. Petrucci
L. Phaneuf
A. Philbin
M. Picard
M. Plotkin
E. Plowman
J. Podgurski

J. Pollack
M. Polman
L. Poppo
D. Pratt
K. Preston
N. Psaltis
S. Ransom
M. Reaves
S. Reed
J.M. Reilly

M. Rich
K. Riley
S. Riley
M. Ringey
L. Roberts
R. Roberts
L. Rodalakis
L. Roden
M. Rosenberg
L. Rosenthal

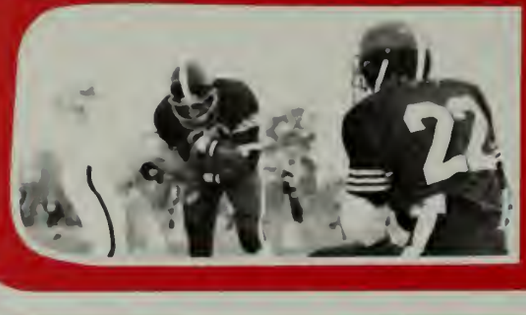
J. Roth
W. Rowe
B. Rubin
L. Rucks
S. Rushbrook
M. Saba
M. Sacenti
J. Sanders
A. Sands
R. Sauve

K. Scagliarini
K. Schlaffino
L. Schiffman
P. Schoenberg
D. Schupack
C. Schwartz
S. Schwartz
W. Scibelli
R. Seabury
M. Sears

S. Seay
A. Secondo
M. Segali
N. Settembre
E. Shammash
D. Shapiro
M. Shea
L. Shear
A. Sheehan
T. Sheehan

Missing People;
D. Cohen
M. Crosby
K. Donahue
J. Ferrero
S. Harney
S. Havens
S. Hotaling
V. Kennedy
R. Landers
B. Levesque
S. Malone
M. Masser
F. Pugliano
M. Russell
B. Sacerdote

D. Sherman
D. Sherman
W. Sherman
E. Shuttleworth
E. Siegel
K. Simmons
J. Simpson
J. Smith
B. Snyder
D. Soloman
M. Soloman
N. Sophinos
A. Soto
J. Staples
L. Stebbins
J. Stein
J. Stephan
T. Sterritt
E. Stewart
T. Stuekel
R. Tarallo
T. Tenero
H. Thorburn
D. Tooker
B. Tougas
R. Touglas
D. Trachtenberg
G. Tranghese
M. Tranter
M. Tripp
J. Trzcinski
M. Tyminski
J. Ulan
E. Urstadt
P. Vatrano
P. Venti
K. Waldron
K. Waldron
J. Walsh
D. Webler
S. Weinberg
D. Weiss
B. Welch
K. Wellman
M. Wernich
T. Weston
E. Wheeler
D. White
M. Wilks
L. Williams
P. Williams
L.A. Wilson
C. Wojcik
S. Wojcik
R. Wood
R. Woods
J. Wright
J. Wrona
K. Yaffe
R. Zeller
K. Zerbato
T. Zimmerman
C. Zinnack
S. Zucker



ATHL

ETICS

It is the Friday before the game. Cheerleaders, drill team, majorettes, band members, and, of course, the football players come to school in full or partial uniform. Last block, a parade comes roaring through the halls, waving pom poms and playing the famous Lancers theme.

This is one example of how athletics work their way into the high school environment. Sports and school spirit have always gone together, and the exhilaration of a game atmosphere is open for anyone at school to partake in.

For those who are actively involved in school sports, the athletic environment takes on an even deeper meaning. Practices are every day after school for about two hours, when the team members work hard to prepare for interscholastic competition, and to qualify for Western Mass. and State meets. The boys or girls strive to form an undefeatable unit, and when each contest is finished, and the tension is gone, there is nothing that compares with the thrill of victory, or the agony of defeat.

Physical Ed.

1. D. Williams **2.** J. Gregory **3.** M. Mickelson **4.** N. Darsch **5.** R. D'Agastino **6.** N. Harris **7.** L. Segur **8.** M. Deary

How important is Gym to the school environment? According to Coach Robert D'Agastino, "Gym is an important part of the educative system in regard to the spirit, mind, and body. This is the Greek philisophical attitude toward the total education of man. People function more efficiently when the body is in good condition. This applies to the students of Longmeadow High School and all students in general. Athletics and sports are one asset to the school and should be thought of accordingly."

Coach Dag also feels that "those who question the value of competition do not realize that sports play the same role for students that advanced placement courses do. They are both for those who excel and are looking for a higher degree of difficulty in their courses."

John Krygowski

Lancers Fight With Pride And Determination

Pep talks, skull sessions, bread and butter plays, razzle dazzle, chalk talks, and the fribble club—what do all of these add up to? Simple: Coach Deary's game plans and stratagy for the 1976 football season. The Lancers combined offense and defense units for an outstanding year and a reputable record.

Longmeadow began the season with victories over Pittsfield, Classical, and Minnechaug while they were upset by South Hadley and Northampton. Many players considered Deary's non-defeatist attitude to be the key to the team's successes. The coaching staff was excellent and determined to

1 James Blakeman bullets to Bill McClure. **2.** All for one ... and one for All. **3.** "Oops, sorry Bob!" **4** Gregg Allison shows us the ABC's of ball carrying. **5.** Block him, stop him, don't let him through! **6.** "Miller, get your head up!" **7.** Joel Castleman reverts to Cro-magnon blocking styles. **8.** They'll never get the ball from McClure.

6

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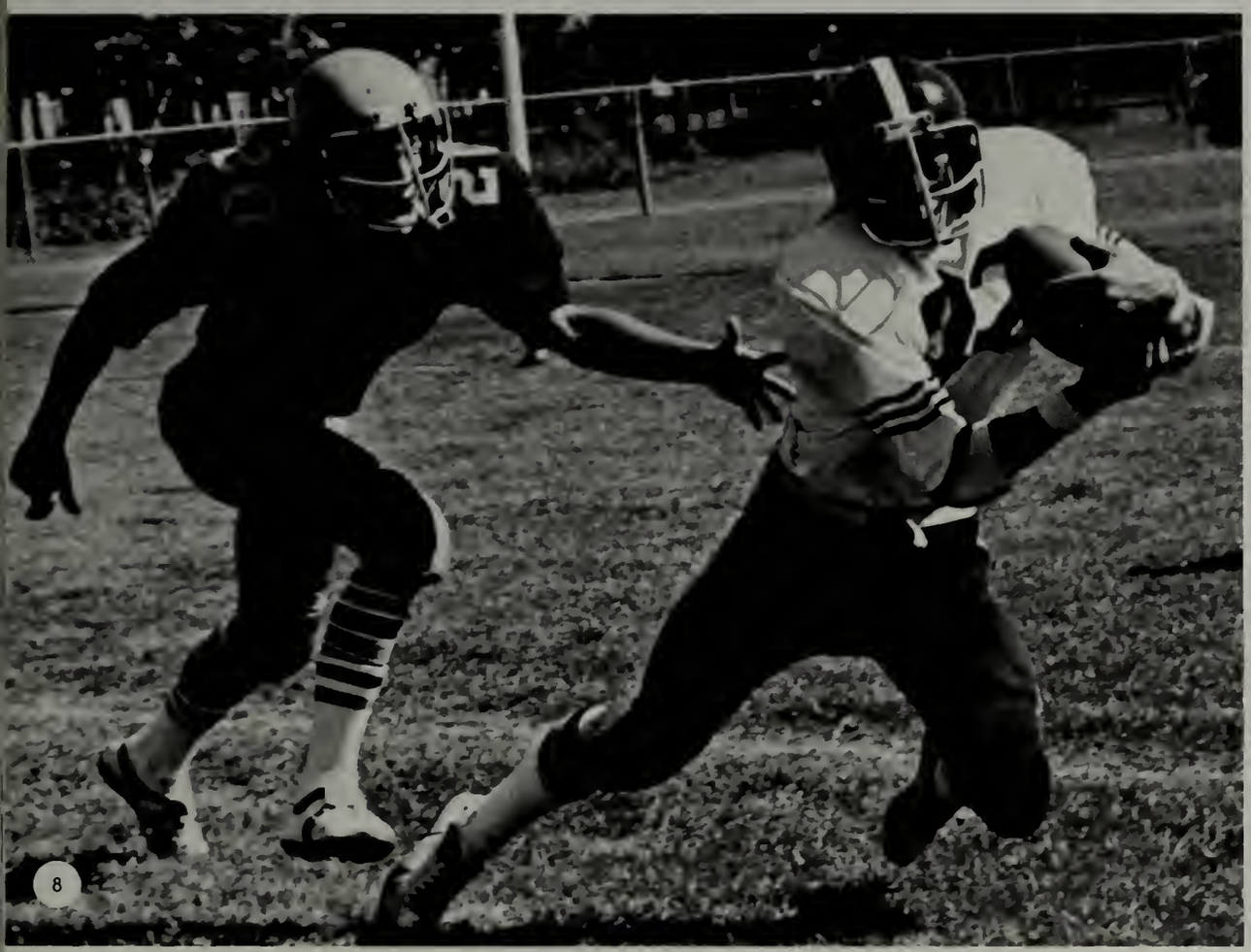
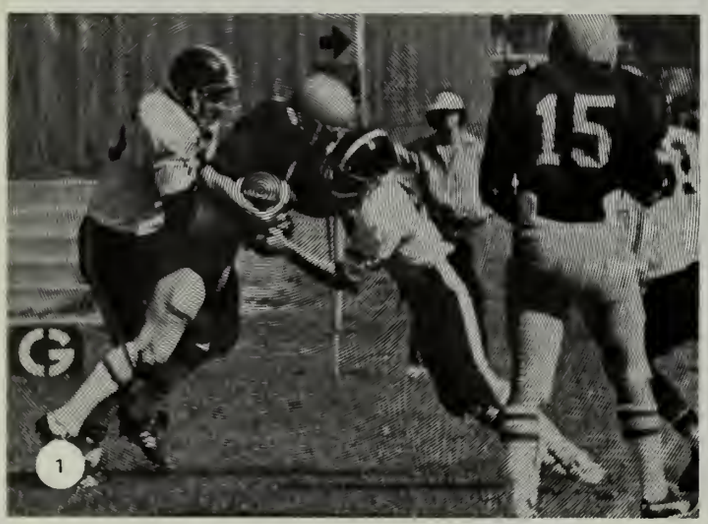


8

produce a number one ball club.

James Blakeman steadily improved as this year's quarterback. He was quick to call plays in pressing situations, and he had a good arm for accurate passes. Joel Castleman, Bill McClure, and Bob Jones were capable runners and were responsible for a great deal of the team's scoring. Other outstanding offensive players included tight end Rob Carey, center Bob Miller, split end Greg Allison, guard Matt Hoffman, and tackles Keith Lemnios and Craig Kasen. The defense this season was a forceful line dominated by linebackers Alex Mandell and Ned McNally, safety Steve Wood, halfback John Tomko, centerback John Knisely, and ends Steve King, Nick Kasonatkis, and Dave Boyd.

The injuries of Dave Clark, Jeff Lucier, and Matt Hoffman caused severe losses to the team. A lack of spirit from the players during some of the games was also detrimental. As running back Bill McClure stated, "If we had been



more psyched, we could have beaten any team in the league."

The Lancers were a "Second half" football team: most of the action took place late in their games. Although the offensive line was small in size and a bit inexperienced, they managed to put many points on the scoreboard, as in the Amherst game. A lot of talent developed over the season, along with the players pride in their team and in the school. Next year promises to be a superior season. It is very possible that Longmeadow will be undefeatable, emerging as a true power in the league.

1. CRUNCH! **2.** "But . . . I **was** aiming for Jonesy." **3.** Allison thanks God for facemasks on his way to the end zone at E.L.

Longmeadow		Opponent
21	Pittsfield	14
6	N. Hampton	30
0	S. Hadley	36
21	Classical	6
13	Ludlow	12
23	Minnechaug	21
6	Hol. Catholic	18
36	Amherst	0
12	W. Spgfld.	15
6	E. Long.	40
Won: 5	Lost: 5	Tied: 0

J.V. - Varsity

R1: Stoler, Lemnois, Allison, Katsounakis, McClure, Clark, Figgie, Alston, Jones, Lucier **R2:** VanLandit, Blakeman, Weston, McNally, King, Mandell, Castleman, Knisely, Miller **R3:** Sherman, Smith, Lucier, Hoffman, Wood, Carey, Tompko, Yesu, manager-Hooper, **R4:** Axler, Caron, Mech, Lyons, Loizzo, Nutter, DeMarche, Ingalls **R5:** Leavitt, Kumiega, Merullo, Brant, Boyd, Leary, Nichols, Shrair **R6:** Climo, Maloney, Hochberg, Simons, Tick, Leavitt, Henirxson, **R7:** McCauley, Burke, Golaski, Webb, Sacenti, Ruethaferd, **R8:** Coach Deary, Coach Harris, Coach Williams, Coach Parker

Freshmen

R1: Fletcher, Ransom, Zinnack, Wood, Boudreau, Harney, Dodge, Tenero, Hotchberg, **R2:** Wrona, Dennis, Loizzo, Mouchantnt, White, Buffum, Axler, McClure, **R4:** Dillon, Leufoque, Daley, Kelly, Atkinson, Rowe, Appleman, Deleski, **R5:** Coach Ramano, Bassel, Caron, Coach Kane.

Stick With It

This year's field hockey team was the greatest in the history of Longmeadow High School. The girls combined as a unified and powerful squad, with outstanding players on both offense and defense. Scoring was slow at first, but as the season progressed there was no stopping the Lancerettes. There was a tough struggle for the league title, but the girls' strength and determination brought them to victory. The team's spirit was a high point, especially in games against Minnechaug and throughout both of the tournament games.

The eight seniors on the team were led by co-captains Leslie Maglathlin and Mary Jo Quigley. The offense continually executed fine plays. Skill in passing and shooting was matched by strong running, making for a hard-driving unit. The defense was remarkable, and the players all mastered their positions. When the action was tense, goalie Kim LeDuc was ready to provide good judgment, swiftness, and agility around the cage.

Coach Nancy Darsch passed her fourth season with the team and built a strong friendship with her players. She had confidence in their abilities and expected only the best from them.

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Next year's team is sure to feel the loss of the eight graduating seniors, but many of the gaps will be filled by players from this year's talented J.V. team. There were outstanding performances by captain Fay Trachtenberg, Kerry LeDuc, Gina Ferazzi and Bonnie Rubin. These girls, along with the rest of the squad, should carry on the success of the 1976 team.

1. Halftime means oranges! **2.** Coach Darsh instructs her players. **3.** Who will get the ball? **4.** Sue Murray defends while others look on. **5.** Co-captain Les Maglathlin goes one on one against an E. L. opponent. **6.** Victory smiles! **7. ROW 1:** Coach Nancy Darsch, K. LeDuc, S. Burnett, B. Mallary, L. Fleming, Co-captain M.J. Quigley, T. Kossoy, D. Harris, L. Vincunas, J. Ryan. **ROW 2:** C. Johnson, C.A. Campbell, K. Wass, L. Maglathlin, B. Pezza, P. Grayboff, G. Hutchinson. **8.** Co-captain M. J. Quigley rushes the opposing goalie. **9.** Last one to the ball is a rotton egg! **10. ROW 1:** Capt. F. Trachtenberg. **ROW 2:** L. Shupack, P. Williams, C. Cummings, G. Ferazzi, K. LeDuc, E. Beauchamp, R. Jones, P.J. Venti. **ROW 3:** L. Thompson, L. Elliot, L. Doherty, V. Radke, M. Prybylo, M. McManus, C. Atamian, P. Creed, Coach McInnis.

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7

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9

10

Longmeadow		Opponent
0	W. Springfield	0
0	Holyoke	1
1	Westfield	1
3	E. L.	1
8	Ludlow	0
2	Minnechaug	2
3	Southwick	0
6	Agawam	0
7	S. Hadley	0
1	E. L.	1
6	Ludlow	0
1	Minnechaug	0
6	Holyoke	1
0	Southwick	2
1	Agawam	0
5	S. Hadley	0
2	Mt. Everett	0
0	Smith	5

Season's Record: 10-2-4
League Champions

Lancers Boot Spectacular Season

1. Senior Tri-captains Ted Snyder, Bart Dunlevy, and Craig Cloud. **2.** Kellogg keeps control of the field. **3.** "Gordy" juggles the ball. **4.** Lancers have balls! **5.** Modes of thought during half-time.

With several strong players returning from last year, the soccer team had high hopes for a successful season. There were a great many talented individuals, but problems arose in utilizing this talent to form a combined unit. The Lancers had a winning season, with a final record of 8-6-2, and some outstanding games with Westfield and Putnam. Competition was especially stiff against Chicopee, Ludlow, and West Side. The team gave its best efforts as the underdog, when the boys had to play hard to prove their capabilities. But during the easier games, they did not give everything they had. Hustle and determination were lacking at these times, and the players were somewhat inconsistent. The team could play well when they set their minds to it, but when spirit was low, the output was seriously affected.

Longmeadow		Opponent
1	Classical	0(ff,)
2	Greenfield	0
1	Cathedral	1
10	Agawam	2
1	W. Spfld.	4
10	S. Hadley	1
2	Chicopee Comp.	3
3	Westfield	2
1	Chicopee	3
4	Commerce	0
0	Ludlow	2
0	Holyoke	1
2	Putnam	1
2	Northampton	3
2	Tech	1
1	E. Longmeadow	1
1	Minnechaug	3

Won:8 Lost:7 Tied:2

Tri-captains Craig Cloud, Bart Dunlevy, and Ted Snyder helped in getting the group prepared to meet the opposition. Coach Morrissette felt that these boys were a tremendous boost to the team's morale.

Longmeadow was also fortunate in having the finest coaching staff in Western Mass. Defensive Coach Steve Kaplin and Offensive and Goalie Coach Charlie Johnson aided Mr. Morrissette in finding the strong and weak points of the team, and in correcting any problems with the lines.

Bob Kellogg and Rob Paulides, the high scorers of the season, did an excellent job in the offensive line. Seniors Tim Dwight, Phil Cushman, Steve O'Conner, and Ron Gordenstein, and underclassmen Andy Janik, Peter Guterman, Mike Hurwitz, and Bob Snyder were the strength of this year's offense and defense.

ROW 1: L TO R: J. Burnett, A. Adams, E. Rahn, R. Paulides, B. Dunlevy, T. Snyder, C. Cloud, B. Meade, J. Nicholes, C. Heye, B. Snyder. **ROW 2:** Coach Johnson, S. O'Connor, B. Winer, D. Clark, J. Paley, P. Guterman, K. Vincunas, R. Gordenstein, M. Hurwitz, A. Karpf, G. Vitrano, D. Damon, M. Springett, A. Janik, P. Cushman, T. Dwight, Coach Morrissette.

1. Bruce Winer wins race to the elusive ball. **2.** Tim Dwight sends the ball goalward. **3.** A look of concern from Coach Morrissette. **4.** Varsity Team.

1. Junior Varsity Team: **ROW 1:** J. Wass, T. Biggins, M. Stover, B. Smith, S. Harris, C. Harrington; Captains: R. Lenahan, G. Goodman, S. Margolis, B. Sheehan, A. Lamontaigne. **ROW 2:** H. Burns, M. Ravosa, J. O'Connor, G. Mader, P. Mentor, L. Eagan, M. Gold, D. Marr, P. Burger, S. Marr, B. Paulides, B. Woods, J. Moriarty, L. Guild, Coach R. LeBlanc.

2. Phil Cushman shows style and form. **3.** Paulides fights for the face-off. **4.** "Okie" puts the moves on. **5.** Another save by Goalie Cloud.

6. Freshman Team: **ROW 1:** D. Sherman, J. Hurley, D. Tractenberg, J. Deliso, D. Appleman, A. Chabot, B. Ferrara, K. Kusiak. **ROW 2:** T. Baily, T. Finch, P. Navazio, D. Shapiro, S. Damon, S. Burnett, M. Keeny, J. Meyers. **ROW 3:** Coach Exely, M. Contos, E. Urstadt, A. Bazos, T. Weston, B. Baldwin, J. Chambers, D. Solomon, N. Psaltis, J. Wright, C. Cameron, M. Wilks, Coach McCarthy.

Alive And Kicking

"I'd like to kick the ball right through the kid's head," was the feeling of an anonymous Lancerette from the girl's soccer club about an opponent. Quite a change in attitude from last year! The girls were more aggressive and skilled as a group, with the help and advice of coaches Jangle and Glynn. The informal atmosphere of a club attracted many girls who would not normally have gone out for a fall sport, making for a diverse group of interested players. There were seven games scheduled for the twenty-two players chosen for the "all-star" team, while the rest of the club participated in intramurals. Outstanding senior players were Diane Cartwright **(3),** Amy Glynn **(4),** Nancy Frankel **(5),** and Joma Venti. The girls' hard work will help them reach their ultimate goal of becoming a varsity sport.

1. Sue Connor dribbles toward a Lancerette score. **2. ROW 1:** J. Williams, L. Cartwright, H. Goldsmith A. Glynn, D. Cartwright, N. Frankel, M. Dowd, P. Schnitzer, K. Kusiak, A. Secondo, L. Hickling. **ROW 2:** S. Waldo, P. Mooney, D. Schnitzer, D. Schupack, J. Roy, C. Fortier, J. Sullivan, C. Bretton, C. Clute, S. Fein, L. Hannifin, T. Leary, L. Brooks. **ROW 3:** Coach Jangle, M. Curtis. S. Kajdan, J. Venti, S. Blanchard, N. Schicker, C. Reid, S. Nestel, B. Young, L. Jensen, S. Connor, D. Phaneuf, L. Maruca, C. Goerke, G. Havens, S. Riley, Coach Glynn.

1

2

Longmeadow		Opponent
1	Minnechaug	1
0	Cathedral	3
0	Agawam	6
0	Classical	4
3	Minnechaug	3
1	Classical	0
1	Agawam	1

Won:1 Lost:3 Tied: 3

3

4

5

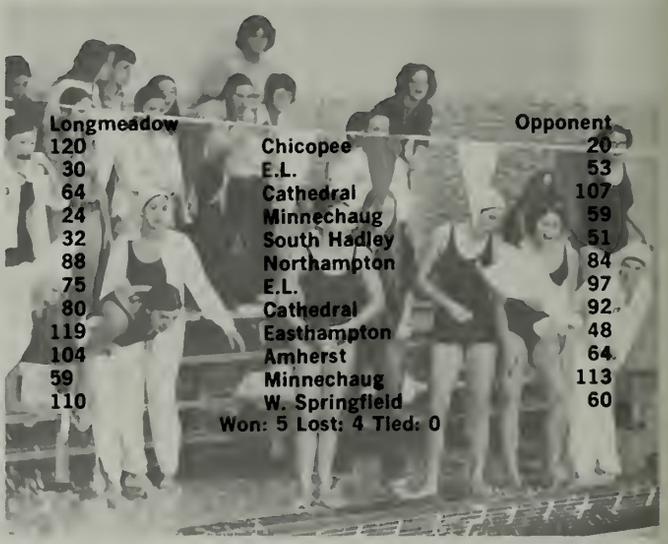
Girls' Swim Team had a difficult time filling in gaps from the loss of valuable graduated seniors. Though it was a challenge, the group worked hard in attempting to hold their Western Mass. title. Captains Debbie Dowd, Sandy Strempel and co-captain Moira Murphy helped bring the team together to reach third place in this year's Western Mass. meet. Outstanding seniors were Lynn and Linda Wiatrowski and divers Tina Millas and Tami Ezzo. Nancy Riker and Pam Murray were strong in freestyle, Brenda Skelley handled the butterfly, and Martha Tripp showed talent in breastroke competition.

Spirits were low during part of the season, when the Lancerettes had some disappointing races. They faced tough opposition, but their efforts were rewarded by a great comeback in the Columbus Day Relays. The team consisted of many underclassmen, and promising, although key seniors will be missed.

1976 Swim Team memories: Mrs. Segur's utterance at the Minnechaug meet, thinking nobody would hear her . . . Throw-

Swimmers Stay Afloat

1



Longmeadow		Opponent
120	Chicopee	20
30	E.L.	53
64	Cathedral	107
24	Minnechaug	59
32	South Hadley	51
88	Northampton	84
75	E.L.	97
80	Cathedral	92
119	Easthampton	48
104	Amherst	64
59	Minnechaug	113
110	W. Springfield	60

Won: 5 Lost: 4 Tied: 0

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ing Brenda Skelley in the pool fully clothed with help from the field hockey team ... Miss Gregory's experience when she brought her dog to practice and could not control it, as it left various droppings on the pool deck ... the swimmers' great pleasure watching the divers wipe out ... bus rides filled with songs and cheers ...

1. Coach Segur records swimmers' times. **2.** Cute ... real cute. **3. ROW 1:** B. Woods, L. Williams, D. Magnan, M. Crosby, K. Preston, S. Brennan, M. Neville, B. Skelley, D. Dowd, M. Murphy, S. Strempel. **ROW 2:** L. Griffin, N. Riker, M. Tripp, P. Murray, L. Wiatrowski, J. Pearson, L. Wiatrowski, H. Rowe, T. Ezzo, H. Wernick, T. Millas. **4.** Do not disturb—swimmers in thought! **5.** A face only her mother could love! **6. ROW 1:** C. Lenihan, C. Coughlin, M. Barbalias, S. Malone, M. Reeves. **ROW 2:** L. Rosenthal, D. Hardigan, S. Bader. N. Hesen, S. Riggs, L. Nereau. **ROW 3:** D. McInnis, J. Miller, B. Doherty, D. Cowles, M. Allen. **7.** It's a bird, it's a plane — No! It's Tami Ezzo **8.** Capt. Dowd comes up for a breath. **9.** Lynn gets ready to take off. **10.** Senior Tina Mills stretches for the water.

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"A Winning Season For A Rebuilding Year"

Art Lucey

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Longmeadow		Opponent
37	Chic. Comp	18
19	Agawam	44
	Minnechaug	34.ws22
20	E. Longmeadow	36
26	South Hadley	30
24	W. Spgfld.	31
26	Ludlow	30
42	Southwick	19

Won: 5 Lost: 3 Tied: 0

One of the toughest, most demanding sports at Longmeadow High School is Cross Country running. A great deal of dedication is needed from each member of the team if the Lancers are to perform well at meets. Practices include six to eight miles of running through town every day. An official race course is a maximum of three miles long, and usually includes some hilly areas. The Longmeadow course begins at Mill Road, continues down Longmeadow Street, and finishes back at the start. Coached by Mr. Winseck, the boys reached third place in the Valley Wheel league, led by seniors Art Lucey and Bill Hopfe, and juniors Steve Finch and Francis "Buzzard" McNally. Sophomores Andrew and Stuart Sears also lent strength to this year's team and will carry on the Lancers' success for the next two years. Wheel League, led by seniors Art Lucey and Bill Hopfe, and juniors Steve Finch and Francis "Buzzard" McNally. Sophomores Andrew and Stuart Sears also lent strength to this year's team and will carry on the Lancers' success for the next two years.

1. LANCERS: A. Sears, F. McNally, A. Lucey, B. Hopfe, B. Halliday, S. Sears, J. Walch, J. Cogan (mngr.) **2.** Mr. Winseck rejects Art's proposal to run the coarse through Friendlys. **3.** Coach Winseck advises Steve Finch to try out for Basketball because of his high scoring.

The cheerleaders are a group of girls who are anxious to show their support and enthusiasm for school sports. They practice during the week to perfect jumps, splits, voices, cheers and sidelines.

" ... Practice again? ... Do I have to change? ... Let's practice in the gym- it's too cold outside ... Sue, I can't come today ...

Luncheons are held each Saturday before football games, and dinners are held before basketball games.

" ... Candy corn, M&M's and plenty of pepsi ... Put your shakers outside of the house, on the lampost ... Food, food, food—I'm stuffed! ... How am I ever going to do my jumps today? ... "

1. "Look how pretty we are when we smile!" **2.** "Oh my God, I am sooooo embarassed!" **3.** "Give me an 'A'!" **4.** Meg Gracey, Debbie Solomon and Sue Simmons "shake up" the crowd.

After the luncheons or dinners, the ten girls are off for the game.

" ... R-O-W-D-I-E that's the way we spell ROW-DIE, ROW-DIE, Let's get ROW-DIE, WOOH! ... Go, Go, Get 'em, Get 'em. Go, Go, Get 'em Get 'em, We shake 'em up! ..."

In the midst of the action ...

"So, what's our first cheer? ... Where are my shakers? ... How does that cheer go again? ... Who's getting burned today? ... Line up for Jive! ... Check 'em out-look at number 25! ... Gimme an 'L'! ... Don't forget to be low, loud, and SMILE! ...

As Captain Sue Wood stated, "Cheerleading is really a lot of fun. We are great friends, and have super times. Besides-there's good scenery on the bench!"

1. Captain Sue Wood "cranks up" the cheerleaders for another rowdie cheer! **2.** Plus two! **3.** What makes you think that we have "senioritis"? **4.** J.V. team: **ROW 1:** Co-captains S. Woods and M. Chase. **ROW 2:** T. Hoyt, H. Bach, H. Cogswell, J. Gracey. **ROW 3:** S. McCarthy and P. Clark. (Missing: L. Schwartz and B. Drake).

Hoopsters Hustle

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1. Tyrone turns the tables on Putnam. 2. Boudreaux reaches for the rafters to outjump Putnam player. 3. Dave Clark applies defensive presses on Tech opponent. 4. James Blakeman sets up the play for a Lancer drive. 5. Varsity Team: **ROW 1 (L TO R):** D. Clark, Frankie, J. Blakeman **ROW 2 (L TO R):** Coach Morrissette, M. Pearl, M. Smith, G. Hyman, G. Allison, T. Settles, T. Kirk, J.R. Chase, T. Boudreaux, P. Kumiega, D. Auerswald (manager). 6. Tyrone scrambles with the ball, while J.R. Chase waits for the rebound.

The 1977 Boys' Basketball Team suffered the loss of some excellent graduating seniors, but those positions were quickly filled by new players of high quality.

Sophomore Tyrone Settles led the team in scoring with an average of twenty points per game. He also became a leading scorer of Division 1 in Western Mass. Tyrone provided the inspiration that the Lancers needed for a winning season. At the home East Longmeadow game, Tyrone completely overwhelmed the crowd as he shot the ball from half-court, and scored in the final seconds of the first half. He was often awarded with standing ovations for his remarkable performances during

Longmeadow		Opponent
40	Classical	48
66	Chic. Comp.	41
65	Palmer	44
68	Northampton	59
46	Amherst	56
66	Westfield	71
33	Cathedral	67
71	Tech	84
65	Putnnam	67
62	Minnichaug	67
60	Ludlow	45
67	S. Hadley	42
66	Agawam	36
44	E. Long.	36
66	Putnam	54
51	Cathedral	83
79	Minnechaug	84
70	Ludlow	55
83	S. Hadley	78
70	Agawam	71
64	Chicopee	68
45	E. Long	56

Won: 10 Lost: 12 Tied: 0

the season.

Senior forward Dave Clark had a fifteen point average and contributed to the team's excellence with his superior rebounding skills. Senior guards Greg Allison and James Blakeman, juniors Terry Boudreaux and Gary Hyman, and sophomores J.R. Chase and Peter Kumeiga rounded off the hoopster squad.

A number of very close games brought much excitement and entertainment for the Lancer fans. Longmeadow progressed well during the team's schedule, and the talented underclassmen leave Coach Morrissette with much anticipation for successful upcoming years.

1. With the score 47-49, Mark Pearl works his way around Tech opponent. 2. Coach Ron Morrissette looks on apprehensively as the opposition moves down the court. 3. Boudreaux gets bumped. 4. Dave goes up for two. 5. Hoopsters get an impromtu lecture on how to score a quick nine points.

1. Sophomores Peter Kumeiga and J.R. Chase bolster Lancer defensive. 2. J.V. Team: **ROW 1:** J. Mattox, B. Lyons, T. Fodiman, R. Zundell, M. Gold, G. Goodman. **ROW 2:** Coach Leventhal, D. Boudreaux, M. Dittomassi, J. Knight, D. Hastings, M. Sullivan, B. Snyder, T. Butts. Missing: J. Farnsworth. 3. Blakeman completes 3-point play for the black and white. 4. Mark Pearl attempts to snare defensive rebound. 5. Freshman team: **ROW 1:** R. Wood, A. Bazos, D. Webler, J. Landon, D. Loizzo, W. Rowe, G. Boudreaux. **ROW 2:** C. Connell, D. Appleman, C. Cameron, D. White, B. Sherman, E. Siegel, Coach Mannheim. 6. Dave Clark blocks the lane, awaiting the opposing player. 7. Greg Allison puts Lancers ahead with a quick layup.

The girls' basketball season started slowly, as the team could not seem to pull their talents together while facing stiff competition in the opening games. The Lancerettes were not discouraged, however. They continued to work and to build up their individual skills. Many team members felt that the year was mainly one of development, because of several newcomers who needed actual playing experience. The team gained confidence as the season progressed and came together into more of a unit. They began to cooperate and develop mutual trust.

There were some disappointing moments, as when the girls lost two extremely close games in the last few minutes. Many practices were concentrated on strategy and the improvement of plays, so that the overall performance would bring forth a victorious season.

Senior Co-Captains Mary Jo Quigley and Sandy Strempel were two outstanding assets to the group. Some other key players were "Basketball Jones McCray," "Tap-dancing' Kusiak," "Big B Skelley," and "S. Macadoo Daskalakis."

The J.V. team displayed competent playing this year under the leadership of Coach Cathy McInnis. Co-Captains G. Hutchinson

Head For The Hoop

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D. Robinson, along with Frosh. G. Ferazzi, and Sophs. A. Ferazzi and V. Radke were the high scorers for the team.

The girls will always reflect upon these special events: Dribble tag, pizza at Darsch's, Quigley's house after games, Brenda's 12 points, "We love you Sandy," getting warm-up music, "heavyweight," bruises from the coke machine, and Spfld. College from 9:00 to 4:00.

1. Co-Capt. Sandy Strempel is ready for the fast break. 2. The Lancerettes give up the ball after a call by the referee. 3. Coach Nancy Darsch listens intently while a player talks. 4. Varsity: **ROW 1:** Co-Captains M.J. Quigley and S. Strempel, C. McCray. **Row 2:** C. Johnson, C. Chase, S. Slaninka. **ROW 3:** K. Cardaropoli, K. Kusiak, B. Skelley, R. Daskalakis, M. Hanigan, A. Owens, Coach nancy Darsch. 5. Soph. Renee Daskalakis displays her talent while doing a lay-up against an Agawam opponent. 6. Brenda Skelley shows good position for an inside-the-key shot, despite an opposing hand. 7. Cindy Johnson and Co-Captain M. J. Quigley warm up before the game. 8. "Tap-dancing" Kusiak has the floor all to herself. 9. J.V.: **ROW 1:** G. Ferazzi, Co-Captains D. Robinson and G. Hutchinson. **ROW 2:** V. Radke, A. Ferazzi, J. Riis, L. Jensen, **ROW 3:** B. Kirk, K. Tate, P. Mooney, T. Leary, Coach Cathy McInnis.

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Longmeadow		Opponent
19	Holyoke	37
26	W. Spfld.	43
23	Westfield	58
24	W. Spfld.	49
35	Tech.	28
22	Minnechaug	51
43	Putnam	44
43	Ludlow	45
43	So. Hadley	29
35	Agawam	42
37	E. L.	21
40	Putnam	27
45	Tech.	14
35	Minnechaug	28
38	Ludlow	35
32	So. Hadley	35
12	Agawam	41
18	Holyoke	33
45	E. L.	29

Season's Record: 8-11

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Alone But Not Lonely

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For several years, the boys' gymnastics team has been building, strengthening, and learning in hopes of better future seasons. This year their strivings reached a climax as the Lancers combined to form a real power in Western Mass. and State competitions. Longmeadow saw its best team ever and had an outstanding record. Much of the high scoring was achieved by seniors Bart Dunlevy, Jim Bradford, Harvey Stockhammer, Craig Cloud, Jim Kelly, Jim Bennett, and Chris Newton. Several juniors and underclassmen, including Dave Damon, Brook Paulides, John Wass, Mark Stover, and Everett Black, were also a part of the action, and they will certainly do well in future competition.

All six events: floor, side horse, rings, parallel bars, high bar, and vaulting had many strong individual participants. Coached by John Kober and Eddie Tremble, the boys worked together as a unit to create a memorable season.

1. Hey, the floor is the other way!! 2. Jim Bradford stretches to impress the judges. 3. Falling asleep on the job again is senior Bart Dunlevy.

Longmeadow		Opponent
84.55	West Springfield	77.40
87.10	Minnechaug	86.70
87.35	Cathedral	84.40
83.75	West Springfield	83.50
79.20	Greenfield	56.10
82.10	Holyoke	70.10
86.45	Cathedral	86.00
91.75	South Hadley	105.05

Won: 7 Lost: 1

1

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ROW 1: L . TO R. Steve Margolis, Steve Grinspoon, Mike Stenstron, Stuart Damon, Bruce Bennet. **ROW 2:** Coach Trumbell, Brook Paulides, Jim Bennett, Jim Bradford, Chris Newton, Howard Burns, Craig Cloud, John Wass, David Damon, Larry Guild, Coach Coburn. ABOVE: Harvey Stockhammer. Missing: Mark Stover.

1. "Hop-a-long" Harvey!! 2. Craig Cloud makes another landing. 3. Don't get too comfortable, the meet is almost over! 4. A family portrait.

Stretch Form Perfection

Skill, grace, determination, and courage are just a few qualities of a gymnast. Longmeadow High School was fortunate to have a girls' gymnastics team comprised of several of these outstanding individuals. Senior Co-Captains Lynn and Linda Wiatrowski helped to build up the team's confidence, and they had every member psyched for each meet. The girls held a genuine concern for one another, which created the spirit that led to top performances. Routines of superior caliber were introduced this year, and scoring in the meets improved tremendously.

With the help of Coach Judi Gregory, the group aimed for perfection in performing every trick, and on each piece of equipment. Even the smallest mistakes can be costly in competition, so Miss Gregory was critical of every aspect of the girls' routines.

Seniors Julie Whitney, Tina Millas, Linda and Lynn Wiatrowski, and Gail Felper are experienced gymnasts, and they reached many of their individual goals by the end of the season. The team's depth was filled in by Sophomores Paula Shear, Cindy Aivalis, and Heather Rowe, and by Junior Linda Skole. Freshmen Caren Davidson and Kerry LeDuc, and Sophomore Cheryl Atamian will help to close some of the gaps left by the graduating seniors.

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1. Soph. Paula Shear displays excellent amplitude in her floor exercise. 2. Senior Tina Millas performs a glide kip mount. 3. A stretch for perfection by Soph. Heather Rowe. 4. Co-Captain Lynn Wiatrowski in deep concentration during her routine. 5. Who says gymnasts are weak? 6. **FRONT ROW:** J. Whitney, G. Felper, L. Wiatrowski, T. Millas, L. Wiatrowski. **BACK ROW:** Coach Judi Gregory, C. Aivalis, H. Rowe, L. Skole, P. Shear, Asst. Coach D. McFall, C. Davidson, K. Leduc. Missing: B. Hubley, C. Atamian. 7. Senior Gail Felper performs an ancient rite called, "Please, no scores under 6.5!" 8. A delicate pose by Senior Julie Whitney. 9. Co-Captain Linda Wiatrowski displays perfect balance in doing a back walk-over. 10. Soph. Cindy Aivalis handsprings her way over the horse.

6

7

Longmeadow		Opponent
75.20	Greenfield	59.95
76.20	West Side	77.45
78.20	East Longmeadow	52.50
72.08	Cathedral	84.45
80.80	Minnechaug	87.30
83.35	Hampshire Reg.	87.20
79.60	Amherst	69.10
88.85	South Hadley	81.25
86.70	Holyoke	62.00
89.90	Agawam	46.50
89.80	Classical	60.25

Season's Record: 6-4
Western Mass. 4th place
State Meet 10th place

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Off And Racing

Girls' ski team was an outstanding and competitive group. Coach Bob Frangillo, a student at Springfield College, encouraged the girls to ski agressively and without hesitation. Before meets, usually held at Mt. Tom, there was a certain amount of nervousness on the part of the girls, but this was soon replaced by concentration on every turn and gate in the course.

The twelve members were very close in performance, and with only one senior, captain Amy Lyon, the team has great potential for continued success in the future.

1. **ROW 1:** E. Shammash, S. Leavitt, D. Schupack, M. Wernick, J. Leavitt. **ROW 2:** C. Clute, J. Sullivan, L. Tober, Missing: L. Peznola, Captain A. Lyon, S. Connor, M. Gill, Coach B. Frangillo. 2. Captain Amy Lyon races to the finish line. 3. Lisa Tober helps set up the course. 4. Sophomore Jean Sullivan makes a fast turn.

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Longmeadow		Opponent
113.4	Agawam	145.6
113.4	Minnechaug	115.2
113.4	Mac Duffie	119.6
132.8	West Springfield	143.2
132.8	Minnechaug	127.9
144.2	Holyoke	165.8
144.2	Cathedral	151.2
136.7	Northampton	179.0
136.7	Agawam	179.5
113.4	MacDuffie	119.6
132.8	West Springfield	143.2
144.2	Holyoke	165.8
144.2	Cathedral	157.2
136.7	Northampton	179.0

Season's Record: 13-1
Co-Champions In League
Western Mass. 1st place

Boys' Ski Team

Longmeadow		Opponent
111.7	Cathedral	116.5
111.7	Agawam	125.8
111.7	Minnechaug	DNF
116.6	Holyoke	119.8
116.6	Holyoke Catholic	128.8
116.6	West Springfield	117.4
115.4	Amherst	115.4
115.4	Chicopee	126.3
119.9	Westfield	117.2
119.9	Chicopee Comp.	134.2
105	South Hadley	104.4
98.7	Northampton	102.6

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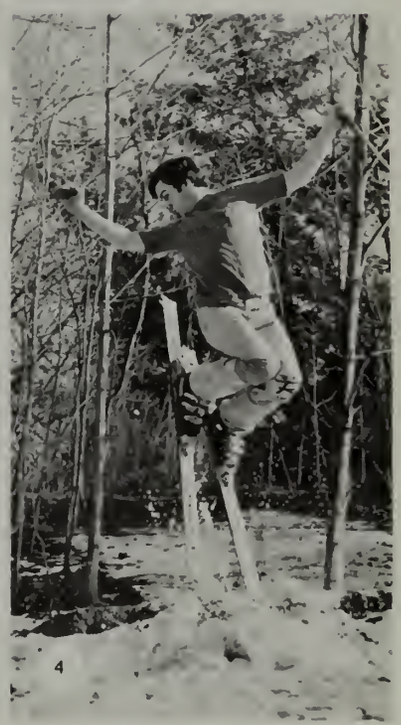

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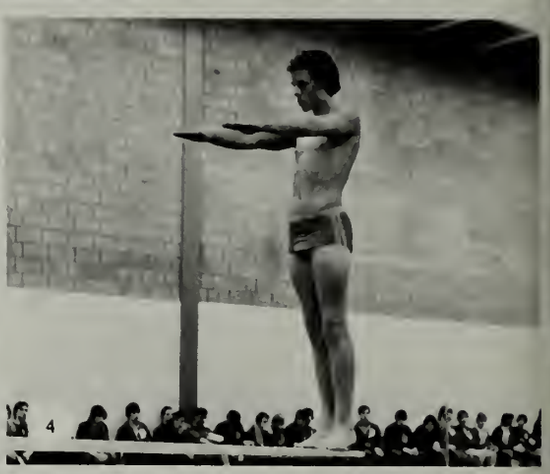
Consistency is the word to describe the boys' ski team this year. The team held a fantastic record and scored well in Western Mass. Competition. Many skiers made remarkable improvement by the end of the season, and racing times were close within the team. Determination and effort were never lacking from Longmeadow High, as the boys were serious about every meet. Other teams in the area were extremely surprised by the Lancers' accomplishments. Coach Bob Frongillo and Captain Kevin McCarthy, as well as the other ski team members, deserve much recognition for their hard work and success.

1. Coach Bob Frongillo on the slopes. 2. Freshman skier Alan Chabot. 3. **ROW 1 (L. TO R.):** A. Chabot, K. McCarthy (captain), T. Ely, P. Gill, J. Mandell. **ROW 2 (L. TO R.):** S. Wood, P. Burger, C. Bachiochi, M. Navazio, J. Nichols, B. Woods. Missing: A. Mandell. 4. Captain Kevin McCarthy performs a "back scratcher."

High Elbow Technique



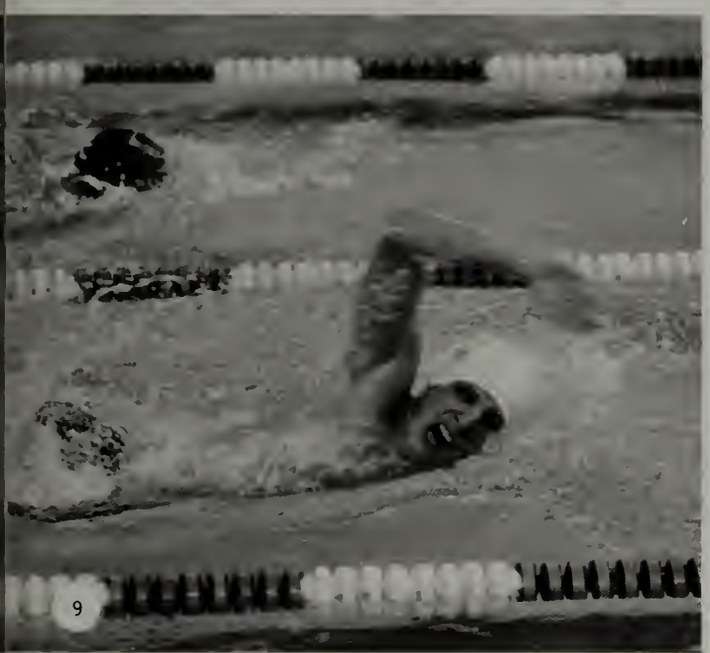
Under Mark Mickelson's chlorinated leadership, the boys' swim team developed a very impressive dual meet record for the season. The group was headed by Seniors Barry Katz, Rick Lockner, Jim Medalie, and Wally Wolf, and it was backed by a large number of ambitious swimmers who formed three different squads. The boys swam nearly two and a half miles every day at practice, making swim team one of the most grueling of L.H.S. sports. The group also made use of the new Universal Gym every other day for half an hour, which helped them with conditioning.

The season began with a close loss to Minnechaug, and the Lancers were also slimly defeated by East Longmeadow. There were several victories as well, such as the competition against Amherst, which Coach Mickelson ran very strategically.

Longmeadow was in Division B this year, which is second in difficulty. The boys performed remarkably well after the loss of several key seniors last year. They finished with an 11-3 record, the best in the team's history. The sucess of the season is a tribute to the talent, drive, and endurance of the L.H.S. swimmers.

Longmeadow	Minnechaug
Longmeadow*	Agawam
Longmeadow	E. Longmeadow
Longmeadow*	Turners Falls
Longmeadow*	Chicopee Comp.
Longmeadow*	Classical
Longmeadow	Cathedral
Longmeadow*	Technical
Longmeadow*	S. Hadley
Longmeadow*	Chicopee
Longmeadow*	Amherst
Longmeadow*	Holyoke
Longmeadow*	Hamp Reg.
Longmeadow*	W. Spring.

* Meets won.
W. Mass. Champ. 2nd Place
State Champ. 2nd Place
X-Mas Relays. 2nd Place



1. Team Managers David Fein and Curt Freedman try to read the stopwatch. 2. John Bonnel demonstrates the high elbow. 3. George Pincus asks himself, "Why am I doing this?" 4. Diver Mike Sweitzer. 5. Swimmers **(L. TO R.)** John Bonnel, Lou Midura, Rick Lockner, and George Pincus. 6. Coach Mark Mickelson. 7. Bob Griffin flies out of the water. 8. David Lendry shakes hands with opponent after the 500-yard freestyle. 9. Barry Katz sprints to the wall. 10. **R1.** Griffin, Medalie, Bonnel, Midura, Wolf, Katz, Pincus, Smith, Fisk, Lockner, Warshaw. **R2.** Freedman, Fein, Rubenstein, Sheffield, Barz, Sullivan, Ferweather, White, Leavit, Diving Coach Wernick, Coach Mickelson. **R3.** Cusiosak, Sweitzer, Sears, Lebel, Keeny, Pratt, Betsher, Walsh, Cohen, Sweitzer, LaFrance, Special Guest Leland. **R4.** Greenspan, Adamz, Smith, Contos, Petrucci, Ellsworth, Glaser, Curtis, Trachtenberg, Berte, Snyder, Coach Haley. Missing: Biggins, Lendry, Roberts.

HOCKEY

Longmeadow		Opponent
3	Minnechaug	3
3	Holyoke	5
5	Agawam	2
0	Ludlow	7
4	Suffield	2
9	East Longmeadow	2
4	Chicopee Comp.	1
10	Palmer	0
4	Greenfield	6
1	Westfield	1
16	Commerce	3
4	Putnam	5
4	East Hampton	3
6	South Hadley	2
2	Minnechaug	8
2	Ludlow	4
8	East Longmeadow	3
14	Commerce	1
5	Palmer	1
5	East Hampton	3
4	Amherst	4
7	Putnam	3

Won: 13 Lost: 6 Tied: 3

1. The determination of Guterman and Meade to retrieve the puck is reflected in August's face. 2. Manager Lynn Vincunas smiles proudly at her boys. 3. Slide Snyde! 4. That bad, Mr. Suzor?

The first shock of defeat, game-by-game changes in strategy, and controversies over refereeing and ice time are just a few of the experiences faced by the Lancer hockey team. Led by the experienced and skillful Coach Suzor and by a strong offensive and defensive lineup, the team skated to an impressive 13-6-3 record. Leading the squad in scoring ability were Senior Co-Captain Bill McClure, Jeff Sisitsky, Rick Durocher, and Jack Dineen. Senior Co-Captain Ted Snyder, Junior Forward Jon Ditmar, and Seniors Steve O'Connor and Greg Smith helped make for a very well-established team. Mitch August was a strong goalie for the team, as he thwarted numerous shots on goal.

Freshmen Scott Buffum and Mark McClure are definite assets to the Lancer icemen for their forthcoming seasons, along with many sophomore and junior players already working on the Varsity level. The entire squad skated successfully, checking, shooting, and blocking to optimum performance. It was their superior speed, stamina, and agility that created a winning '76-'77 season for Lancer hockey.

1. Jeff Sisitsky prepares for a fast break. 2. Lancers will shine tonight!
3. Varsity **(L. To R.):** K. Vincunas, J. Sisitsky, M. McClure, M. August, M. Fortier, M. Broadbent, B. McClure, Kurt Hooper (Manager). **ROW 2:** R. Durocher, T. Kelly, J. Dineen, T. Snyder, B. Meade, J. Ditmar, P. Guterman, S. Buffum, S. O'Connor, G. Smith, Coach Mr. Suzor. 4. J.V. Team **(L. TO R.):** D. Delvecchio, J. Englehart, B. Cunningham, W. Simpson, E. Harney. ROW 2: K. Lefebvre, B. Lendry, S. Burnett, R. Seaburry, J. Ferrero. Missing: R. Atkinson, M. Fricchione, J. Paley, D. Bridge, R. Sauve, J. Holsing, Manager M. Foley, Coach A. Wiley. 5. Another save for the Lancers! 6. Jack Dineen checks out the opposition.

Take Five Expect Four Back In Three Ready In Two

The 1976-77 Wrestling Team, coached by Norman Harris, produced fine results in the Western Mass. competition. John Asthalter, Paul Mathison, and Co-Captain John Robbins were the members who used the wrestling season to improve their skills, in preparation for the Western Mass. match. Co-Captain John Knisley was unable to compete because of an injury.

The wrestlers struggled to make the weight reguirements and were known to loose fifteen pounds in three days by starving and working out. After the last big tournament, which is usually held near Boston, it is traditional for the bus to stop at every eating place on the way home. John Robbins reports that an average wrestler can gain ten pounds in the five hours following the States Tournament.

1. Longmeadow on top during a wrestling match. 2. Robert Simon traps an opponent. 3. John Asphalter concentrates as a match begins. 4. Getting a taste of the action! 5. **ROW 1 (L. TO R.):** John Asphalter, John Robbins, John Knisely, Dave Lewin, Ray Lineham, Jon Cohen. **ROW 2:** Bob Simon, Brad Nichols, Gary Goodman, John Fuller, Paul Mathisen, David Pratt. **ROW 3:** Mr. Thompson, Paul Dolan, Steven Pistrich, Dave Appleman, Gary Abusamra, Lee Jacobson, Coach Harris. 6. Freshman Dave Appleman in action.

"It isn't whether you win or lose; it's how you play the game." That is what we are told, and it sounds good, but does anyone really believe it? Any Lancer fan would have doubts about such a statement after attending any competition, male or female. The players strive to improve their skills during practices, but when the contest begins, WINNING IS EVERYTHING!!

Can the thrill of victory be explained as the gratification of school spirit? Yes, to some extent it can. In any team sport, there is a great sense of exhilaration in shared victory. The excitement of a player who has just scored is not only from personal glory, but also from the knowledge that he is leading his team on to success.

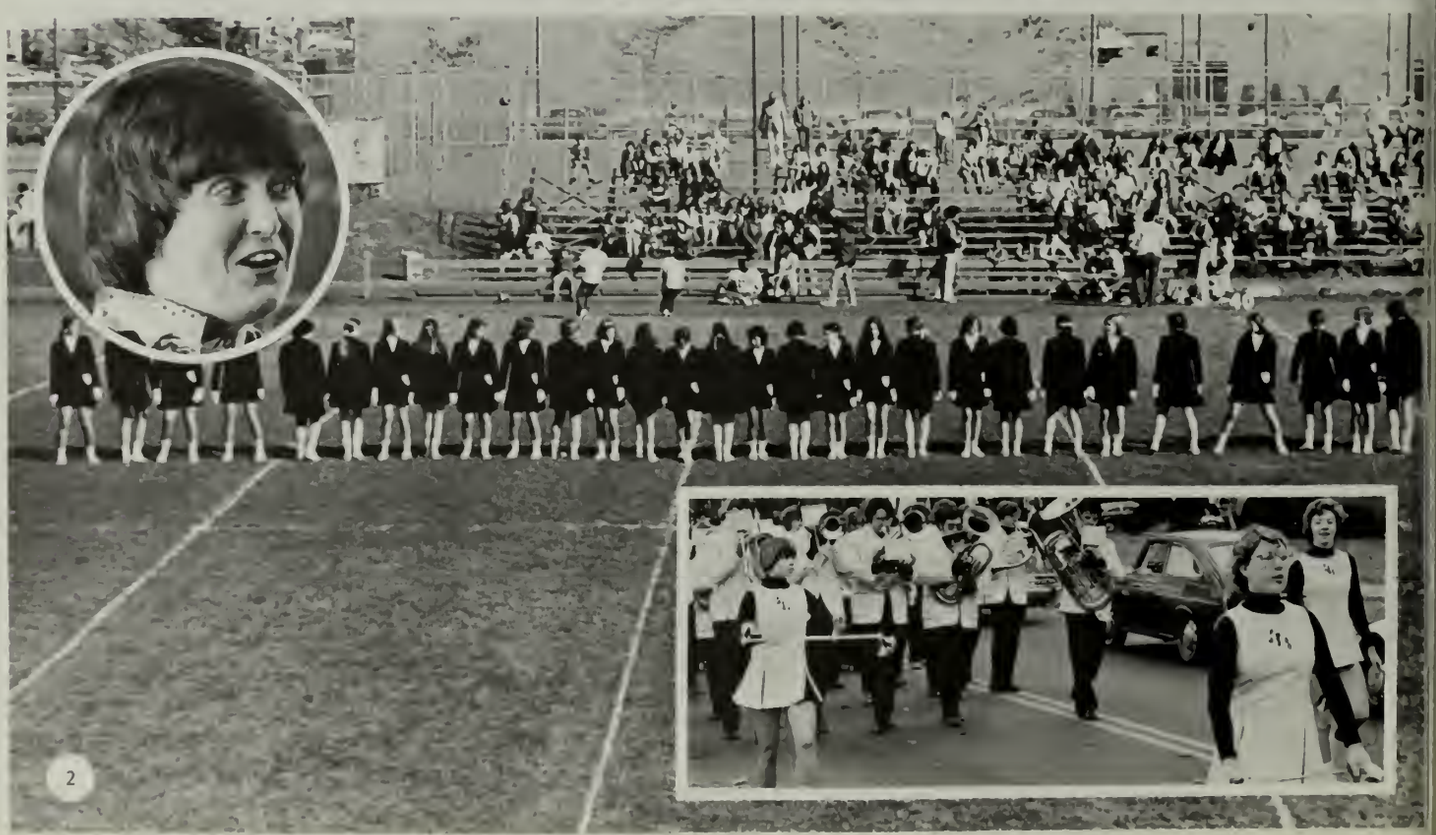
There is more to winning than team spirit, however. An individual achievement is equally exhilarating. The player who scored the only goal in a losing game is likely to feel like a partial winner, as is someone who performed well in track or gymnastics. The idea of a team is to combine these individuals to give a unit effort, which multiplies the thrill of victory by the smiles of teammates and the cheers of the crowd.

Drill Team & Majorettes

Every fall morning at 7:00, the thirty girls of the Drill Team began practicing routines to the beat of a drum. They marched at home football and basketball games and worked hard to perfect each step. Advisor Mrs. Miller and Senior Captain Katie Hunt were both very enthusiastic about Drill Team and the spirit it creates.

There were only three Majorettes this year, advised by Mr. Burkle. They performed orginal routines during half-time at the football games, as well as at several basketball games. One of the Majorettes, Liz Sattler, performed at a hockey game, combining twirling with a skating routine. Next year the Majorettes hope to find more girls interested in twirling, and they look forward to teaching anyone who would like to become a Majorette.

1. Drill Team Members: **L TO R - ROW 1 -** D. Little, K. Sheehan, D. Collaro, W. Hamilton, L. Fitzpatrick, K. Hunt (Captain), K. Hughes, K. Palmer. **ROW 2 -** L. Fountaine, L. Wellman, J. Stearns, C. O'Connell, E. Nichols, M. Veccerelli, C. Coughlan. **ROW 3 -** S. Hower, A. Dzwileski, D. Rapalus, A. Cruz. 2. The Drill Team in action. Inset, Drill Team Advisor Mrs. Miller. Inset, Majorettes: S. Slaninka, L. Sattler, J. Thomas.



Every Tuesday evening this winter, one hundred rosy-cheeked ski club members returned from an afternoon at Mt. Tom. Both beginners and advanced skiers were welcomed in the group, as the aim of the club was to get more people out on the slopes. Advisors Mr. McCarthy and Mr. Grant were enthusiastic in organizing a weekend trip to Waterville Valley in New Hampshire. Plans for next year include a week's vacation out west, if enough money can be collected through fund-raising activities. Mr. McCarthy stated, "Skiing is a great way to forget all of our frustrations. When we take off on the bus, we leave the busy world of Longmeadow High School and ski our socks off!!"

Girls' Leaders Club, advised by Miss Darsch, Miss Gregory and Mrs. Segur, and Boys' Leaders Club, advised by Mr. D'Agostino and Mr. Williams, are organizations that provide an opportunity for students interested in service and athletics to assist the physical education department. The leaders help out with refereeing and spotting in gym classes. Both the girls and boys in the Leaders Club were hard workers, and their efforts were felt throughout the phys. ed. department.

1. Three ski clubbers enjoy their day at Mt. Tom. 2. Ski club members prepare to mount Mt. Tom. 3. Advisor Mr. Grant displays great skiing form! 4. Advisor Mr. McCarthy warms up in the ski lodge. 5. A Leaders hard at work!

Ski Club

Leaders Club

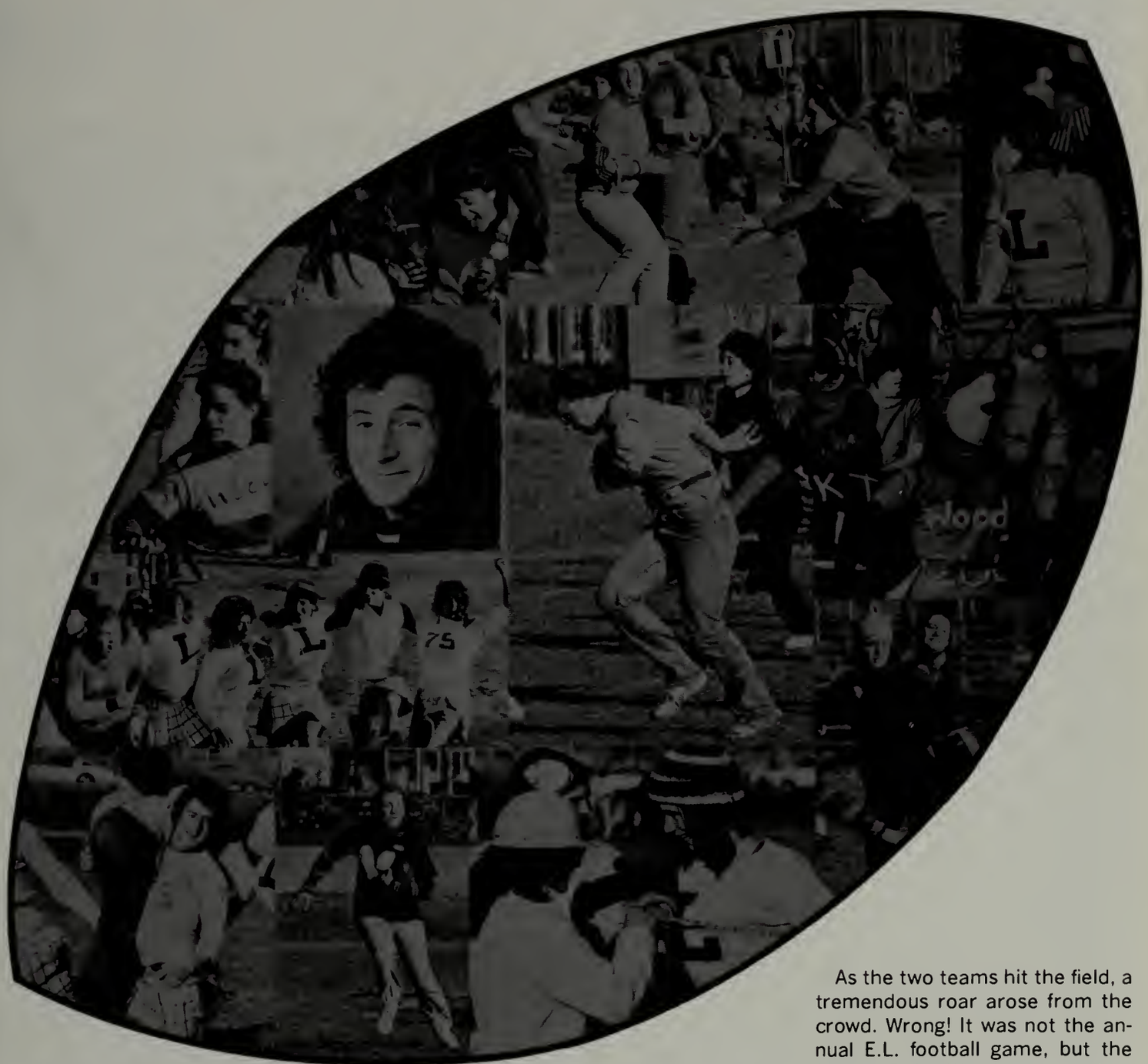
BOYS' AND GIRLS' LEADERS CLUBS: K. Cardaropoli, M. Craver, G. Felper (secretary-treasurer), M. Hannigan, L. Maglathlin, B. Shine, L. Wiatrowski, L. Wiatrowski, L. Waldo, K. Wass (president), S. Brennan, S. Burnett, C. Campbell, L. Cohen, S. Connor, N. Dawson, S. Fein, H. Flint, P. Grayboff, D. Harris, C. Johnson (vice president), T. Kannavos, T. Kossoy, K. Kusiak, K. LeDuc, C. Markell, V. Mackoulakis, F. Prybylo, D. Robinson, L. Semel, S. Simmons, D. Smith, P. Smith, A. Sturgis, J. Swan, L. Teree, A. Adams, A. Axler, D. Bedrosian, J. Blakeman, T. Boudreaux, F. Burns, J. Caron, C. Cloud, P. Corey, M. Ditomassi, P. Dolan, T. Dwight, G. Goodman, D. Greenberg, E. Harris, R. Hutchins, B. Ingalls, C. Kazin, T. Kirk, J. Knisley, J. Lucier, B. Lyons, B. Mahon, T. Maloney, K. McCarthy, B. McClure, N. McNally, S. Millas, M. Navazio, J. Nichols, S. O'Connor, M. Pearl, J. Robbins, J. Sherman, M. Smith, J. Staszko, H. Stockhamer, M. Sullivan, T. Snyder.

Rifle team consisted of many talented marksmen who enabled Longmeadow to score well during their nine scheduled matches. Both the offhand (standing) and the prone (lying down) positions were used. Mr. Villeneuve has been the team's advisor for several years and has the experience needed to coach and encourage the group.

Students can find challenge in mountain climbing, snowshoeing, cross-country hiking, and cycling when they join the outing club. They also gain a sense of group satisfaction, as the members often work together and aide each other in various activities. Mr. Mannheim heads this adventurous club, and he shares the student's interest in the outside environment.

1. Outing Club **(L TO R.):** Gretchen Havens, Lisa Denning, Merry Chase, Pam Murray, Gina Solval, advisors Mr. Mannheim, Mr. Merrit. Missing: Ellen Nichols, Betsy Stephan, and Dan Greenberg. 2. The Rifle Team takes practice shots at Ronnie Villeneuve. 3. Rifle Team **(L. TO R.):** Gretchen Havens, Ed Shuttleworth, Steve Havens, Robert Kitchfield, Walter Gunn, Mark Fischer. **2nd ROW:** Coach Villeneuve, Jim Webber, Joe Maruca, Wayne Thomas, Jon Fein, Ned Sheffield. Missing: Todd Bailey. 4. Marina Sarapas displays her expert marksmanship.

Daisy-Weeds Game



Daisies	Weeds
6	18

As the two teams hit the field, a tremendous roar arose from the crowd. Wrong! It was not the annual E.L. football game, but the famed Daisy-Weed competition. The Weeds were led by coaches Joel Castleman and Bill McClure, while the Daisies were helped by Ned McNally and Jeff Lucier. The first half was played aggressively and the score was close. But the Daisies wilted in the second half, giving the game to the Weeds with a score of 18-6.

A

"Let our artists rather be those who are gifted to discern the true nature of the beautiful and graceful; then will our youth dwell in a land of health, amid fair sights and sounds, and recieve the good in everything; and beauty, the effluence of fair works, shall flow into the eye and the ear, like a health-giving breeze from a purer region, and insensibly draw the soul from earliest years into likness and sympathy with the beauty of reason."

Plato, The Republic

Walk in the main entrance, take a sharp left through the double doors, and you will find yourself in an environment of painters, sculptors, potters, weavers, photographers, and jewelry makers. Creative prints and sketches decorate the hallway, and the rooms are bustling with the activity of students and machines.

The artistic environment of Longmeadow High School is not confined to this hallway, however. There are several areas in the building where students and teachers engage themselves in the fine and applied arts. There are singing groups, bands, an orchestra, all forms of basic technology, cultural clubs, and journalism.

For some of our talented LHS classmates, the arts will always be a way of life. For others, they serve as a hobby. The accomplishments of the artists are shared with the entire school through art exhibits, publications, and performances.

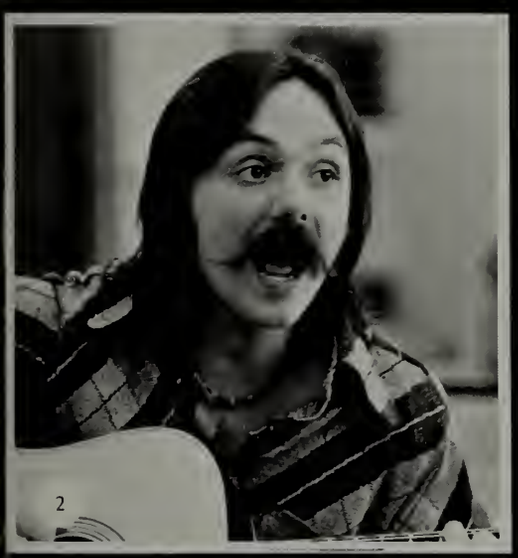
RTS

1. Edith Broderick 2. Norberta Hart 3. Judith Ebeling 4. Gertrude Blakeborough 5. Barbara Laub 6. Aloysius Jangl 7. Rudolph Adams 8. Vesta Browne 9. Wilfred Burkle 10. Sherwood Anderson 11. Raymond Fil 12. Peter Thomsen 13. Raymond Kusellas 14. Frank Gironda 15. Gilbert Lamarre 16. Guy Williams 17. Gary O'Sullivan 18. Sandra Toepfer 19. Laurel Noblet 20. Merrill Oltchick 21. Beth Young

Longmeadow High School is lucky to have an excellent vocal music department. Lyrics and I Cantori are two of the groups which contain many talented students. In an interview with Mr. Peter Thomsen (2), he stated, "This year's Lyrics is one of the best we have had." The members perform at school concerts where various singers do solo performances.

Within Lyrics, a group of students is chosen to make up I Cantori. They work together on their own time, outside of school, for no extra credit. The purpose of I Cantori is to give a smaller group of students a chance to go further in music. They sing difficult pieces, including all types of chamber music.

This year, both Lyrics and I Cantori were chosen to perform for the state's music teachers during the All-State competition. They were the only group chosen from the whole state. It was a well-deserved honor for Longmeadow students of song.



1. (L. TO R.): Mark Stover, Mary Holioman, Jamie Meyer, Sherryl Odentz, Caroline McKeon, Terry Littie, Brian Smith, Karen Bizacurski, Scott Facey, Marji Grant, Regina Garvin. ROW 2: John Pelmas, Nancy Riker, Barbara Tili, Diane Romeil, Jack Goldberg, Sandy Walker, Tim Biggins, Bart Dunlevy, Walter Barz, Philip O'Reilly. ROW 3: Jeff Burnett, Karen Laushway, Moira Loughman, LuAnne Shearer, Andrew Rome, Peggy Creed, Janet Chambers, Pam Richardson, Todd LaFrance, Suzanne Schube, Nancy Frankel. ROW 4: Leslie Badach, Paul Roberts, Jeff Fisk, Chris Gironda, Tim Dwight, Rick Rubin, Christine Rooke, Steve Tripp. SEATED: Chris Sheffield. Missing: Stuart Getzov. 2. Talented Mr. Thomsen strums a few tunes on his guitar. 3. Regina Garvin performs at the Winter Vocal Concert. 4. I Cantori (L. TO R.): Paul Roberts, Nancy Riker, Tim Biggins, Regina Garvin, Philip O'Reilly, Marji Grant, Walter Barz, Leslie Badach, Jack Goldberg.

A change of great importance took place in the vocal music department this year when a Mixed Chorus was formed. The new co-ed vocal music group, composed of many talented students, performed at several school concerts during the year. Mr. Thomsen, in explaining why the Mixed Chorus was formed, stated, "We switched this year because I felt it was a much more natural set-up. Girls and boys like working together, so instead of discouraging those singers who didn't make Lyrics, it gave them a chance to work together." Mr. Thomsen felt that the chorus provided excellent voice training as well. The members learned about singing in a co-ed group, where the male and female voices are so different. Mr. Thomsen believed that the switch was a very positive one in which everyone would benefit.

The singers added a variety of music to the programs. Like Lyrics, they performed difficult pieces without fault. Mr. Thomsen's hard work and dedication was certainly evident in all of their performances.

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1. The Mixed Chorus performs with Lyrics before a captivated audience. 2. Nancy Benoit and Cindy Rubin display their vocal ability. 3. Carol Condon concentrates on staying on key. 4. **L. TO R.:** Tracy Glasgow, Judy Goldstein, Heidi Godbout, Nancy Benoit, Cindy Rubin, Marsha Haskins, Mark Rosol, Walter Gunn, Rob Atkinson, Lainie Broad, Linda Shear, Carol Condon, Karen Ilgowski, Michelle Feinstein, Monique Beauchamp. 2nd Row: Martha LaMarre, Sandy Hower, Dana Hartigan, Joyce Karpovich, Ellen Nichols, Michelle Rubin, Tracy Johnson, Stephan Rutherford, Jeff Quinto, Peter Climo, Mike Griffin. **3rd ROW:** Kathy Ames, Maryellen Burns, Kathy Daly, Nancy Hesen, Giselle Cambi, Melanie White, Faith Prybylo, Lori Butterfield, Audrey Grant, Hal Goldberg, Louis Concotilli, Bill Pappas, Dave White, Tom Weisand, Betsy Sabin, Peggy O'Neil, Virginia Brunton, Cindy Reed, Jane Roy, Kathy Shine. **4TH ROW:** Merry Chase, Sarah Woods, Tracy Lavengood, Betsy Currier, Sally Burnett, Ellen Psaltis, Allison Reese, Cassy VanWagner, Danny Tauber, David Brinnel, Paul Stewart, Todd Berinstein, Andy Weinberg, Melinda Jakobek, Sally Riggs, Robin Fein, Wendy Hamilton, Lori Shearer, Lynn Fitzpatrick.

Two groups which fill the halls with melodic music are the Girls' and Men's Choruses. These groups consist of talented young singers who perform many famous selections. The members rehearse during school hours and receive course credit for their efforts. They are required to commit all of their music to memory. Mr. Thomsen, the choral director, feels that the choruses are excellent training for prospective members of Lyrics and Mixed Chorus. In each group, the vocalists practice harmonizing their music and singing in varying tones. They do vigorous vocal exercises to advance their skill in sight-reading, and to help them develop better intonation.

These choruses performed at many school concerts during the year. The singers enjoyed their training and look forward to participating in more advanced choral groups next year. Mr. Thomsen is extremely proud of all his young vocalists, and he hopes they will continue with their music schooling.

(1) Girls' Chorus: Lainie Broad, Debbie Tooker, Terri Dunlevy, Whitney Hammett, Peggy Caldwell, Gail Moojian, Joyce Leavitt, Lisa Griffin, Cathy Wojek. 2nd Row: Hope Murphy, Kathy Lloyd-Rees, Monica Paige, Sue Gellerman, Julie Dropkin, Alison Peet, Susan Law. 3rd Row: Brooke Kirk, Judy Stephan, Jennifer Klink, Carolyn Connell, Martha Tripp, Lynne Williams, Susan Hotaling, Jill Staples. 2. The Girls' Chorus perform splendidly at one of their many concerts. 3. **L. TO R.:** Jeff Jones, David Pratt, Dean Appleman, David Appleman. **2ND ROW:** Carl Zinack, James King, Franny Sheehan, Bruce Dodge, Steven Rushbrook, Tom Buddington, **3RD ROW:** Brian Taylor, Dennis DesMarris, Larry Guild, Scott Zucker, Tom Weston, Tom finch, Robert Glasgow. 4. Senior Jim King sings harmoniously.

The beautiful sounds of violins and cellos are frequently heard in the halls of Longmeadow High as the school orchestra practices. The group plays all types of classical and romantic music, and they perform at school concerts. Under the direction of Wilfred Burkle (3) and Concert Mistress Joan Hurley, the group performs in the spring and every other year in an exchange concert. These concerts are held in various Massachusetts towns. Many of the students who play in the orchestra are also members of the "Young People's Symphony" of Springfield.

The High School's wind ensemble, also directed by Mr. Burkle, is a concert band selected on the basis of auditions each spring. They play in the fall and at the Pops Concert. At the fall concert this November, the wind ensemble was honored to have Rolf Smedvig (2), the assistant principal trumpet of the Boston Symphony and the Boston Pops, as a guest artist. Mr. Smedvig played his trumpet masterfully before a mesmerized audience.

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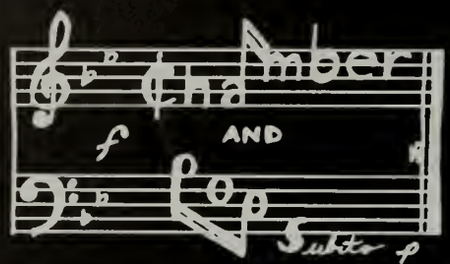
1. (L. TO R.): Joan Hurley, Mary Kate Nicholson, Jennifer Heye, Michael Stein, Fred Burns, Clark Santos, Elaine Broad, Elizabeth Buddington. ROW 2: Carol Janovsky, Lynne Greenberg, Catherine Carroll, Sue Hopfe, Nicholas Sophinos, Margaret Asseo, Sylvia Sianinka, Charles Standard. ROW 3: Barbara Drake, Nancy Finch, Drew Tick, Andy Karpf, Jean Franson, Geoffrey Lundy. ROW 4: Kathy Foley, Chris Heye, Mary Holloman, Wendy Hamilton, Laura Kenney, Jack Goldberg. ROW 5: Todd LaFrance, Mark Lundy, Mark Benander, Paul Roberts, Jim Bennett. ROW 6: Gary Fieldman, Jeff Meyers, Steve Zancho. (missing) Dana Gentes. 2. Rolf Smedvig, guest artist at the fall concert, displays his talent on the trumpet. 3. Mr. Burkle's masterful hand at work. 4. The Wind Ensemble (L. TO R.): Barbara Drake, Kathy Foley, Jeff Lundy, Gretchen Vedder, Tara Howard, Cindy Payne, Nancy Cloutman, Richard Snyder, Laura Kenney, Curt Freedman. ROW 2: Chris Heye, Gary Hyman, Steve Nolet, Judy Stephen, Linda Shear, Mike Sweitzer, Andrew Sears, Dana Frank, Matt Smith, James Medalie, Mitch Torff, Stephen Smith. ROW 3: Mike Rosol, Steve Hochberg, Andre LaMontagne, Don Teich, Mark Benander, Dave Damon, Mark Lundy, Paul Roberts, John Wass, Phil Cushman. ROW 4: Ken Eisner, Todd LaFrance, Bill LaPierre, Stuart Sears, David Peskin, Richard Grant, Nick North, Mark Wojcik, Tom Sweitzer, Jim Bennett, John Ferguson. ROW 5: Bill Ingalis, Arthur Sibbach, Betsy Stephan, Tim Fisk, Rob Leavitt, Dana Gentes, Jeff Meyers, Steve Zancho, Gary Fieldman, Ken Gruskin.

Every time the football team scored a touchdown this fall, the Longmeadow High School band dutifully played "Lancers Will Shine," while Mr. Burkle's wand swiftly cut the air. On Saturday afternoons, Curt Freedman and Art Sibbach could sometimes be seen in the empty stands playing "Go, Fight, Win" on the bass drum and trumpet. At football games, rain or shine, the musical support was always there. The band brought spirit to the basketball court as well and performed at school concerts.

A different kind of sound is sometimes heard after school or at seven o'clock in the morning, as the Jesters prepare for their concerts. This unique group consists mainly of brass instruments, with some percussion. They are a stage band selected on the basis of auditions and are led by Mr. Burkle. The Jesters play all types of commercial music and perform at many festivals and competitions.

(1.) Before the homecoming parade, Band Member Jim Medalie thinks, "I must be crazy to be out here in 30 degree weather!" (2.) Steve Zancho beats on his drum as the Lancers score a touchdown. (3.) The Jesters **(L. TO R.):** Mike Navazio, Gary Fieldman, Jeff Meyers, Charles Standard, Nick North. **SEATED (L. TO R.):** John Wass, Mike Rosol, Steve Hochberg, Andre LaMontagne, Mark Wojcik. **2ND ROW:** Jim Bennett, John Ferguson, Tom Sweitzer, Richard Grant. **3RD ROW:** Terry Little, Tom Scavone, Mark Lundy, Art Sibbach, Bill Ingalls. (4) **L. TO R: ROW 1:** Bunny Zacarian, Jennifer Tryzinski, Margie Epstein, Sarah Waldo, Brian Taylor, Lisa Novello, Susan Hotaling, Dawn Elliot, Heidi Goldsmith, Dawn Ditomassi. **ROW 2:** Ingrid Shuttleworth, Miriam Lachman, Linda Briggs, Joe Novello, John Fletcher, Vickie Sutton, Andrew Gotlieb, Jane Leopold, Michael Fisher, Sue Milar, Jonathan Goldsmith. **ROW 3:** Mark Haase, David Webler, David Trachtenberg, Tim Pratt, Eric Urstadt, Andrew Hochberg, Jill Staples, Tom Elsner. **ROW 4:** Tom Scavone, Mike Morris, Richard Grant, Graham Frost, Andre LaMontagne, Jon Fein, Stuart Damon, Paul Miller, Paul Mathisen. **ROW 5:** Richard McNally, David Fein, George Pincus, Alan Greenspan, Dale Facey, Mark Wojcik.



CONCERTS

Two of the most important concerts of the music department, the Pops Concert and the Chamber Music Concert, were very successful this year. Combining vocal and instrumental groups, they played to large, receptive audiences.

The Chamber Music Concert spotlighted several small chamber ensembles, including I Cantori, a string quartet, and a horn quartet. These and other talented groups helped to recreate the grand flavor of the seventeenth century, for a delightful evening.

The Pops Concert had a completely different flavor: that of diversification. There was something for everyone who attended: a hilarious Muppet show, Lyrics swinging, Sandy Walker singing, Cheryl McCray dancing, and the Symphonic Band prancing, all topped off with smoke and balloons. The highlight performance of the evening was by Jesters, LHS' fantastic jazz band. Their dynamic presentation drew well-deserved, thunderous applause.

1. The Jesters come alive! 2. Talented Junior Sandy Walker. 3. The Muppets at LHS. 4. The horn quartet. 5. Oboe-piano-flute trio. 6. The string quartet.

Youth For Understanding

For the first time at Longmeadow High School, two foreign students spent their senior year here through the Youth for Understanding organization. The year was very rewarding for Stefan Schuster (1) of Germany and Byron Papazissis (2) of Greece. The boys made many friends in Longmeadow and will not be forgotten by the class of '77.

Stefan is from Herborn, Germany, a town near Frankfurt. In Longmeadow, he kept active with sports and attended open parties, dances, and basketball and football games. He will go back to Herborn after this year for his thirteenth year of school, taking with him many assorted memories of his American visit. One incident early in the trip which will not be quickly forgotten happened at a local shopping plaza. Stefan was rolling a cigarette, which is a common practice in Germany because of the high costs of packaged cigarettes. An abrupt reaction by some nearby policemen left Stefan quite bewildered. By the end of the year, however, he acquired the savvy that is needed as an American teenager!

1

Byron comes from Saloniki, Greece, a city close to the sea. His father started the Youth for Understanding program in Greece in 1970, and he remains the head of the organization there. Byron has been to the States once before, and he plans to go to college here. He has applied to several schools in the New England area. Byron enjoys being able to choose his courses at LHS, which is not done in Greece. He is interested in soccer and basketball and plays a lot of water sports during the summer. In the small Greek village where Byron spends his summers, he enjoys movies and discos at night and meets quite a few tourists.

Both boys participated in AFS weekends, and they visited several American cities with the group. They were honorary members of NHS, which is a clear reflection of the high esteem in which the boys were held by the school.

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ONE FLEW OVER THE CUCKOO'S NEST

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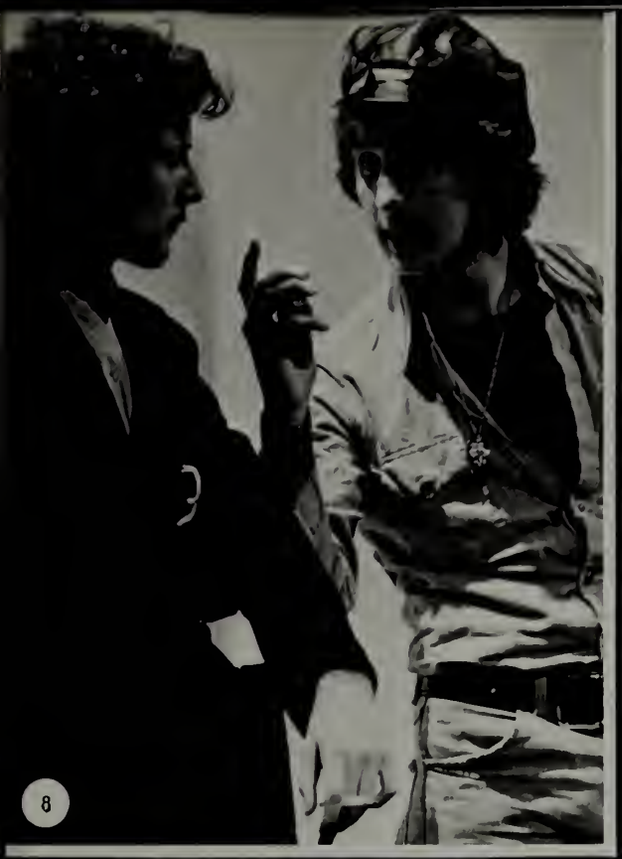


The Grassy Gutter Piayers, under the direction of Mei Grant, presented "One Fiew Over the Cuckoo's Nest," a serio-comic comment on individuaiism and the oppressant forces working to eiiminate it. The play, written by Daie Wasserman, is based on Ken Kesey's novei about events in a state mentai institution. Mr. Grant's direction was infallibie, and he had an excellent cast. Junior David Brinnel was impressive as Randie Patrick McMurphy, the man who aiways defies the ruies-anywhere he goes. McMurphy's rebeiiious spirit is uitimateiy conquered by his foii, Nurse Ratched, effectiveiy played by Marji Grant. Among those under the nurse's tyrannicai hoid are Chris Gironda as the effeminate ward president, Harding, and Mark Cohen as Biiiy Bibbit, the intimidated, stuttering youth. Aiso featured were Dave Lewin, Neai Radding, Dennis McCauley, and Eugene Kane as the monstrous Chief Bromden who regains his seif-pride through McMurphy. Rounding out the cast were Faith Prybyio, Phiiip O'Reiiiy, Rick Rubin, Stephan Rutherford, Laura Lawson, and Sandy Hower. Together, the cast proved that exciting and professionai entertainment exists at LHS.

1. A ioneiy inmate of the state mentai hospitai smokes his cigar. 2. Chief Bromden and a feiiow patient sit motioniess in the depressing ward. 3. Neai Radding deais out a game of poker. 4. Marji Grant as the wretched Nurse Ratched. 5. Phiiip O'Reiiiy heips keep the ward ciean for Ratched. 6. Joei Peiiitier piays the miik-toast doctor, "convincing" aii that McMurphy is crazy. 7. The cast of "One Fiew Over the Cuckoo's Nest." 8. Dave Brinnei, as McMurphy, and Chris Gironda, as Harding, confer over their present situation. 9. The construction crew: (L. TO R.) Meg Giies, Sheiiey Miistein. 2nd ROW: Biii Gustavson, Lea Grippin, Kathy Lioyd-Reese, Art Lucey. 10. The ieaders in charge of production (L. TO R.): Tom Gouid, assistant to the iighting director; Dave Burkhart, sound director; Director Meivin Grant; and Steve Petiock, iighting director.

Homecoming '77
"The World As We See It"

The second annual Homecoming weekend was sponsored by the senior class. The theme was, "The World As We See It," and each class developed a presentation depicting this phrase. A parade was held before the East Longmeadow football game, which lasted an hour. It was led by the cheerleaders and the band, followed by the floats, drill team, majorettes, and other interested participants. Seniors from last year were sent personal invitations to take part in all homecoming actlvities.

A contest of "spirit chain" links was held prior to the weekend. Each class purchased links at the cost of one cent each. The senior class won this event and split the total amount of link money with the freshman class, who had the best float in the parade. The weekend was extremely successful, in that it raised money and gathered spirit and enthusiasm from the school and town.

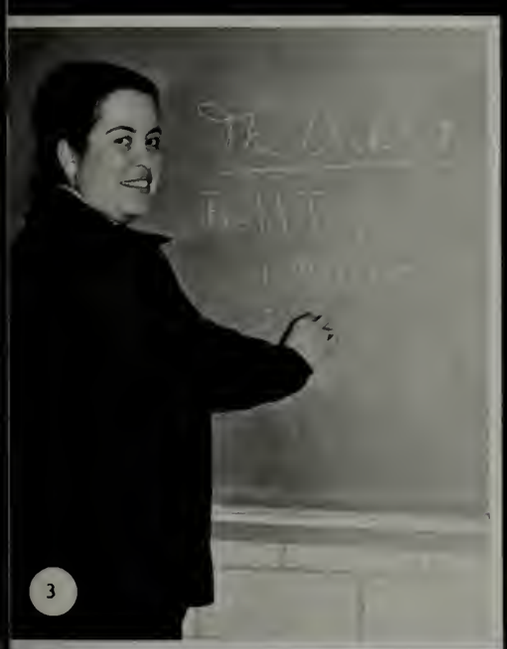
OUTLET

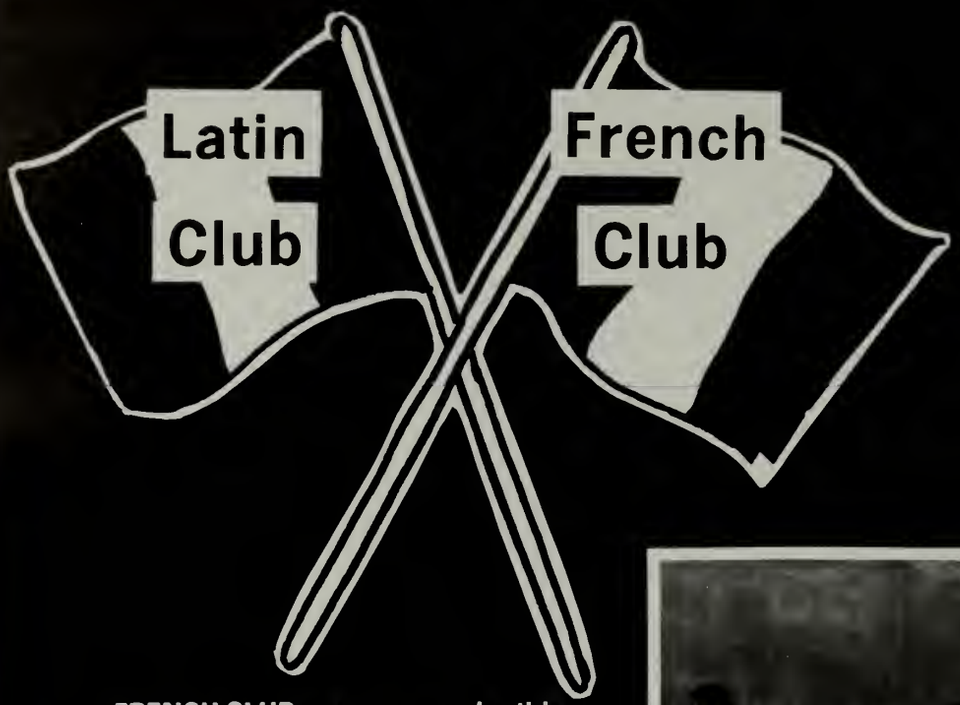
Outlet is the annual literary magazine that is published in the spring by Longmeadow High School students. Any individual is eligible to submit work, which is judged anonymously. The magazine is funded by the school committee, who recognize Outlet as a worthy organization.

Other activities of the club this year included a field trip to a publishing house in February, where members were able to see the printing of a literary magazine prior to the publication of their own issue. Mrs. Satta, the club advisor, was responsible for all of the written work submitted. Mrs. Broderick handled the artistic material. Editor Kim Bolger stated, "Outlet offers students the chance to be more creative, because there is no basic structure that must be followed." It allows people to see their own writing, artwork, or photography published, and to receive objective views on their degree of creativity.

Wild mare,
no one will ever train her.
Wild mare,
no one will ever name her.
Never will she ride with saddle;
never will she take a bridle.
She will fly
over moonlight meadows,
she will run
as quiet as the wind blows.
She will dance
for she is free
and not by chance
will it ever be
that she's a
Wild mare,
no one will ever train her.
Wild mare,
no one will ever name her.

1. Able assistant Kathy Sheehan discusses a short story with staff member Gina Massa. 2. Outlet Editor - Kim Bolger. 3. Outlet Advisor - Mrs. Satta. 4. A few members of the Outlet staff. The staff members are: P. Shear, S. Gellerman, S. Milar, L. Stebbins, K. King, G. Moomjian, M. Paige, L. Melzer, K. Juthe, C. Cummings, L. Aronson, D. McGuinness, J. Greenbaum, S. Cohen, G. Lamoreux, J. Trizinski, C. Coughlan, S. Reed, M. Rich, P. O'neil, G. Massa, J. Ranahan, D. Pardo, B. Currier, B. Stephan, K. Sheehan, S. Leavitt, K. Ball. The artwork pictured above was submitted to Outlet by Joel Pelletier. The poem was submitted anonymously.

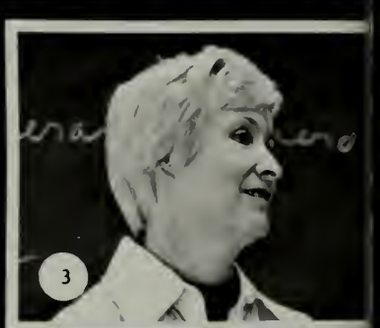




FRENCH CLUB was very popular this year, with a membership of over thirty students. Meetings were held each month in order to plan French dinners, coordinate field trips, and discuss French culture. President Mark Villeneuve stated that the purpose of the club was to "further students' insights into France, its culture, and its people."

LATIN CLUB was a small but active group. Their activities ranged from composing a newspaper to organizing correspondence with other clubs from the surrounding areas. Mr. Kahan and Mr. Dudley were this year's advisors. They stressed all aspects of Latin, including both language and culture.

1. French Club Advisor Monsieur Potvin. 2. The French Club members are B. Caron, M. Lamarre, T. Howard, M. Villeneuve, D. Magan, B. Woods, G. Vedder, M. Lachman, T. Sullivan, T. Hatch, G. Moomjian, B. Kirk, D. Broadbridge, K. Wilochka, L. Greenberg, M. Curtis, S. Riggs, L. Griffin, P. Navazio, L. Brigg, C. Paquette, S. Bader, S. Dalitsky, K. Ames, C. Connell, C. Janovsky, B. Currier, N. Finch, L. Kagan, A. Gotlib, S. Demolder. 3. Latin Club Advisor Mr. Dudley. 4. Latin Club Advisor Mr. Kahan. 5. Latin Club members (L TO R): B. Snyder, H. Cogswell, H. Reiker.



World Affairs Club International Club

The problem of "Aging in America" was the main concern of the World Affairs Club. The group organized a day in March when several speakers came to Longmeadow High. They brought up the importance of rousing more public interest in the problems of the aged, in order to solve existing conflicts. The club also visited the United Nations, and they had the opportunity to meet with specialists in the field of the aged community. The eight members of the World Affairs Club were very satisfied with the results of their work. They felt that their chosen area of concentration was one that always calls for special attention. The club's goal this year was to see that aged people received more help and consideration. Involvment such as theirs is what leads to the realization of this goal.

A new group was orginated at Longmeadow High this year, as Mr. McKenna began an International Club. Membership was open to any student interested in learning about foreign cultures. Speakers made regular appearances, including Joyce Villeneuve on France, and friends of Mr. McKenna on Czechoslovakia. Mr. McKenna hopes participation in the club will increase next year, and that international foods and cooking will be emphasized. Trips to New York City, Montreal, and even abroad are being considered, as well as some type of exchange program for the future.

1. The World Affairs Club members (L TO R): Mr. Santos, Betsy Rosenbloom, Lisa Kenler, Fay Trachtenberg, Mr. Bowler. (Missing: Betsy Currier, Kit Gracey, Andy Karpf, Steven Zeller, Nancy Finch). 2. World Affairs Club Advisors Mr. Santos and Mr. Bowler. 3. International Club members (L TO R): Joyce Villeneuve, Linda Fountain, Alice Sullivan, Mike Tate, Mr. McKenna (advisor), Kathy Tate, Gretchen Vedder, Sharon Carroll.

The American Field Service is an organization which concentrates on the development of friendships within the country and internationally. Each year, two students come to Longmeadow High School from different nations. One of A.F.S.'s responsibilities is to welcome these students and to lend assistance.

This year's A.F.S. students were Sabine Demolder from Belgium, and Wanpen "Joom" Jantim from Thailand. The girls gained a great deal from their experiences here and are thankful for the many services that A.F.S. provided.

Activities of the club included two weekends when foreign students in the area were invited to Longmeadow, selling cards, the A.F.S. fair, and the international dinner. Mr. Potvin has been the advisor of the club for several years. He is interested in breaking down the barriers people think exist between countries, and he emphasizes the points that all nations have in common. The club works for communication on a personal and humane level. The A.F.S. motto, "shake the world, start with my hand" definitely applies to this club.

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1. Sabine Demolder of Belgium, AFS President Betsy Stephan, and Wanpen "Joom" Jantim of Thailand. 2. Joom performs a Thai dance at the AFS International Dinner. 3. AFS Club: **ROW 1:** K. Gracey, D. Sherman, M. Lachman, L. Aronson, Secretary K. Wilochka, Treasurer G. Solval, Vice President M. K. Nicholson, President Betsy Stephan. **ROW 2:** H. Goldsmith, S. Krasner, B. Woods, L. Griffin, S. Bader, M. Lamarre, C. Connell, A. Gotlib, B. Doherty, J. Staples, L. Wilson, M. Sacenti, T. Stueckel, E. Stewart. **ROW 3:** H. Ludwig, K. Ilgovsky, S. Hopfe, I. Shuttleworth, V. Sutton, J. Woods, J. Meyers, A. Costagna, C. Bisikirski, K. Paige. 4. Club Advisor Robert Potvin. 5. Senior Barry Katz entertaining at the International Dinner at LHS on Feb. 10. 6. Sabine joue au "recorder" avec beaucoup de finesse pour la foule enchantée. 7. Master of Ceremonies Neal Radding introducing the next act.

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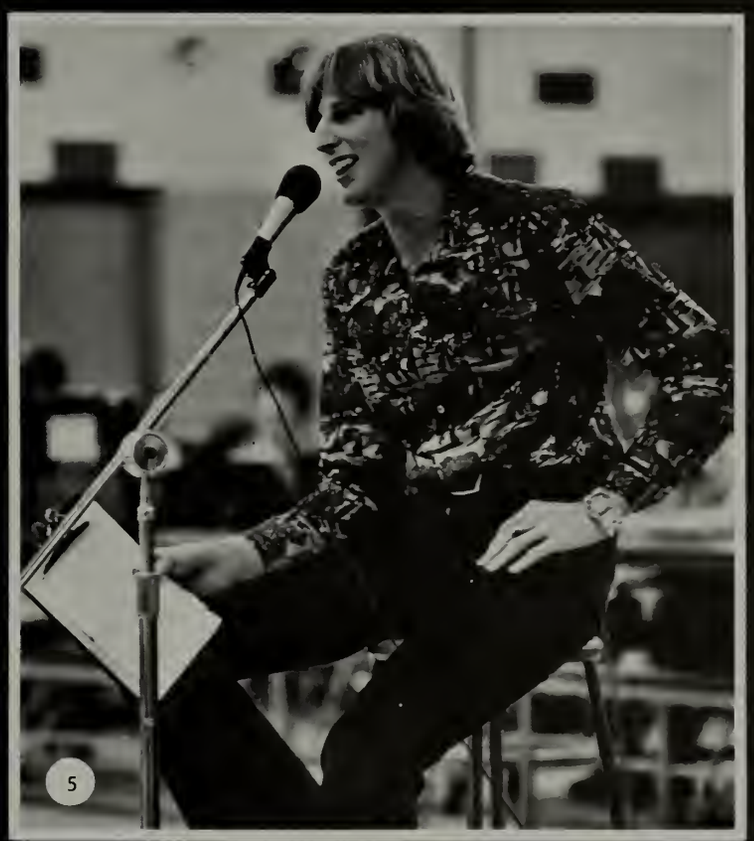
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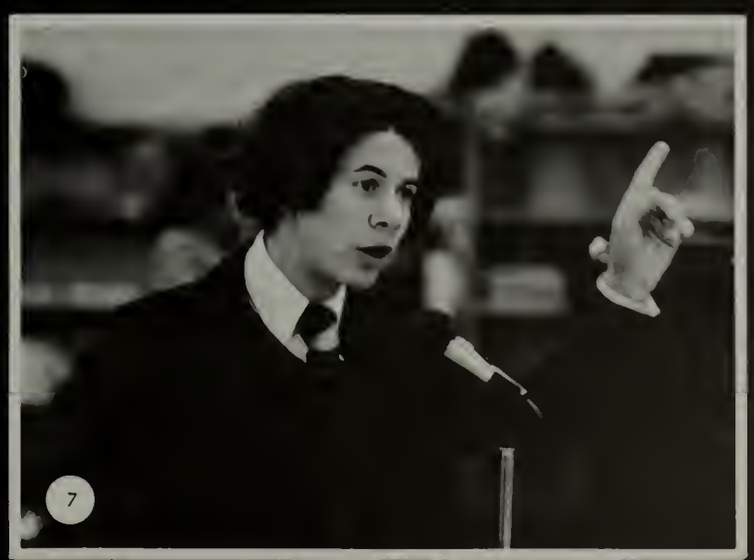
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MASACKSIC

FAMILY PORTRAIT

Homeroom 143, the notorious meeting place of the Masacksic club, is where all of this came together. It is the room where scrawled blackboard messages, frantic screaming during homeroom period, and Thursday afternoon editors meetings culminated in this yearbook. The book is the product of hard-searched ideas, brainstorms, combined talents, dealings with hundreds of people, and hours of work in and out of school.

The environment within the yearbook room tends to go through phases. Just after a deadline has been met, one feels the sensation of working on a great literary and artistic classic-to-be. As another deadline draws near, however, the word to describe our environment is "MADHOUSE"!

Editor-in-Chief: Sheryl Odentz
Associate Editors: Diana Simon, Jack Goldberg

Masacksic Editors

Activities: Linda Wiatrowski, Allison Sturgis
Ads: Sandy Becker, Mark Stover
Boys' Sports: Andrea Foggie, Mary Ryan, David Lendry
Copy: Debbie Solomon
Faculty: Margie Weiss, Susan Connell
Finance: David Auerswald
Girls' Sports: Claire Chase
Patrons: Caroline McKeon
Sales: Mary Jo Grippo, Lori Draymore
Seniors: Julie Whitney, Lynn Wiatrowski
Underclassmen: Ellen Philbin, Kit Gracey

Masacksic Staff

Kathleen Carey, Janet Chambers, Nancy Frankel, Carolyn Greenspan, Ken Gruskin, Susan Kenney, Janine Micucci, Tina Milias, Cindy O'Connell, Barbara Pezza, Paula Schnitzer, Chris Sheffield, Roberta Sherman, Kathi Venti, Steven Warshaw, Sue Winer.

Yearbook Advisor: Mei Grant

The JET JOTTER

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In its twenty-second year of publication, the **Jet Jotter** looks better than ever. The overall quality of the writing, illustrations, and layouts have noticeably improved over previous years. This is a result of the close-knit feeling among the staff. Many close friendships were formed between the members that made working toward each deadline enjoyable, instead of a chore.

The driving force behind the **Jet Jotter** is undisputably the managing editor, Laura Kenney. She takes the responsibility of overseeing every aspect of each issue, guided by the advisors, Mr. Gelinas and Mr. Delano.

Like most nonprofit organizations, the **Jet Jotter** was plagued by financial troubles. Nonetheless, they managed to publish a newspaper worthy of praise and recognition. The group entered into competition for an All-American rating this year, as a climax to their accomplishments.

1. Managing Editor Laura Kenney 2. The Jet Jotter staff 3. The six editors 4. Advisor Mr. Gelinas 5. Advisor Mr. Delano

The JET JOTTER

Member of the national scholastic press association

LONGMEADOW HIGH SCHOOL

Volume XXII, No. 4
December 17, 1976

Managing Editor ..... Laura Kenney '77
Editors-in-Chief ..... David Bolger '77
Candy Carlon '77
News Editors ..... Mike Morris '77
Helaine Trachtenberg '77
Features Editors ..... Michele Feinstein '77
Marji Grant '77
Sports Editors ..... Amy Glynn '77
Ken Lavin '77
Sports Photo Editor ..... Jeff Sisitsky '77
Photo Art Editor ..... Ken Gruskin '77
Copy Editor ..... Michael Swirsky '77
Business Manager ..... Betsy Currier '78
Circulation Manager ..... Bryan Taylor '79

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Advisors:
Michael Gelinas, Robert Delano

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LONGMEADOW

Yearbook presents
JUMP
D.J DANCE

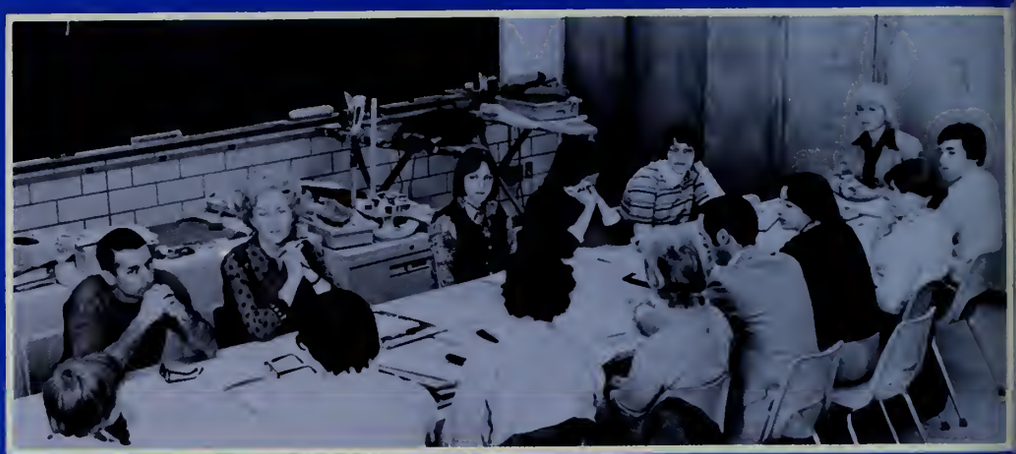
SERVICE

While the Longmeadow High School students and faculty roll through each school day, there is a group of people behind them who are working to make everything run smoothly. These individuals make up the service environment, and the effects of their work are felt by everybody in the building.

The service environment is centered in the main office, where the administrators and secretaries perform the leading school functions.The guidance department, filled with many dedicated workers, is the priceless friend of every befuddled adolescent and college applicant. The librarians, cooks, nurse, and maintenance staff are also parts of the unique environment of service.

Among the student body are a great number of individuals involved in serving their class, the school, and also the outside community. Key Club and Keyettes are the largest, most widely acknowledged service clubs at LHS. The four class councils work equally hard, led by elected officers. Many student priveleges and comforts that are taken for granted are actually the result of hours of committee work.

In a school as large as LHS, there is bound to be a wide variety of interests among the students. Therefore, the great number of individuals involved in service, and the high quality of their work, is a positive reflection on the entire school.



Mr.Teixeira spent the first half of this year as a full-time student at the University of Massachusetts. He was enrolled in a program entitled, "Future Studies: Education for a Changing World," and he worked toward a Certificate of Advanced Graduate Study. Mr. Teixeira carried a heavy student load, earning fifteen credits in areas from school reform to evaluations of the curriculum. He enjoyed the role of a student as well as the campus life, and his regard for U-Mass has increased greatly. On returning to Longmeadow High School, Mr. Teixeira found it easier to empathize with the students, since he had been reacquainted with such frustrations as not getting course choices, and seeing lots of red tape. The work was demanding but very rewarding, and he hopes to continue with the program during the summer.

The program is aimed at results in several areas. There is a need to develop programs for curriculum evaluations, where it would be possible to look at teaching methods, and to make necessary changes once the goals are set. Instructional techniques should be expanded to create wider variety in classes. The program emphasizes the requirements of the outside world.

Mr. Teixeira was involved in a great deal of study and research which helped him relate to the program itself. He feels that his work was extremely beneficial to him as an administrator of the high school, and as an individual of the world community.

1. Dr. Ferris 2. Mr. Teixeira 3. Mr. Craver 4. Dr. Frost 5. Mrs. Rosenberg

The guidance environment is a steady one because the needs of the students are basically the same from year to year. While the number of students who plan on going to college has not changed, there is a definite increase in the number of career oriented individuals. Courses such as Family Life and Consumer Education have given students direction in their possible fields of endeavor. Many seniors also consider the advantages of early admissions to college. The Co-op program has successfully continued, providing an opportunity for certain individuals to complete their requirements for graduation while obtaining beneficial work experience.

Guidance is a hard-working department that concentrates solely on the needs of the students. The counselors are often overloaded with schedule changes and college applications, but organization keeps them prepared to meet any challenge. Dedication and patience are the two keys that the guidance counselors follow in giving personal attention to individuals, which is their main goal and purpose in the school.

1. D. Kane 2. J. Costanzo 3. J. Clino 4. H. Patten, 5. K. Thwing 6. G. Jensen.

One of the most complicated jobs in school is that of the secretaries. They must be able to type, file, take shorthand, and operate a xerox machine. More than just business skills are required, however. The secretaries must project the school's image to all outsiders, and deal with the many situations that arise. They are the source of communication between the school and the rest of the community. Paperwork, including student and teacher handbooks, memos to parents, and the daily bulletin, is another responsibility. They must also take phone calls, sort mail, use the P.A., arrange for substitute teachers, and handle thousands of dollars from various clubs.

Many students and teachers tend to overlook the contribution of our thirteen office secretaries. Their work, however, is vital to the school and requires a wide range of skills. Their services are deserving of praise and recognition from the school.

1. R. Denver 2. I. Beachman 3. M. Webster 4. D. Bonsall 5. M. Berry 6. P. Goodman 7. E. Nakos 8. S. Morner 9. C. Grasso 10. J. Lawrence 11. J. Dwyer 12. M. Derby 13 D. Perreault 14. H. Panto

Cafeteria Workers: **TOP LEFT:** R. Dzwilewski, S. Langlois, J. Glinski, L. Psaltis, M. Price, D. Hopkins, R. Craven, B. Baldwin. **BOTTOM LEFT:** C. Settembre, A. Calabrese, L. Moriarty, B. Columbus, Y. Mango, B. Collaro, S. Raimondi.

Custodians: **LEFT:** W. Kochanowski, A. Bensen, S. Burzdak, M. Starzyk, T. Martzoukos, R. Izzo, J. Sowers, G. Campobello, G. Fletcher, C. Lucey.

Maintenance: **LEFT:** K. Lessard, P. Collina, C. Richards, D. Remillard, F. Bertelli, J. Hurlin.

1. M. Baird 2. D. Reed, 3. J. Low

Library Aids

In order to keep things running smoothly, the library aids, with the help of Miss Baird, performed extra functions in the library. Their main jobs included stamping books during each block and stacking the shelves when necessary. The library aids this year were Kathy Burgess, Janet Kennedy, Sue McCarthy, Linda Fountain, Ted Stevens, Lynn Aronson, Claire Coughlan, Joyce Villeneuve, Lisa Lefebvre, Jackie Keery, Nafie Saba, David Sacerdote, Fred Petrucci, Sara Winniman and Debbie Lefebvre.

Guidance Aids

The guidance department, one of the most vital areas in the school for students, was also one of busiest. Without the help of Dawn Connors, Annalyza Cruz, Virginia Paquette, Ellen Silverman, Debbie Little, Lynn O'Connell, Doris Robinson, Nafie Saba, Tracy Smith, Peter Levine, Margie Epstein, Clare Coughlan, Kathy Schiaffino, Pam Vatrano, Todd Davis, Steve Havens and Dana Hargan, the counselors would have been swamped with schedule changes, college applications, and newsletters. The aids worked hard to maintain an organized and steady system. Their contribution was a greatly appreciated asset to the school.

Office Aids

Each school morning during homeroom, notices were read by one of the office aids. They announced important or sudden bulletins,

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meeting arrangements, and upcoming events. Each aid spent a great deal of time in the office, running errands for the secretaries and answering questions for students and faculty.

Supply Aids

Mr. Fil's responsibilities in the supply room were made easier by Joe Maruca, Jon Fein, David Mackler, and David Auerswald, the supply aids. They helped distribute necessary equipment to the classrooms and made sure that the shelves were always stocked with the materials.

A.V. Aids

The A.V. aids this year were John Loughman, Mark Rosol, Joel Pelletier, Dan Aronson and Matt Barez. These boys with good mechanical minds kept all electronic equipment in excellent working condition. They were in charge of all aspects of A.V. supplies, including distribution.

T.V. Aids

Thanks to the work of the T.V. aids, Longmeadow High School was again able to take advantage of L.H.S. T.V. 2. Neil Orenstein, Dave Burkhart, Jim Hoyt, Steve Petlock, Alex Savich, Thomas Gould, Richard Hough, and David Fein prepared several film presentations for the football team, and for other groups and classes. In their own T.V. studio, the boys learned to handle the equipment essential to operation.

1. T.V. Aids 2. supply aid Joe Maruca 3. Supply aids with Mr. Fil 4. A.V. aids.

Dr. William Ferris, whom many of us have known as an English teacher, spent the first half of this year as vice principal during Mr. Teixeira's sabbatical leave. He found the shift in environment from classroom to office striking and challenging. As an administrator, Dr. Ferris met scores of students from every part of the school, although he did not see as much of them as a teacher sees of his class. He worked closely with the front office secretaries and administrators and saw less of his friends among the faculty.

Taking his new position on August 2, 1976, Dr. Ferris faced the task of adjusting the office to suit himself. The placement of his desk and the chairs in the room could alter the atmosphere of the office. During a meeting, the position of the door in particular could dictate the environment. Dr. Ferris preferred an open door to make himself accessible, but a closed door in certain cases could create a serious, confidential atmosphere.

A good administrator must have talent for negotiation. Dr. Ferris held four or five meetings a day and gave several talks to parent and community groups. He adjusted well to his new position, as he was able to remain relaxed and deal objectively with the problems of students and teachers. One drawback, however, was a great loss of his free time. There were no more after-school basketball games, and Dr. Ferris had little time for reading outside of his field.

After ten years of teaching at Longmeadow High School, Dr. Ferris is well acquainted with his subject and has a polished teaching technique. However, the new position came at a time when he was restless for some change. As vice principal, he missed reading original stories by students, but not correcting fifty essays on **Macbeth.** In the future, he may pursue the administrative route on the secondary level, or possibly leave to teach English or communication courses on a college level.

The two positions that Dr. Ferris has held at LHS have different potentialities. A teacher can directly help a student both academically and emotionally; an administrator can also help emotionally, but he can only make it easier for others to help him academically. The advantage of being vice principal, however, was that it gave him the power to make exceptions. An average student might be more affected by his teachers, but the exceptional one needs the attention of someone who can twist the rules.

As vice principal, Dr. Ferris enjoyed being able to "make things happen." Teachers very often have ideas for change, but they must wait for others to put them into effect. Dr. Ferris had the opportunity to personally see his ideas through to reality. He made a mark in the way students spend six to eight hours of their day, rather than just one. For his contributions to our high school careers as both a teacher and an administrator, we, of Longmeadow High School, wish Dr. Ferris the very best of luck in all his future endeavors.

senior class council

President: Steven Zeller

Vice President: Chris Gironda

Secretary: Linda Wiatrowski

Treasurer: Amy Lyon

Senior class council began as an unusually large group, attracting close to one hundred students who were eager to present their ideas, launch new projects, and work on the "Responsibility Program" for open door priveleges. President Steven Zeller ran strict meetings according to parliamentary procedure. The main goal of the year was to raise three thousand dollars. Communication was emphasized and achieved by a special public relations group.

A series of newsletters were sent home to each senior, telling of important developments and upcoming events. These new ideas were very helpful in unifying the class before graduation.

Class Advisors:

Mr. Pike

Mrs. Blakeborough

Class Council

Freshman Class Council concerned itself with two main goals this year: making money and uniting the class. Led by President Scott Zucker, they fulfilled their first objective through dances and other fundraisers. They also had spirit projects, such as the homecoming, which helped bring the class together.

"Sophomore Class Council," according to President Merry Chase, "intended to have activities to raise money and bring our class together." They planned a tennis tournament, a Halloween Movie Night, a crafts fair, and a "Support Your Colors" dance. A voluntary council system was put into effect in an effort to attract a wider variety of people, and to receive new ideas and opinions from the class. "We have a lot going for us," was a summation of the sophomore class by an enthusiastic member. "We are on our way to reaching the goals we have set for our senior year."

Junior Class Council was an enthusiastic group that enjoyed working together for the class and school. This year's emphasis was on settling the controversial open door question. Supplementary to this were projects to increase the treasury such as dances, an auction, a raffle, and a volleyball tournament. The class expanded its services to include work involving local hospitals, making their presence felt not only within the school but in the community.

President Bunny Zacarian said, "During this year, our class really showed dedication. The number of people who actively participated in class council was very impressive."

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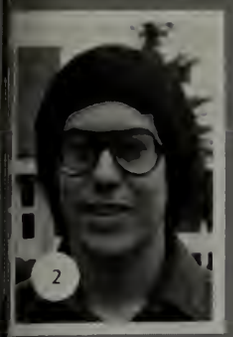

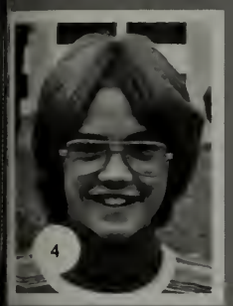

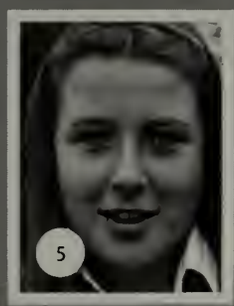

1. Freshman Class Council: **ROW 1:** J. Leavitt, S. Bonasoni, L. Poppo, S. Gellerman. **ROW 2:** B. Doherty, E. Cain, L. Stebbins, B. Woods. **ROW 3:** H. Murphy, B. Rubin, A. Grant, B. Jones. **ROW 4:** S. Anzalotti, J. Mech, B. Sherman. 2. Freshman President Scott Zucker, 3. Vice President Dean Appleman, 4. Secretary Peggy Creed, 5. Treasurer Carolyn Connell, 6. Advisors Mr. Vangsness, 7. Mrs. Minichiello, 8. Sophomore President Merry Chase, 9. Vice President Linda Doherty, 10. Secretary Jan Gracey, 11. Treasurer Larry Eagan, 12. Advisor Mrs. Browne, 13. Advisor Mr. Morin.

14. Sophomore Class Council **ROW 1:** J. Gracey, L. Doherty, L. Eagan, M. Chase. **ROW 2:** L. Fountain, G. Figgie, T. Fodiman. **ROW 3:** M.J. Grippo, D. Goldberg, S. Ebeling, M. Stover, D. Glaser, L. Hickling, H. Rowe. **ROW 4:** C. McKeon, D. Schnitzer, S. Warshaw, A. Ferazzi, R. Daskalakis. **ROW 5:** S. Kenny, C. Coughlan, M. Pryblo, S. Winer, D. Evans, J. Roma, L. Schwartz, D. Cowles, B. Hirsh. **ROW 6:** S. Riggs, C. Reed, S. Kajdan, K. Sine, T. Pratt. **ROW 7:** S. Carroll, S. Waldo, C. Fortier, M. McManus, H. Cogswell, C. Atamian, P. Clark, C. O'Connor. **ROW 8:** K. Rossiter, J.M. Roy, H. Bach, R. Brand. **ROW 9:** J. Chase, H. Ludwig, K. Daly, S. Woods, B. Drake, R. Leary, M. Sullivan, R. Zundell. **ROW 10:** K. Muller, D. Poppo, K. Venti, K. Carey. **ROW 11:** M. Gold, W. White, J. Wass, P. Mentor, H. Davidson, T. Weisand, S. Margolis, D. Black, J. Stollstorf, B. Skolnick.

15. Junior Class Council: **ROW 1:** A. Weinberg, **ROW 2:** P. Schnitzer, P. Mackler, L. Brooks, D. Van Landuyt, S. Walker, B. Lyons, B. Zacarian. **ROW 3:** C. Markell, D. Klein, S. Finch, L. Davidson, J. Tougas, C. Rooke, M. Murphy, N. Dawson, J. Swan. **ROW 4:** L. Teree, L. Kenler, J. Slater, L. Soloman, S. Burnett, S. Brennan, J. Black, L. Leavitt. **ROW 5:** A. Sturgis, S. Fein, H. Wernick, L. Draymore, P. Grayboff, C.A. Campbell, L. Shearer, N. Beauchomp. **ROW 6:** P. Gutermann, J. Tomko, R. Leavitt, K. Vincunas, B. Meade, K. Ferrero, T. Biggins. 16. Junior President Bunny Zacarian, 17. Vice President Bill Lyons, 18. Secretary Sandy Walker, 19. Treasurer Leslie Brooks, 20. Treasurer Dean Van Landuyt, 21. Advisors Mrs. Laub, Mr. Greenwood.

Key-ettes

The environment of the 1976-1977 Keyette Organization was one of warmth, friendship, and spirit. There was smooth communication between advisor Mrs. Rahkonen and the board, so that every member felt closely in touch with the entire club. The girls' enthusiasm led to a maximum output of working hours and finished projects.

Lynn Vincunas, President of the Keyettes, had a fine sense of leadership, and she guided the club in their effort to help other people. Lynn conducted serious meetings to take care of old and new business, but she always left time for cheers and a bit of fun and excitement. This relaxed attitude proved beneficial to the group. Vice President Mary Jo Quigley, Secretary Helaine Trachtenberg, and Treasurer Janet Park were the other industrious officers whose efforts were felt in every facet of the organization.

The Cancer Fund was the first priority project, to which profits from many Keyette activities were directed. Projects included "Dial An Apple," "Rent-A-Keyette," along with several dances. The Keyettes also hoped to start a Hall of Fame for the school in which outstanding records could be permanently placed, and a Springfield branch of the Kiwanis group for women, a national sponsor of the club.

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Helaine Trachtenberg stated that the goals of the club were "to become better acquainted with our community, help others in any possible way, and to unite the school."

1. MUNCH OUT!-The Keyettes had many successful bake sales for quick money raisers. 2. The Keyette motto indicates the purpose of the club. 3. Keyette advisor Mrs. Rahkonen. 4. Sara Woods at a Keyette meeting. 5. Linda Wiatrowski reads Ted his fan mail at Shriner's Hospital. 6. Keyette Board Members: **(L TO R) ROW 1:** Janet Park (Treasurer), Lynn Vincunas (President), Helaine Trachtenberg (Secretary), Mary Jo Quigley (V. President). **ROW 2:** Lauren Waldo, Sheila Deters, Beth Mallary, Karen Wass, Lori Gold, Barbara Pezza, Leslie Maglathlin, Tina Millas, Sue Connell, Sheila Brennan, Alisa Bonasoni. (Missing: Patty Clark, Lori Evans, Lisa Kenler, Karen Thompson, Stacie Barez, Cindi Buffum, Diane Cartwright, Donna Ferrara). 7. Keyette member Janice Sadow counts the money raised at one of the very successful dances the Keyettes had during the year. 8. Keyette President Lynn Vincunas **(BOTTOM, LEFT)** at a Keyette dance.

Key Club

"Challenge Indifference," the theme of Key Club this year, was a phrase each member believed in through every project and function. The environment was made up of hard-working people and long hours, yet there was an easy-going atmosphere, and spirits were always high. Success came from working among friends and caring for others.

The club began projects during the summer, and by the opening of school they were way ahead of last year's record. Each member had a minimum obligation of fifteen working hours, for a total of five projects per month. Included in the list of activities were football programs, the Blood Bank, a hayride, projects for Shriner's Hospital, a car wash, and health seminars for the school.

Advisor Roger LeBlanc was the backbone of the organization. He gained the respect of the club officers (President Ronald Gordenstein, First Vice-President Jeff Burnett, Second Vice-President Mike Sullivan, Treasurer Peter Sweitzer, and Secretary Craig Cloud) and members, as well as that of the school and administration. He offered the Key Club a balance of guidance and independence.

"Rosy's" morning notices, homeroom practices, court sessions, violation committees, and the spirit chants made for some of the lighter, funnier moments within the club. But the boys

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also put in a lot of serious, dedicated work which contributed to the club's unity and led them toward their goal of becoming number one in the nation.

President Ron Gordenstein stated, "Throughout the year, Key Club brought development of responsibility and leadership, an understanding of people, and a heightened sense of determination."

1. Typical organization at a Key Club meeting. 2. Two of the greatest assets to the club, Secretary Craig Cloud **(RIGHT)** and Treasurer Peter Sweitzer **(LEFT),** add to the joviality of Key Club meetings. 3. At Shriner's hospital, Kirk welcomes the warmth and attention of his Key Club friends. 4. Key Club board members: **(L TO R):** Peter Sweitzer (treasurer), Jeff Figgie, John Fuller, Steve Wood, Gary Goodman, Jay Caron, Mike Sullivan (2nd Vice-President), Buddy McNally, Ron Gordenstein (President), Jeff Burnett (1st Vice-President), Eric Harris, Peter Gutermann, Art Lucey, Steve Rosenkrantz, Matt Morris, Kurt Hooper. (Missing: Craig Cloud, secretary). 5. Key Club Advisor Roger LeBlanc chuckles at the antics of Marty Fleming. 6. Dave Caron shows his concern for others by helping out at Shriner's hospital. 7. Bruce Winer models the latest in Key Club attire. 8. Burny takes over the meeting as Gordy takes a bubble break.

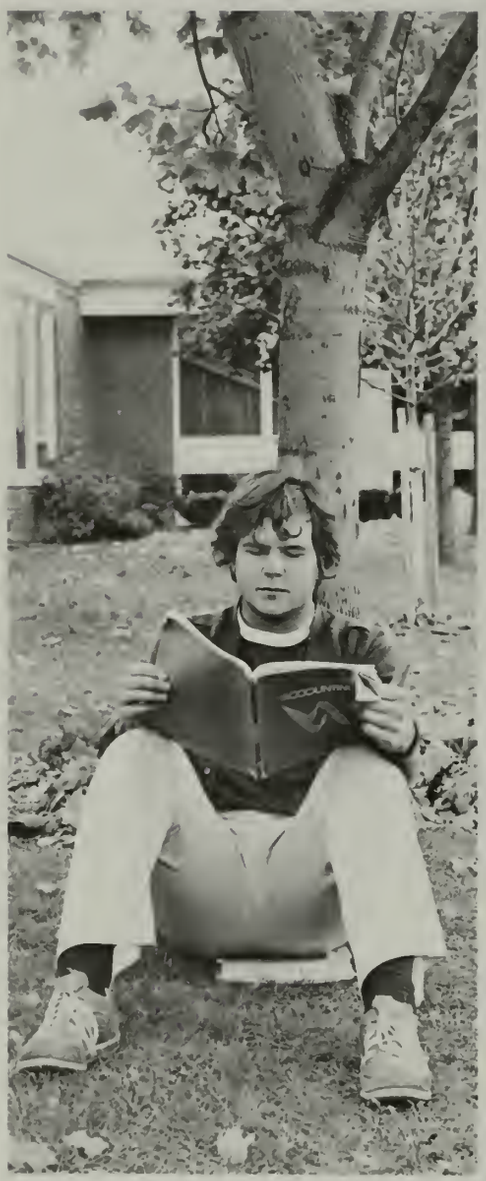
SELF

The education gained at school may take a person where he wants to go, but as he thinks back on his school days, his friends and free time will form many of the fondest memories. Longmeadow High School is made up of fifteen hundred individuals, all of whom have lives of their own outside the classroom. When school-run academics, athletics, arts, and service can be left behind, each student enters the environment of the self where he follows his personal interests.

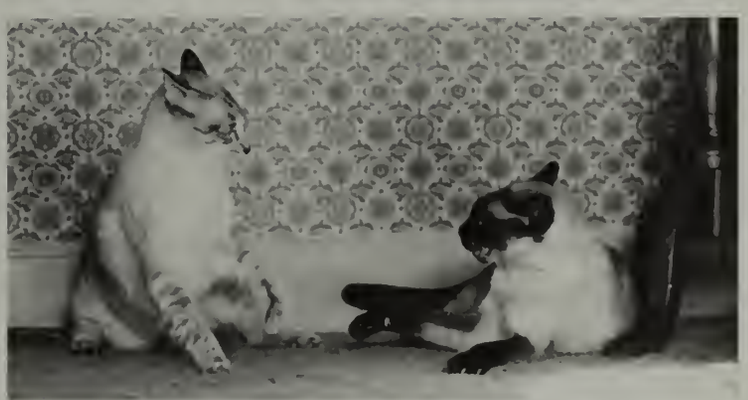
During the school day, there is time for the self on the grounds of Longmeadow High School. No demands are made on a student during lunch, and no one will stop a girl or a boy from stepping out to the courtyard during free time to get away from it all. Students are not robots, and while some have more capacity than others for a scholarly environment, none can go through an entire day with no release of personality.

Homelife is another part of the self environment. If a student is not doing homework, then he is apart from school both physically and psychologically. From there, he may have his own musical, athletic, or community activities; or he may prefer to relax with friends and go out as often as possible. The environment is either unstructured or self-structured, compared to the imposed structure of classrooms and school activities.

Some people need guidance and regulation to bring them up to full potential; others need freedom to explore their own talents. The self environment is not only needed for relaxation. It can also be conducive to creative and dedicated work.



Within the high school grounds, there are certain spots where the self environment takes over during the school day. The cafeteria at lunchtime is an example of an unstructured environment. For half an hour every day, students have the freedom to leave schoolwork behind and just chat and munch with their friends. When they can be reached, the courtyard, girls' and boys' rooms, and student parking lot provide similar releases to the world of choice.



Home at last! Mom and Baby Brother may not be the centers of social life, but the home environment is the most influencial in the shaping of our attitudes and personalities. Coming home after school can be a great relief after a busy day. Even with homework ahead for the evening, there is something relaxing about the familiar surroundings of home and family. All pretenses and disguises can be dropped, and the true self takes over. A typical afternoon or evening with the family is sure to include a family meal, some household chores, and leisure time for the telephone, the television, a good magazine, or just hanging around with the folks.

HOBBIES

Even the many opportunities available at the high school are not enough to fill the lives of most students. Some people's hobbies are a continuation of what they do in school: artwork, sports, drama, music, or applied arts. In many cases, an individual's interests widely vary from anything offered at the school. There are students involved in figure skating, karate, squash, CB radios, hiking, and the keeping of exotic pets. In their spare time, LHS students surround themselves with the environments of their choice, and in some cases these may be the fields that will develope into lifelong careers.

Work, Work, Work!

For some students, the end of a school day means sports, clubs, homework, or pure freedom. For a large group of people, however, it means that it is time for work. The waiters and waitresses move from the school environment to the bustle of a restaurant. Anyone stopping into Friendly's or Abdow's is sure to spot a few of their fellow LHS students, busily earning some extra cash. Other students are salespeople, do volunteer work at hospitals or nursing homes, work with children, or are already specializing in their chosen field.

SATURDAY NIGHT

Where were you on Saturday night? Spending a casual evening at a friend's house? Out with your favorite girl or guy? Dropping in on one of the school dances? Stuck at home with a term paper? Or did you join in on one of the most popular and frequent events for Longmeadow High School students: the party!

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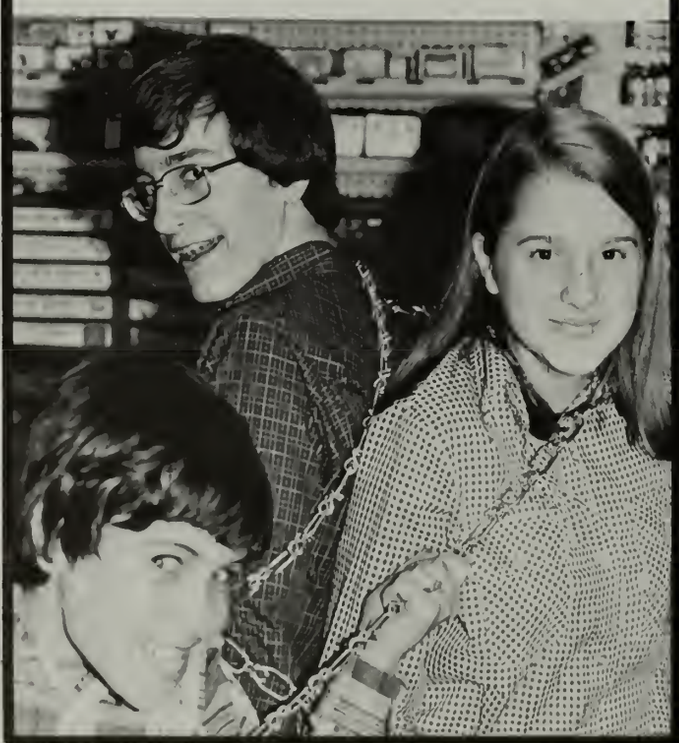

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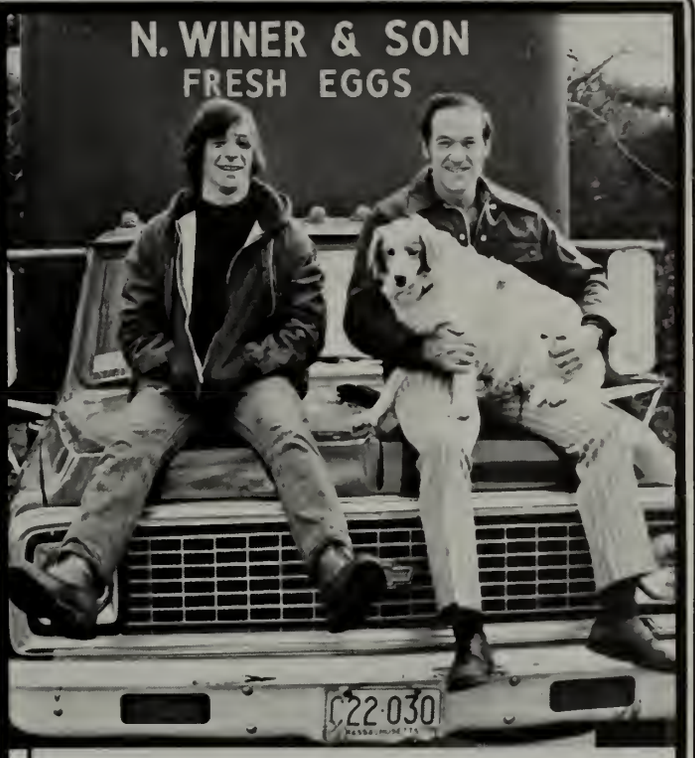

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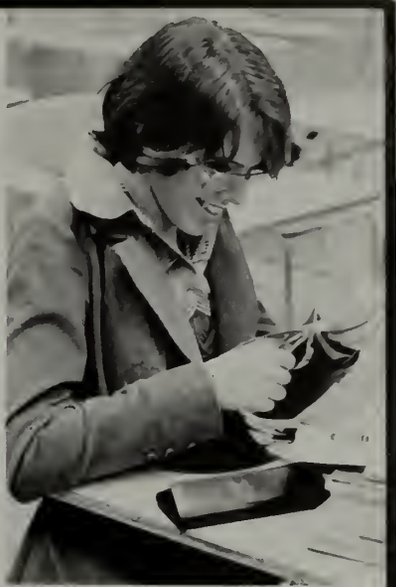

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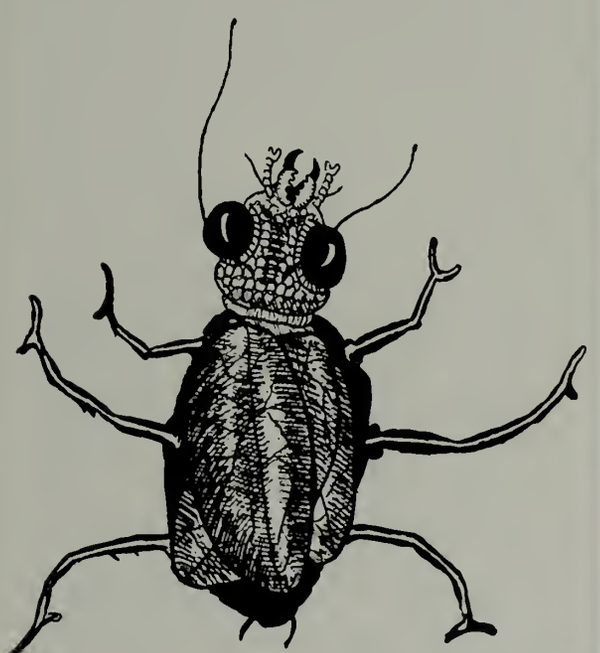

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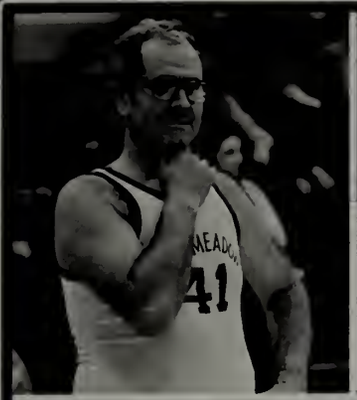

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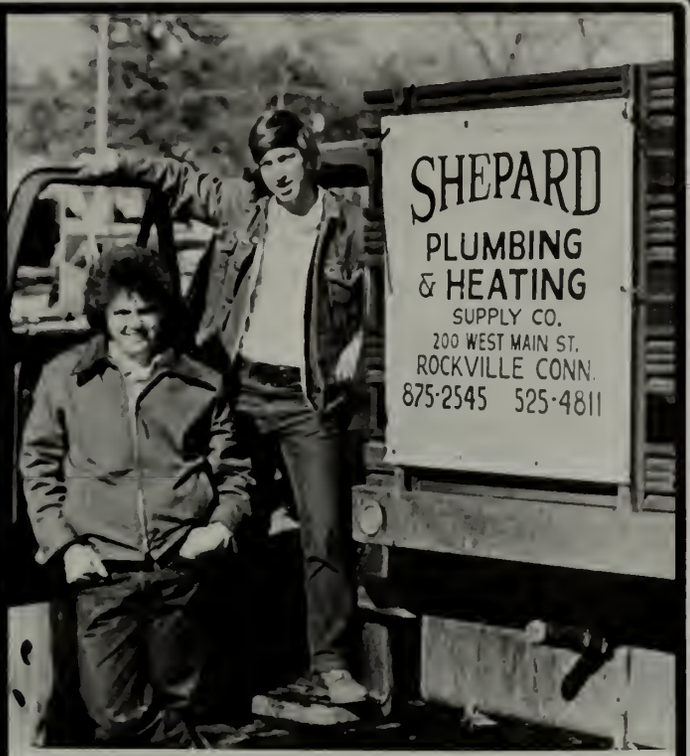

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"We always sell for less!"

MAX OKUN FURNITURE CO.

1095 MAIN STREET — SPFLD.

"Dutch Boy Makes The Difference!"

ROY'S DECOR

416 North Main — E. Long.

Congratulations
to the Seniors!

From the
Freshmen

"THE FROSH"

"Got a headache? Come to ..."
RALPH'S PHARM-A-CITY
293 Bridge St.-Spfld.

"Quality American Traditional Furniture"
THE IRON HORSE
Depot Square- Westfield

"Look what's in our boxes!"
INDEPENDENT BOXMAKERS
OF NEW ENGLAND Brookfield, Mass.

"Arkay leads the way!"
THE ARKAY SHOP
Bay State West-Spfld.

"The Store that has almost everything in Hobbies, Arts, and Crafts . . ."!

THE FAMILY HOBBY SHOP

48 SHAKER RD. — E. Long.

"Investments Since 1850 — For all Major and Principle Exchanges".

MOSELEY, HALLGARTEN, & ESTABROOK INC.

58 STATE ST. — SPFLD.

"Our Merchandise is the 'Keystone' to your bathroom or kitchen"!

KEYSTONE PLUMBING

555 Cottage St. — SPFLD.

"We Put Your Feet in Reliable Hands".

ARNOLD'S FOOT HEALTH SHOES

827 BRIDGE ST. — SPFLD.

"Where you, the Customer, are King!"

PANEL LAND INC.

15 Mill Street — SPFLD.

Across from ORR CADILLAC

"Come Fly with US!"

WEIDNER TRAVEL BUREAU INC.

69 MARKET ST. — SPFLD.

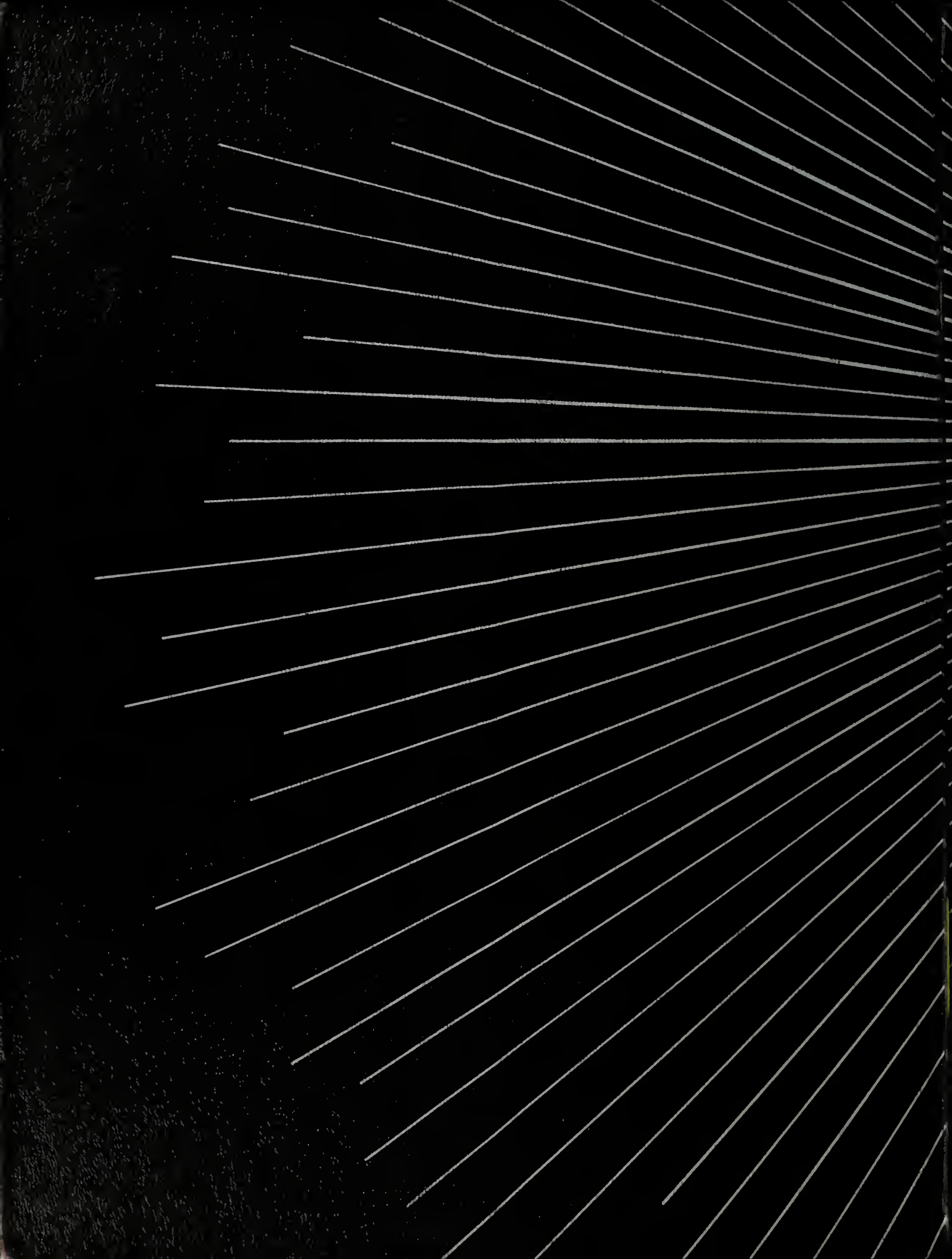
"Welcome to our World of Travel"

BRACCI TRAVEL WORLD

1537 Main Street — SPFLD.

BRACCI
TRAVEL WORLD

The most significant purpose of Masacksic is to reflect the school year in enough different ways so as to capture the experiences of every student. It is the job of the yearbook editors to represent the entire school body-with no exceptions. Where any club or activity is not represented in this book, it is either because they did not wish to be, or because they would not take the time to be photographed.

Our yearbook is the product of widespread effort and varying talents, all working toward a single goal. The Masacksic editors and the entire staff sacrificed school hours and weekends toward this project. We hope our efforts have added to the memories you will carry with you of Longmeadow High School.

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